



Baltimore Bicycling Club Newsletter

Volume 42 Number 4

July | August 2009

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**Baltimore Bicycling
Club, Inc.**
P.O. Box 5894
Baltimore, MD 21282-5894

To make sure you continue to get your Newsletter and membership renewal notices, please let us know if any of your membership information changes. You can do this by sending an e-mail to update@baltobikeclub.org, or go on the Web site to the Member Update page (<http://www.baltobikeclub.org/index.pl/update>), complete the form, and submit it.

Upcoming Events!

BBC Picnic,
July 12

Corn Roast Rides,
August 1

Civil War Century,
September 12

2009 Officers & Members-at-Large of the Board

The BBC is governed by an Executive Board (consisting of a President, Vice President, Treasurer, Secretary, four members-at-large, and the Past President) which meets monthly to discuss club business. If you would like more information, please call the current BBC President. For a synopsis of the minutes, call the Secretary.

Officers

Mary Ryan, President
410-828-1015
president@baltobikeclub.org

Georgia Glashauser, Vice President
410-857-3262
vicepresident@baltobikeclub.org

Ed Cahill, Secretary
410-465-1492
secretary@baltobikeclub.org

Ken Philhower, Treasurer
410-437-0309
treasurer@baltobikeclub.org

Bob Carson, Past President
410-828-8604
pastpresident@baltobikeclub.org

Members-at-Large

John Cole (2008-2009)
410-661-4427
membersatlarge@baltobikeclub.org

Beth Cooper (2009-2010)
410-461-3659
membersatlarge@baltobikeclub.org

Russ Loy (2009)
410-628-6297
membersatlarge@baltobikeclub.org

Mary Menne (2009-2010)
410-795-6571
membersatlarge@baltobikeclub.org

2009 Committees

Insurance

Government Relations

Instructional ProgramsHoward Kaplon410-484-6955

Club Items for SalesMitch Tobias410-833-8137

Newsletter EditorMaxine Mead443-474-7076

1. Tandem ColumnPeggy & Tom Dymond410-272-9139

RidesGeorgia Glashauser410-857-3262

(see Rides section of newsletter for committee members)

Cue Sheet LibrariansGene Bayer443-850-0671

.Larry Kenny

Team BBC RepresentativeBob Rohlfing410-665-5740

Safety Awareness ProgramJohn Overstreet

BBC Property

Web Site WebmastersMary Ryan410-828-1015

.Craig Martin410-538-8791

MembershipCraig Martin410-538-8791

GivingRuss Loy410-628-6297

BBC Talk AdministratorJanet Goldstein410-366-1466

League of American Bicyclists

1612 K Street, NW, Suite 401

Washington, DC 20006

202-822-1333

BBC SPECIAL EVENTS FOR 2009

Event information is subject to change. For current updates check the BBC Web site at www.baltimorebicyclingclub.org or call the event leader.

CRABS Potluck	January 17, 2009	Peggy & Tom Dymond 410-272-9139 tedymond@verizon.net
BBC Winter Social	February 22, 2009	Gloria Epstein 410-665-3012 carlglo@verizon.net
Kent County Spring Fling	May 22-25, 2009	410-790-4422 kentcountyspringfling@gmail.com
DE-MD Flatlands Tour	June 20, 2009	Ken Philhower, 410-437-0309 bbflatlands@cablespeed.com
BBC Picnic	July 12, 2009	Mary Ryan, 410-828-1015 picnic@baltobikeclub.org
Civil War Century	September 12, 2009	http://www.civilwarcentury.com
Weekend in Lancaster	September 25-27, 2009	John or Jane Cole 410-661-4427 jicole01@comcast.net Walt or Carol Russell 410-665-0651
Washington County Getaway	October 16-18, 2009	410-433-4162 rnburns1@verizon.net

OUT OF BOUNDS

August 8, 2009

Cumberland Valley Century. Boonsboro, MD

Benefits San Mar Childrens Home. Sponsored by Cumberland Valley Cycling Club. 26, 63, 100 miles. Century route visits Antietam Battlefield.

http://www.bikecvcc.com/cvcc_century.html

August 21-23, 2009

Allenberry Resort Cycling Weekend. Boiling Springs, PA

Once again PPTC is running this popular cycling event. We have rides from 11-75 miles, lots of parties, jokes, and food.

The play this year is **The King and I**. Please sign up early since we only have room for 80 participants. Go to

www.bikepttc.org for more information and to register.

September 6, 2009

Brandywine Tour. Pocopson, PA. (Near Chadds Ford).

25, 50, 65, 80 or 100 miles through the rolling hills of historic Chester and Lancaster Counties. Fully supported by

Delaware Valley Bicycle Club; pizza, live music and massage at the end of the ride. For more details, go to dvcbc.org

September 13, 2009

Southern Maryland Fall Century: The Indian Head 100. Indian Head, MD

16, 29, 63, and 100 miles from the Village Green Park in the town of Indian Head, at the southernmost end of MD 210 (Indian Head Highway—20 miles south of Washington Beltway exit 3-A). Sponsored by the Oxon Hill Bicycle and Trail Club. Cycle through scenic and historic southern Maryland.

<http://ohbike.org/century>

September 13, 2009

Save-A-Limb Ride and Festival. Hunt Valley, MD. 7:00 a. m.

Featuring Tour de France cyclist Floyd Landis, a picnic in the park, fitness fair, and kids' carnival. Three ride options:

metric century, 30-mile ride, 6-mile family ride. <http://www.savealimbride.org/>

September 16–19, 2009

The Source of the Delaware. Hancock, NY.

A 250-mile, four-day tour, starting in Hancock and ending in New Hope, PA. The tour is designed for cyclists who relish some long mile days and varying topography. Limited to 50 cyclists. Sponsored by Pedal PA.

<http://www.pedalpa.com/DelSource09.htm>

September 20, 2009

Three Creek Century, Carlisle, PA. Three loops, all starting and ending at the LeTort Park, ranging from 25 miles up to a full 100 mile century. All the routes explore different parts of the beautiful Cumberland Valley. New this year is also a 10 mile "Highlights of Carlisle" Family Ride. \$15 for pre-registration, \$25 after August 19th.

<http://www.threecreekcentury.com>

September 26 --September 27, 2009

24 Hours of Booty. Columbia, MD. 4:00 p m. Saturday to 4:00 p. m. Sunday.

A 24-hour, non-competitive charity cycling event that is geared for teams and individuals and is open to participants of all ages and skill levels. Proceeds to benefit Johns Hopkins Medicine, the Ulman Cancer Fund for Young Adults (UCF) and Lance Armstrong Foundation (LAF).

<http://www.24hoursofbooty.org/>.

October 11, 2009

The Civista Potomac Heritage Bicycle Tour. LaPlata, MD.

14, 33, 60, 80, and 100 miles through Southern Maryland. All routes, except the casual 14-mile family ride, will take cyclists along the scenic on-road bicycle route of the Potomac Heritage Trail National Scenic Trail. The event is sponsored by the Civista Health Foundation. Cyclists will enjoy an after-ride party with food and entertainment.

http://www.active.com/page/Event_Details.htm?event_id=1657974

submitted by

Diana Voelkel

Pedal in Style. . .

Purchase online for the **SAME PRICE** at:
www.baltobikeclub.org/index.pl/logo_jersey

Order your **NEW** Baltimore Bicycling Club Jersey!

Now you can have a "New" BBC Jersey!

Custom designed by local cyclist Jason Kamps of Wolf Designs.
 These Jerseys by Verge Sports feature M-Tec Extreme fabric,
 a 3/4 length invisible zipper and 3 back pockets



Design is in
 Maryland Flag colors
 Gold, Red & Black



Jerseys are \$70.00 each (tax, S&H included)
 Club Fit, Women's Race Fit, & Men's Race Fit

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 T-Shirts Apparel Jerseys
 410-796-5858
www.wolfdesigns.com

Size Chart

Jersey Size	XS	S	M	L	XL	2XL	3XL
Men's Chest	-	36-37	38-39	40-41	42-44	45-47	48-50
Women's Size	2-4	6	8	10	12	-	-
Bust	28-30	31-33	34-35	36-37	38-39	-	-

"Club Fit" (S to 3XL) Fits both Men & Women that don't have that slim and trim physique with a more relaxed fit.

"Women's Race Fit" (XS to XL) Fits a Women's contours with a slim and trim physique. Larger framed women may prefer the "Club Fit"

"Men's Race Fit" (S to 2XL) Fits Men with a slim and trim physique. Larger framed men may prefer the "Club Fit"

Jersey Order Form (Avoid confusion, order ONLY One Jersey per form)

Name

E-Mail Address

Address

City

State

Zip + 4

Phone Number

Choose Size [Check One] : XS [] S [] M [] L [] XL [] 2XL [] 3XL []

Choose the Jersey Style [Check One] : Club Fit [] Women's Race Fit [] Men's Race Fit []

Make check payable to Baltimore Bicycling Club

TOTAL PAYMENT = \$70.00

Mail check & completed order form to: BBC Jersey c/o Nancy Finnegan
 P.O. Box 179
 Brooklandville, MD 21022-0179

Questions? Call Nancy @ 410-239-0550
 OR Email: LogoJersey@baltobikeclub.org
 Purchase online for the **SAME** Price at:
www.baltobikeclub.org/index.pl/logo_jersey

Coming Saturday, September 12, 2009

The Civil War Century

Riders limited to 1600 & No walk in registration

Join us in Thurmont, Maryland again this year for the cycling event that has everything -- famous historical sites, breathtaking scenery, low-traffic roads, and well-marked routes designed for every ability level. As in the past, you can visit the South Mountain and Antietam or Gettysburg battlefield sites -- or all three of them if you elect to ride the full century -- while cycling through some of the most beautiful countryside east of the Mississippi.

Check-in for registered riders begins at 7 a.m. and continues through 10 a.m. for riders on the shorter routes. A ride for everyone: We offer five rides ranging from long and mountainous to short and flat. All routes are well marked and cue sheets are provided.

Civil War Century (105 miles) -- This is our most popular and most challenging route. It visits all three Civil War battlefields offering breathtaking mountain vistas along the way. This hilly ride has about 7,400 feet of climbing with four mountain climbs, but if you get tired, you can bail out at 66 miles, skipping Gettysburg (and the last mountain climb) in favor of a scenic seven-mile descent back to the start/finish.

Gettysburg Three-quarter Century (77 miles) -- This route is for those who want a more challenging ride to Gettysburg, but who don't want to tackle the full century. With about 6,400 feet of climbing, you'll scale four mountains en route to the battlefield. If you get tired, don't worry -- you can avoid the last big climb and bail out at the 38-mile point, cruising seven miles, mostly downhill, back to the start/finish point in Thurmont.

Gettysburg Metric Century (62 miles) -- On this ride you get to look at the mountains, not climb them, as you meander along pleasant country roads through the lush rolling farmland of the Monocacy and Carroll Valleys to Gettysburg and back. As a bonus, you'll see four covered bridges on this route.

Gettysburg Half Century (50 miles) -- This ride also takes the easy route to Gettysburg, traveling along most of the same pleasant country roads as the metric century, but skipping two of the covered bridges.

Covered Bridge Quarter Century (25 miles) -- On this flat ride you won't visit any battlefields, but you will get to cross three covered bridges that were used repeatedly by the troops of both sides in the Civil War.



Registration through Active.com only and is open. Find the link at www.civilwarcentury.com.
And BBC Members -- Please consider volunteering! Without your help and support this event doesn't happen. See the ad in this Newsletter or on the website www.civilwarcentury.com.

JOIN the FUN - Volunteer!

The **Civil War Century** is one of the BBC's premier invitational events. To make it a successful, safe and enjoyable experience for our guests, we need to have the commitment of about 200 volunteers. If you are a member of the BBC, you should consider this day as a primary day to give back to the club and to the cycling community that so often hosts us at their events. The BBC cannot continue to guarantee the success of this event without increased support from its members. Without you and many others, the Club cannot continue to successfully host this event.

Benefits:

It's Fun! It may sound like work but it really is a lot of fun.

Make new **friends!** You will meet new folks, make friends, and form great social bonds.

Satisfaction! – You have the chance to give something back to the cycling community and to your club.

T-Shirts -Receive both a long-sleeved Event T-Shirt & a volunteer T-Shirt.

Ice cream - what else could you possibly want?

There is **no charge** to register as a volunteer. Plus, depending upon your task, volunteers can ride for free if they have committed to 3 or more hours of service.

Though the event was quite successful the last few years with a limited number of volunteers, the Club will be making a very serious effort to substantially increase the number of volunteers for CWC 2009. This will help to make the work load a bit easier for everyone, as well as improving certain important aspects of the event.

Please volunteer this year. Non-riding spouses, friends and neighbors are also welcomed (and really appreciated!) as volunteers.

You may register to volunteer by going to Active.com. There is a direct link to the event and Active.com at the BBC website, <http://www.baltobikeclub.org> , along with brief descriptions for some of the volunteer positions. There is no charge to register.

Registering via Active.com will assure that we will have your contact information in one convenient place and also will allow you to select the size of your complimentary T-Shirts. We will attempt to assign you to your choice of positions/locations, but your flexibility in assignments will be greatly appreciated.

If you have questions, please contact one of the committee members listed below.

We really appreciate your participation. If you have ideas about how to entice more members to volunteer, please share them with us - we could sure use the help, and volunteering has been fun and rewarding for many of us in prior years!

Mary Menne
Carol Russell
Gloria Epstein

Barry Menne
Bob Carson
Barb Park

Craig Martin
Bud Lippert
Cindy Wyatt

Mary Ryan
Becky Smith

Weekend in Lancaster

September 25, 26, & 27, 2009



- Three days of cycling the scenic, rolling roads of the Amish heartland, with rides ranging from 16 to 61 miles.
- Lodging on Friday and Saturday nights at the Mill Stream Country Inn. All rooms have two queen beds and cable TV. An indoor storage room for bikes is provided.
- Wine, cheese and dessert parties in the Mill Stream's hospitality room on Friday and Saturday evenings.
- Deluxe continental breakfast on Saturday and Sunday at the Mill Stream Country Inn.
- Buffet dinner on Saturday at the Bird-in-Hand Restaurant. ***(Friday dinner is on your own.)***
- Complimentary rooms for showering on Sunday
- All taxes and gratuities are included.

Each attendee must provide an application and signed release.

Name _____

Home Phone _____

Address _____

Cell Phone _____

_____ E-mail _____

Roommate _____

(Please provide roommate information at the same time, because you will not be registered until all information is received. We do not provide or assign roommates.)

Emergency Contact Name _____

Emergency Contact Phone _____

BBC member p.p. for complete weekend - \$190.00 (Double Occupancy)

BBC member p.p. for complete weekend - \$305.00 (Single Occupancy)

Non-member p.p. for complete weekend - \$210.00 (Double Occupancy)

Non-member p.p. for complete weekend - \$325.00 (Single Occupancy)

(We do not offer a non-lodging option.)

\$ _____

Please Make check payable to BBC.

APPLICATION DEADLINE IS September 1, 2009

(Refund minus \$20 until September 15th. No refund after September 15th.)

Mail applications, signed release forms and check(s) to:

BBC Weekend in Lancaster

9100 Orbitan Road

Baltimore, MD 21234

Questions: jicoleo1@comcast.net or call:

John or Jane Cole (410)661-4427

Walt or Carol Russell (410) 665-0651

BICYCLE HELMETS MUST BE WORN AT ALL BBC RIDES & EVENTS

BALTIMORE BICYCLING CLUB, INC. ("BBC")

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AND PARENTAL CONSENT AGREEMENT ("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in the BBC sponsored Bicycling Activity ("Activity") listed below, I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such "Activity". I further acknowledge that the "Activity" will be conducted over public roads and facilities open to the public during the "Activity" and upon which the hazards of travelling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the "Activity".

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these "Risks" and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the "Activity", the condition in which the "Activity" takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH "RISKS" AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the "Activity".

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the BBC, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the "Activity" takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the "Releasees", I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE "RELEASEES" from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Name Of Activity: _____

_____ Participant's Signature (only if age 18 or over)	_____ Participant's Printed Name	_____ Date
---	-------------------------------------	---------------

_____ Street Address	_____ City	_____ State	_____ Zip	_____ Phone
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AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF BICYCLING "ACTIVITIES" AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED TO PARTICIPATE IN SUCH "ACTIVITY". I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE "RELEASEES" FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE "RELEASEES" NAMED ABOVE, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

_____ Parent/Guardian Signature (if participant under age 18)	_____ Parent/Guardian Printed Name	_____ Date
--	---------------------------------------	---------------

_____ Street Address	_____ City	_____ State	_____ Zip	_____ Phone
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BBC ANNUAL PICNIC!

SUNDAY JULY 12, 2009

Patapsco State Park

Avalon Area, Elkridge, MD

Rain or Shine



- Rides in the morning (check the ride schedule)
- Park gates open at 9:00 AM
- Picnic lunch buffet served at 1:00 PM
- Playground and paved trails for cycling inside the park - bring your children!

For more information contact Mary Ryan, 410-828-1015, picnic@baltobikeclub.org

Directions to Patapsco State Park Avalon area: (Mapquest: 5250 South St., Elkridge, Md 21075)

From the Beltway I-695: Take Exit 12-A, Route 1 South. Go 3 miles, turn right onto South St. Park entrance is on the left.

From I-95: Take exit 47 to I-195 east. From I-195 take Exit 3, Route 1 south. Go ½ mile, turn right onto South St. Park entrance is on the left.

From the south: take Route 1 north through Elkridge, past the entrance to I-895. Turn left on South St. Park entrance is on the left.

Detach and mail with your check

BBC 2009 Summer Picnic Registration Form: Register by July 6, 2009!

Cost: Adults - \$15 Children under 12 - \$5 - **Make Checks payable to BBC**

Mail this form and your check to: Mary Ryan, 128 Warwick Drive. Lutherville, MD 21093

Name(s): _____ Phone: _____

Children's names/ages: _____



- RACE PACE BICYCLES

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www.BellaBikes.com

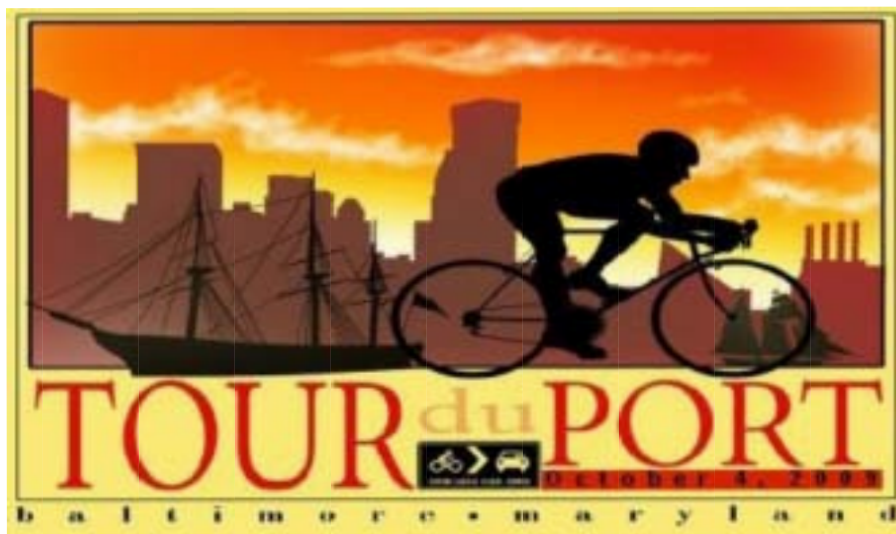
www.RacePaceBicycles.com

Sunday, October 4th 2009
Tour du Port
Baltimore's Premier Bicycle Event!!!

**Join thousands of riders at the Canton Waterfront Park
to kick off the 16th annual Tour du Port!
Routes range from 12 to 50 miles -a half century!**

**Register now at [www/onelesscar.org](http://www.onelesscar.org) and get the early
registration on rate: \$35 for pre-registered adults; \$15 for
children under 13.**

Tour through more than 12 historic neighborhoods, waterfront
areas & parks. This is a fully supported tour with lunch,
refreshments at rest stops, map and SAG and post-ride
celebration at Tour's end.



For additional information contact Carol Silldorff
at carol@onelesscar.org

This is One Less Car's (OLC) Annual Fundraiser
**All fees go directly to advancing the advocacy efforts of OLC, a non-
profit dedicated to better cycling, walking & mass transit in Maryland.**



*EIGHTH ANNUAL
Washington County Getaway
October 16, 17 & 18, 2009*

Ride in Washington County, Maryland! Stunning mountain and dramatic valley views, beautiful rolling farm land, quaint stone bridges and historic towns of Smithsburg, Boonsboro, Williamsport, Keedysville and Sharpsburg await you! There is a choice of more than a dozen rides from 20 - 70 miles in length over varied terrain with wonderful rollers and low traffic. Rides each day will start at 9:30 a.m. from Washington Co. Regional Park in Hagerstown.*

Weekend participants should make their own reservations for Friday and/or Saturday night. The Super 8 (301.739.5800), 1220 Dual Highway (US 40 coming into town) has reserved rooms for the BBC until Oct. 3 at \$55.00 + tax. There are numerous other nearby motels.

A welcoming party will be held Friday evening. And, Saturday evening there will be a group dinner at a local restaurant with a varied menu at moderate prices.

Come join us one, two or all three days for great camaraderie and some of the best bike routes in the country!

** Directions: I-70 West past Frederick to Exit 32B (Rt. 40 into Hagerstown) for about 1.3 mi., right on Edgewood Dr. at TL for about 0.3 mi., right on Mt. Aetna Rd. at TL for about 0.7 mi., then **watch for right** into park. Allow about 90 minutes driving time from the Baltimore area.*

Information: 410-433-4162 or rnburns1@verizon.net

*Name(s)*_____

*Address*_____

*Phone*_____

*E-mail*_____

(check) _____ need roommate _____ interested in carpooling

_____ interested in Sat. group dinner

*SEND: Registration slip and a check for \$15.00 (payable to BBC) to
Rich Burns 5920 Northwood Dr. Baltimore, MD. 21212*

[BBC waiver will be signed at ride start each day of event]

RIDE SCHEDULE, JULY/AUGUST 2009

This schedule may be out of date by the time the Newsletter is published. Please check the online ride schedule or Cue Sheet Central for the most up-to-date schedule. We strongly encourage everyone to sign up for BBC Talk, the Baltimore Bicycling Club's electronic discussion group. See instructions at the end of the Newsletter. This is the best way we know to inform riders of ride cancellations. Ride leaders are encouraged to post cancellations on BBC Talk.

Wednesday, July 01, 2009

15-17 mph - 9:30 am - 35 mi - Renee Faison (410) 356-7088 (frfaison@msn.com)

START: ORR - Oregon Ridge Park
Friendly rolling ride/with hills

Friday, July 03, 2009

10-12 mph - 9:00 am - 27 mi - Gloria Epstein 410/665-3012 (carlglo@verizon.net)

START: St. John's Episcopal Church 3738 Butler Rd. Glyndon, Md. 21071; intersection of Butler, Piney Grove & Belmont Rds.
Beautiful, mod. hilly ride to Hampstead w/ convenience store stop.

13-15 mph - 8:00 am - 46 mi - Mary&Barry Menne 410-795-6571 (bbcmaryandbarry@verizon.net)

START: MTV-Mount View Middle School
Distance: 46/54/61. The longer rides follow the same route but include additional loops. Barry's John Picket ride through Carroll and Howard counties. Snack stop in Lisbon. Mostly low traffic areas. Moderately hilly. 1 mile well-packed unpaved road with option on cue sheet to avoid it.

Saturday, July 04, 2009

10-12 mph - 8:30 am - 21 mi - Mike Gesuele W410/965-5379, Cell 410/274-8253 - call day of ride, mike.gesuele@ssa.gov

START: Mayeski Park - Go to South Carroll HS as you normally would, Turn right just past the fire dept, Mayeski Park is at the top of the hill.
This is a short ride that will get you home in time to fire up the grill.

15/17 and 18 - 9:00 am - 48 mi - Janet Goldstein 410-366-1466 (jgoldst@verizon.net)

START: SPK - Sparks Elementary School
Gunpowder Gasp, a/k/a Prettyboy Partial Plunge. A hilly club classic that will get you home in time for a picnic (or a nap). Rest stop at Wally's (convenience store w/bathroom).

casual - 10:00 am - 40 mi - Andy Hanson 717 235-8993 (andrew_s_hanson@msn.com)

START: Glen Rock, PA Municipal Library parking lot on the Rail Trail.

'INDEPENDENCE DAY BACK ROADS BEATER RIDE!' We will be celebrating the 4th by riding town-to-town on a combination of dirt roads, rail trail and some paved roads to connect. Do not bring your good road bike to this ride! Hybrids, mountain bikes, cross bikes or whatever 'beater' you can find should work just fine! Casual pace on mostly shady lightly travelled roads with three stops for food and drink along the way. Planned route will have us start in Glen Rock, PA, travel to Middletown, MD, then on to Glenville and Seven Valleys in that order. A bit hilly at times but we will be taking our time and enjoying the ride. This is a good opportunity for roadies, rail trailers and casual riders to come together for a summertime excursion. Cue sheets will be provided so you can ride whatever pace suits you.

Sunday, July 05, 2009

10-12 mph - 9:00 am - 33 mi - Mike Gesuele W410/965-5379, Cell 410/274-8253 - call day of ride, mike.gesuele@ssa.gov

START: Lisbon Woodbine Park and Ride - Take I-70 to Exit 73 North, take a right/ at traffic circle, first left into shopping center, and left into park and ride.

As with most Carroll County rides there are some great downhills, some uphill, some wind and great scenery. There are a couple of good climbs on this route.

10-12 mph - 9:00 am - 36 mi - Bob Seay 410/242-6929, Manny Steinberg 410/655-8242

START: Davidsonville Park and Ride
Ride to Galesville for a snack stop. After the ride join us for lunch.

13-15 mph - 9:00 am - 50 mi - Bruce Galanter 410-241-7089 (bgalanter@gmail.com)

START: SPK Sparks Elementary School
Ride to the Rocks. One of the club's best, picturesque Harford County passing by Rocks State Park.
Moderately Hilly

13-15 mph - 9:30 am - 43 mi - Rich Burns 410-433-4162 (mburns1@verizon.net)

START: RVS-Riverside S.C.-I-695 to Exit 33, I-95N; then take Exit 80, turn right at end of ramp-1/2 mi to shop. ctr. on left, park out from market.
Ride to Havre de Grace & Susquehanna St. Park (mix of flat, rolling, 1 long climb) with lunch/snack options.

15/17 and 18 mph - 9:30 am - 68 mi - Mark Tabb (410) 274-8668 (marktabb@yahoo.com)

START: Conowingo Elementary. Cross Conowingo Bridge on Rt 1. Right at first light onto Rowlandsville Rd. 1 block-school on right. People are always late. 1 hour drive from Timonium area. Please get to school by 9:10am. Will leave at 9:30am sharp.
Strasburg Ride. New roads for most of you! Lancaster type ride. Will see Amish buggies and manure! Lunch outside in the back of a neat cafe. This ride is well worth the hour drive. Past riders have all agreed. Terrain varies greatly! It has flat stretches, rolling terrain, farmlands, arid hills, forests, mountains (not really - a few big hills) and streams & brooks & just about everything. A great ride...guaranteed or your money back!

casual - 12:00 am - 25 mi - Bud Lippert 410-686-8504 (essexknight@aim.com)

START: WPP Wilson Point Park
Mostly flat with some rolling hills through the communities of Wilson Point, Aero Acres, Essex, Hopewell Point. This Ride takes in SR43 bike/hike trail. A break mid-ride.

Monday, July 06, 2009

10-12 mph - 9:00 am - 30 mi - Paul Coleianne, Cell 410-812-5273, stregone@comcast.net

START: Ocean City MD
Visiting the Ocean City vicinity, call Paul anytime during the week for a ride partner, you set the time and distance, will ride casual, 10/12 or 13-14 pace.

Tuesday, July 07, 2009

15-17 mph - 9:00 am - 45 mi - Steve Zeldin 410-828-5553 (szeldin@comcast.net)

START: MWP - Meadowood Regional Park, Falls@Joppa, Lutherville
Loch Raven Reservoir Loop - Come join the FUN!

Wednesday, July 08, 2009

15-17 mph - 9:30 am - 30 mi - Renee Faison (410) 356-7088 (rffaison@msn.com)

START: WRP - Western Run P&R
Unforgettable rolling ride/with hills...

Saturday, July 11, 2009

10-12 mph - 9:00 am - 30 mi - Gene Marrow 301-395-7721

START: Glenelg HS
Rolling Howard Co ride with hills, rest stop at High's.

13-15 mph - 8:30 am - 57 mi - Henry Thiess 717-600-5141 (jim.thiess@penske.com)

START: MLP - MD Line Park & Ride
Great ride from northern Maryland into York Co thru PA towns like Loganville, Glen Rock & New Freedom. First 35+ miles have some challenging hills with last 20 miles rolling to flat. Contact Henry Thiess for more info (jim.thiess@penske.com or 717-600-5141)

15-17 mph - 8:30 am - 63 mi - gene young 410-828-1137 (genejr@comcast.net)

START: SPK Sparks Elementary
Gene's Classic 63 miler with rest stops in Hampstead and Cucina's with bailouts

15/17 and 18 - 8:30 am - 91 mi - Phil Feldman 410.744.8874 (phil@philfeldman.com)

START: SDY Sandymount Park
The Bruni Memorial Ride: Some hills in the beginning and flatter after lunch. Classic PA roads - low traffic and scenic. Cue sheet at:
<http://cuesheetcentral.com/uploads/BruniMemorial.xls>

casual - 10:00 am - 24 mi - Joan Valentine - 410-737-2050

START: Annapolis Neck Library Parking Lot-I-695 to I-97 South to US-50 East. Keep right for exit to MD-665 (Aris T.Allen Blvd) becomes Forest Drive. Remain on Forest Drive for 4 miles to Right on Hillsmere at light. Pass entrance to Quiet Waters Park; go left into Eastport Annapolis Library Parking Lot.
Approximately 24 miles. Mostly flat. Includes a brief stop at Thomas Point Lighthouse Park. Lunch at conclusion of the ride. Brown bag or purchase at nearby deli.

Sunday, July 12, 2009

10-12 mph - 9:30 am - 35 mi - Charlotte Pappas 410/804-5500

START: Patapsco State Park, Avalon area
BBC Picnic Ride - thru the park, up the Trolley line into Catonsville, over to the BWI trail, view of airport and Timbuktu! Ice cream and snowballs on route. Some hills.

13-15 mph - 9:00 am - 40 mi - Peter Ashley
pja826@verizon.net
START: Patapsco State Park - Avalon area
BBC Picnic Ride. We'll have you back in time for
lunch.....

Monday, July 13, 2009

10-12 mph - 9:00 am - 30 mi - Paul Coleianne, Cell
410-812-5273, stregone@comcast.net
START: Ocean City MD
Visiting the Ocean City vicinity, call Paul anytime
during the week for a ride partner, you set the time and
distance, will ride casual, 10/12 or 13-14 pace.

Friday, July 17, 2009

15-17 mph - 9:30 am - 32 mi - Renee Faison (410) 356-
7088 (frfaison@msn.com)
START: WRP Western Run P&R
Rolling ride with hills.

Saturday, July 18, 2009

10-12 mph - 8:30 am - 31 mi - Gloria Epstein 410/665-
3012 (carlglo@verizon.net)
START: SPK Sparks Elem. School
Mod. hilly Balto. Co. ride w/ snack stop @Cucina.

13-15 mph - 8:00 am - 50 mi - Aldona Glemza (443)
676-8181 (aglemza@gmail.com)
START: MTV - Mt. View Middle School
50 - 55 miles through Damascus and Laytonsville and
through Howard County and Montgomery County.
Rolling hills. Maybe a steep climb or two. There will be
a rest stop somewhere along the way.

15/17 and 18 - 9:00 am - 84 mi - Janet Goldstein 410-
366-1466 (jgoldst@verizon.net)
START: MTV - Mt. View Middle School.
Ride to Point of Rocks with Slow-Twitch Sally. Rolling
before lunch, hilly after; rest stops at 21, 43, and 64
miles (last stop: a Dunkin' Donuts + Baskin Robbins --
woo-hoo!)

casual - 10:00 am - 28 mi - Bud Lippert 410-686-8504.
Day of ride: 443.570.0542 (essexknight@aim.com)
START: ERP - Eastern Regional Park
Tour de Chase. This a mostly flat ride through
downtown Chase, through Gunpowder State Park, the
communities of Oliver Beach, Harewood Park, and Sr43
bike trail. You get some hills on the last part of the ride.
Bring drink & snack for mid ride stop in Gunpowder
State Park. If you desire, a stop at Brusters for ice cream
near the end of the ride.

Sunday, July 19, 2009

10-12 mph - 9:00 am - 35 mi - Charlotte Pappas
410/804-5500
START: ARP Alpha Ridge Park
35 or so Howard Co miles, rolling with hills, rest stop at
High's.

13-15 mph - 8:00 am - 80 mi - Mary&Barry Menne
410-795-6571 (bbcmaryandbarry@verizon.net)
START: LHS-Liberty High School
The good old ride to Emmitsburg.

15-17 mph - 5:30 pm - 25 mi - Andy Hanson
START: Shrewsbury Commons Shopping Center, Mt
Airy Rd, Shrewsbury PA in front of Spataro's Restaurant
Sunday evening 'Stretch Your Weekend' ride of approx
25 miles through Southern York and Northern Baltimore
counties. Optional R&R at Spataro's following the ride.

15/17 and 18 - 10:00 am - 60 mi - Mark Tabb (410)
274-8668 (marktabb@yahoo.com)
START: New Freedom Rails To Trails -83 North -Exit
36 (Old York Rd-RT 439) -R off exit onto #439 -R at T-
York Rd -3 to 4 miles-L onto Campbell -Center of New
Freedom-R on Front St -Park at Rails to Trails Parking
Lot -Nice bathrooms available -Optional 9 am breakfast
at restaurant along the trail.
Hilly ride (not crazy hilly). One 1.5 mile 9% climb.
Lunch at mile 36 at Italian Restaurant or other "fast"
places. Only 23.5 miles after lunch. We usually do this
ride in April or November so it should be much easier in
July unless the heat gets to us! Ice cream place after the
ride (& or bike shop)!

Monday, July 20, 2009

10-12 mph - 9:00 am - 30 mi - Paul Coleianne, Cell
410-812-5273, stregone@comcast.net
START: Ocean City MD
Visiting the Ocean City vicinity, call Paul anytime
during the week for a ride partner, you set the time and
distance, will ride casual, 10/12 or 13-14 pace.

Tuesday, July 21, 2009

15-17 mph - 9:00 am - 56 mi - Steve Zeldin 410-828-
5553 (szeldin@comcast.net)
START: ORR - Oregon Ridge Park
Hilly ride to Syndersburg 'A Blast from the Past' with a
fast return after break in Hampstead - Come join the
FUN!

Wednesday, July 22, 2009

15-17 mph - 10:00 am - 29 mi - Katie Gore-Traill

START: PRP - Providence Rd P&R

Join Katie and Gang for a rolling ride!!

Friday, July 24, 2009

15-17 mph - 9:30 am - 32 mi - Renee Faison (410) 356-7088 (frfaison@msn.com)

START: WRP - Western Run P&R

Rolling ride with hills.

Saturday, July 25, 2009

10-12 mph - 9:00 am - 29 mi - Mike Gesuele
W410/965-5379, Cell 410/274-8253- call day of ride,
mike.gesuele@ssa.gov

START: Mayeski Park - Go to South Carroll HS as you normally would, Turn right just past the fire dept, Mayeski Park is at the top of the hill.

For a Carroll County ride this is not that hilly, but there are some large bumps to get over. Call Mike for more information and directions.

13-15 mph - 9:30 am - 43 mi - Rich Burns 410-433-4162 (rnburns1@verizon.net)

START: MLP-MD Line P&R

'Tryin' To Get To Red Lion' - nice, if somewhat hilly, ride in beautiful southern York Co.; lunch/snack stop.

15-17 mph - 8:00 am - 48 mi - Hopkins Edwin 410 491 5191 (ed.hopkins@verizon.net)

START: WES - Westminster Elem. School

The classic 'Spokes' ride. Rolling hills and beautiful country. About 2600 feet of climbing. So the ride is practically flat. No interesting climbs, where an interesting climb has a grade of 18% or greater. The cue sheet for this ride has been uploaded to cue sheet central under the name 'The Spokes Ride'.

Sunday, July 26, 2009

10-12 mph - 8:30 am - 32 mi - Gloria Epstein 410/665-3012 (carlglo@verizon.net)

START: Oregon Ridge Park ORR

Mod. hilly, scenic ride w/ snack stop @convenience store in Hampstead.

10-12 mph - 9:00 am - 32 mi - 79, Cell Bob Seay
410/242-6929, Manny Steinberg 410/655-8242

START: Davidsonville Elementary School

Join us for a ride to Deale, with snack stop. After the ride lunch in Crofton.

13-15 mph - 9:30 am - 62 mi - Elizabeth Miller (410) 340-2537

START: TMP - Taneytown Memorial Park

Two Taverns Ride. Fairly rolling with several snack stops and a lunch option. If prompted the ride leader will provide fun and unusual facts about the Civil War and if necessary recite the Gettysburg Address. Contact Elizabeth at (410) 340-2537 for details.

15-17 mph - 8:00 am - 100 mi - bob wagner
(bobwag@gmail.com)

START: Carroll Park (Monroe and Washington Streets.)

To Frederick on Frederick. A July Rando Ramble. This ride may have the fewest cues of any century ride I've ridden. Our route rolls west on Frederick Road, Route 144. We can choose from a variety of lunches in downtown Frederick. The return takes Old Frederick rd back to the city. This ride is a big roller fest. Leader: Bob Wagner - bobwag@gmail.com. READ THIS BEFORE RIDING: <http://tinyurl.com/RandoRideNotes>

15/17 and 18 - 9:30 am - 70 mi - Mark Tabb (410) 274-8668 (marktabb@yahoo.com)

START: Middletown Middle School (not the one in Baltimore County) Only an hour drive from Columbia! Historic Ride! DIRECTIONS: Route 70 West past Frederick Exit 49 Braddock Heights/Middletown West on Route 40 towards Middletown Right at traffic light onto Schoolhouse Road. This is after the light at Hollow Road and the shopping center and before the gas station. Assault on Antietam II! Tired of the same roads? A great lunch stop! Lunch at Shepherdstown, WV, location of a few colleges. Neat hangouts on Main Street - killer bakery & a great coffee shop. Also, a few neat cafes. Will visit a few Antietam sites. Can even watch a 20 minute film about the Civil War battle at the main site. Ride goes through a few battlefields. The ride is moderately hilly. A bunch of easy sections with a tough climb here & there! Worth the hour drive from Columbia

Wednesday, July 29, 2009

15-17 mph - 9:30 am - 32 mi - Renee Faison (410) 356-7088 (frfaison@msn.com)

START: WRP - Western Run P&R

Rolling ride with hills.

Friday, July 31, 2009

10-12 mph - 10:00 am - 50 mi - Mike Gesuele
W410/965-5379, Cell 410/274-8253- call day of ride,
mike.gesuele@ssa.gov

START: Easton MD, Food Lion off of Rt 322

Take a right off Rt 50 onto Rt 322. Take LEFT at

Marlboro Street, left by McDonald's into shopping center and go to Food Lion parking lot. Call Mike for more / better directions. Shooting for 50 miles (there are shorter routes), usually a great ride and you get to ride on the ferry. AND tomorrow is the Corn Roast.

Saturday, August 01, 2009

Annual Corn Roast Rides – All routes start at Union Mills Homestead, Carroll County. Directions: I-695 to Exit 19; follow I-795 N. to Rt. 140 N. to Westminster; then Rt. 97 N. for 7 mi. The Homestead is on the right. Parking is in the field past the buildings.

10-12 mph - 9:00 am - 29 mi - Charlotte Pappas, pappasbike@yahoo.com, 410/804-5500
Beautiful ride rolling with hills, swinging up into PA and back. Rest stop at convenience store. Wonderful food afterward at the Corn Roast, along with arts and crafts.

13-15 mph - 8:15 am - 50 mi – Mary & Barry Menne 410-795-6571 (bbemaryandbarry@verizon.net)
Scenic, moderately hilly. Rest stop at convenience store.

13-15 mph - 8:45 am - 40 mi - Stephen Franzoni 410-303-4533 (scrungle13@yahoo.com)
Scenic, moderately hilly. Rest stop at convenience store.

15/17 and 18 - 8:15 am - 64 mi - Judy Broadwater & Russ Loy 410-628-6297
Terrain is mostly rolling, with a few hills, especially at the end.

casual - 9:30 am - 18 mi - Bob Carson 410-828-8604 (bikebob@comcast.net)
Nice ride in the countryside. Only a few hills. Ride ends with multi-mile downhill. Route can be shortened to 12 miles.

Sunday, August 02, 2009

10-12 mph - 9:00 am - 27 mi - Gene Marrow 301/395-7721
START: Clarksville Park and Ride
Tridelphia Loop, bring drinks and snacks. You can expect some hills in this area.

13-15 mph - 9:00 am - 33 mi - Mark Miller (443) 846-2481
START: ORR - Oregon Ridge Park
Emory Church up Dover down Longnecker. Call cell number for ride questions.

15-17 mph - 5:30 pm - 25 mi - Andy Hanson 717 235-8993 (andrew_s_hanson@msn.com)

START: Shrewsbury Commons Shopping Center, Mt Airy Rd, Shrewsbury, PA in front of Spataro's restaurant.

Sunday evening 'Stretch Your Weekend' ride through souther York and Northern Baltimore Counties. Optional R&R session at Spataro's Italian Restaurant after the ride.

15/17 and 18 - 8:30 am - 100 mi - Janet Goldstein 410-366-1466 (jgoldst@verizon.net)

START: WES - Westminster Elem. School
Blue Ridge Summit Century. A BBC classic. First 37 miles rolling, then hilly. I mean hilly. Hillier than the Civil War Century. Three rest stops.

Monday, August 03, 2009

10-12 mph - 9:00 am - 30 mi - Paul Coleianne, Cell 410-812-5273, stregone@comcast.net
START: Ocean City MD
Visiting the Ocean City vicinity, call Paul anytime during the week for a ride partner, you set the time and distance, will ride casual, 10/12 or 13-14 pace.

Tuesday, August 04, 2009

15-17 mph - 9:00 am - 63 mi - gene young 410-828-1137 (genejr@comcast.net)
START: Sparks Elem
Gene's Classic 63 miler with rest stops in Hampstead and Cucina's with bailouts. Let's see how this works on a weekday.

Wednesday, August 05, 2009

15-17 mph - 10:00 am - 29 mi - Katie Gore-Traill
START: Providence Rd P&R
You will love this ride!!! Try it!!

Thursday, August 06, 2009

15-17 mph - 9:30 am - 32 mi - Renee Faison (410) 356-7088 (frfaison@msn.com)
START: ORR - Oregon Ridge Park
Rolling with hills. Yes, it is a likeable ride.

Saturday, August 08, 2009

10-12 mph - 9:30 am - 32 mi - Cartan Craft 410-235-2906
START: RUN Runnymede ES
A pleasant, low traffic mostly rolling ride with lunch stop in Littlestown.

13-15 mph - 9:00 am - 46 mi - Gary Brandon 443-938-0841 (rideleader13@yahoo.com)

START: MLP - Maryland Line Park and Ride
Ellen's winery tour. Enough hills to make Ellen whine
and enough wine to ease the pain. Nice Southern PA ride
passing Naylor and Seven Valleys vineyards.

casual - 10:00 am - 25 mi - Bud Lippert 410-686-8504.
Day of ride: 443.570.0542 (essexknight@aim.com)

START: WDC – Wild Duck Café

Tour de Bowleys Quarters: This a flat ride ride through
the neighborhoods of Bowleys Quarters and Carrol
Island Peninsula. Bring drink & snack for mid-ride stop
at Miami Beach. If desired lunch at the end of the ride at
the Wild Duck inn or Maria's Deli.

Sunday, August 09, 2009

10-12 mph - 8:30 am - 32 mi - Gloria Epstein 410/665-
3012 (carlglo@verizon.net)

START: Oregon Ridge Park ORR

Mod. hilly, scenic ride w/ snack stop @convenience
store in Hampstead.

13-15 mph - 9:30 am - 43 mi - Rich Burns 410-433-
4162 (rnburns1@verizon.net)

START: PVP - Perryville Park & Ride

Walt & Carol's great ride to Oxford, PA.; rolling to mod.
hilly with lunch/snack stop options; YES, there's a \$5
bridge toll-Carpool-this ride is worth it!

casual - 12:00 am - 25 mi - Bud Lippert 410-686-8504
(essexknight@aim.com)

START: WPP - Wilson Point Park.

Mostly flat with some rolling hills through the
communities of Wilson Point, Aero Acres, Essex,
Hopewell Point. This Ride takes in SR43 bike/hike trail.
A break mid-ride.

Monday, August 10, 2009

10-12 mph - 9:00 am - 30 mi - Paul Coleianne, Cell
410-812-5273, stregone@comcast.net

START: Ocean City MD

Visiting the Ocean City vicinity, call Paul anytime
during the week for a ride partner, you set the time and
distance, will ride casual, 10/12 or 13-14 pace.

Tuesday, August 11, 2009

15-17 mph - 9:00 am - 75 mi - Steve Zeldin 410-828-
5553 (szeldin@comcast.net)

START: ORR - Oregon Ridge Park

Seven Valley Ride from Oregon Ridge. Breaks are in
Manchester and Freetown. We start this club favorite
from ORR (instead of FIF) and gain some easy miles
along the way. There will also be cuesheets for a 40 mile
'shortcut' version from ORR.

Friday, August 14, 2009

15-17 mph - 9:30 am - 32 mi - Renee Faison (410) 356-
7088 (frfaison@msn.com)

START: WRP - Western Run P&R

Rolling with hills. Yes, it is a likeable ride.

Saturday, August 15, 2009

10-12 mph - 9:00 am - 25 mi - Mike Gesuele

W410/965-5379, Cell 410/274-8253- call day of ride,
mike.gesuele@ssa.gov

START: Mayeski Park - Go to South Carroll HS as you
normally would, Turn right just past the fire dept,
Mayeski Park is at the top of the hill.

25 +/- This is a pretty ride, but there are a few hills to
climb.

13-15 mph - 9:00 am - 56 mi - Eugene Bayer

4438500671 (GeneBikerDude@comcast.net)

START: ELK - (old) Elkridge-MARC Train Parking
Lot

15/17 and 18 - 9:00 am - 74 mi - Gil Olvera

golvera@hamiltonassoc.com

START: WES - Westminster Elementary School

Westminster to Woodsboro. Moderately hilly, mostly
rolling. Lunch at mile 38 at either Trouts Restaurant or
Highs store in Woodsboro.

tandem - 9:00 am - 26 mi - Peggy Dymond 410-272-
9139 (mmdymond@verizon.net)

START: Beaver Creek P&R

Ride in the Valley Distance: 26/38/42 Come enjoy the
quiet roads in the valley east of Hagerstown! We'll cycle
past an 1863 stone bridge, stone farm houses, and pretty
farms. Start location is an easy one hour drive from I-
695. Directions: I-695 to I-70 West to exit 35, MD 66.
Right (North) at end of the ramp. Right in 0.2 miles into
parking lot. (No restrooms at start, but there is a rest area
at mile 40 on I-70.) Contact info: Ed and Laurie Barr
703-450-6742 (home), 703-909-3226 (cell - day of ride)
edbarrjr@aol.com

Sunday, August 16, 2009

10-12 mph - 8:30 am - 33 mi - Gloria Epstein 410/665-
3012 (carlglo@verizon.net)

START: PRP Providence Rd P&R

Mod. hilly ride w/ snack stop @Palmisano's. Ride can be
shortened to 23 mi. w/ same rest stop.

15-17 mph - 9:00 am - 60 mi - Herb Weiss, 410/833-
4321

START: FMS - Franklin Middle School

Reisterstown to Eldersburg to Butler. 13/15 riders are

welcome. Moderately hilly with rest stop midway (at Royal Farm). A 44 mile option is also available.

Monday, August 17, 2009

10-12 mph - 9:00 am - 30 mi - Paul Coleianne, Cell 410-812-5273, stregone@comcast.net

START: Ocean City MD

Visiting the Ocean City vicinity, call Paul anytime during the week for a ride partner, you set the time and distance, will ride casual, 10/12 or 13-14 pace.

Tuesday, August 18, 2009

15-17 mph - 10:00 am - 32 mi - Katie Gore-Traill

START: ORR - Oregon Ridge Park

This is Katie's fav thumbs up ride!!

Wednesday, August 19, 2009

15-17 mph - 9:30 am - 35 mi - Renee Faison (410) 356-7088 (frfaison@msn.com)

START: ORR - Oregon Ridge Park

Rolling with hills.

Saturday, August 22, 2009

10-12 mph - 8:30 am - 31 mi - Gloria Epstein 410/665-3012 (carlglo@verizon.net)

START: SPK Sparks Elem. School

Mod. hilly Balto. Co. ride w/ snack stop @Cucina.

13-15 mph - 9:00 am - 56 mi - Eugene Bayer

4438500671 (GeneBikerDude@comcast.net)

START: ELK - (old) Elkridge-MARC Train Parking Lot

15-17 mph - 8:00 am - 51 mi - Hopkins Edwin 410 491 5191 (ed.hopkins@verizon.net)

START: ORR - Oregon Ridge Park

The classic hilly ride to PA and back from Oregon Ridge Park. About 4500 feet of climbing. Wonderful back roads. Rest stop/food stop/bathroom stop 1/2 way through. The cue sheet is in cuesheetcentral.com under the name 'Prettyboy via PA.'

casual - 10:00 am - 28 mi - Bud Lippert 410-686-8504.

Day of ride: 443.570.0542 (essexknight@aim.com)

START: ERP - Eastern Regional Park

Tour de Chase. This a mostly flat ride through downtown Chase, through Gunpowder State Park, the communities of Oliver Beach, Harewood Park, and Sr43 bike trail. You get some hills on the last part of the ride. Bring drink & snack for mid ride stop in Gunpowder State Park. If you desire, a stop at Brusters for rice cream near the end of the ride.

Sunday, August 23, 2009

10-12 mph - 9:00 am - 32 mi - Bob Seay 410/242-6929, Manny Steinberg 410/655-8242

START: Davidsonville Elementary School

Join us for a ride to Deale, with snack stop. After the ride lunch in Crofton.

13-15 mph - 8:00 am - 51 mi - Bruce Galanter 410-241-7089 (bgalanter@gmail.com)

START: SPK Sparks Elementary School

Over Hill, Over Dale, then Some More Hills. A great ride around Harford County

15-17 mph - 8:00 am - 101 mi - bob wagner (bobwag@gmail.com)

START: The Conservatory @ Druid Hill

www.tinyurl.com/BBC-DruidHillStart (easy parking, close to metro & light rail)

The 4 Reservoirs Tour: an August Randonneurs Ramble out of the city. Heading west, we quickly are in the shade of the Patapsco Valley then turning north to Lake Liberty. Northeast up to Gunpowder SP and Prettyboy. East and south to Loch Raven and back to our start at our Druid Hill. Leader: Bob Wagner bobwag@gmail.com READ THIS BEFORE RIDING- <http://tinyurl.com/RandoRideNotes>

casual - 10:00 am - 25 mi - Bud Lippert 410-686-8504.

Day of ride: 443.570.0542 (essexknight@aim.com)

START: HYS - Hyde Park Station

Casual or 10/12 pace flat ride through the middle Back River Peninsula. 20+ miles depending on weather.

Lunch at Katrina's (Glories)

tandem - 9:30 am - 46 mi - Peggy Dymond 410-272-9139 (mmdymond@verizon.net); Evie and Michael

Reinsel 410/377-6133, mreinsell@verizon.net

START: RUN - Runnymede Elementary

Description: Rolling ride to Emmitsburg thru beautiful Carroll County.

Monday, August 24, 2009

10-12 mph - 9:00 am - 30 mi - Paul Coleianne, Cell 410-812-5273, stregone@comcast.net

START: Ocean City MD

Visiting the Ocean City vicinity, call Paul anytime during the week for a ride partner, you set the time and distance, will ride casual, 10/12 or 13-14 pace.

Tuesday, August 25, 2009

15-17 mph - 9:30 am - 60 mi - Steve Zeldin 410-828-5553 (szeldin@comcast.net)

START: ORR - Oregon Ridge Park
Rolling ride with hills to Rocks State Park. Snack stop in Jarrettsville. Come join the fun!

Wednesday, August 26, 2009

15-17 mph - 10:00 am - 29 mi - Katie Gore-Traill

START: Providence Rd P&R

Give this ride a try!!! No rest stop!

Friday, August 28, 2009

15-17 mph - 9:30 am - 35 mi - Renee Faison (410) 356-

7088 (frfaison@msn.com)

START: WRP - Western Run P&R

Rolling with hills.

Saturday, August 29, 2009

10-12 mph - 9:00 am - 30 mi - Mike Gesuele

W410/965-5379, Cell 410/274-8253- call day of ride,

mike.gesuele@ssa.gov

START: Mayeski Park - Go to South Carroll HS as you normally would, Turn right just past the fire dept, Mayeski Park is at the top of the hill.

30 +/- This is a pretty ride, but there are a few hills to climb.

13-15 mph - 9:00 am - 40 mi - Gary Brandon 443-938-0841 (rideleader13@yahoo.com)

START: MLP -Maryland Line P&R

Nice easy ride for a potentially HOT day! PA Flatlands tour: Sure it's an oxymoron, yes there are some hills, but this is about as flat as you can go up here; a good ride for those who would like to experience PA, but are apprehensive about the climbing.

15-17 mph - 8:30 am - 63 mi - gene young 410-828-1137 (genejr@comcast.net)

START: SPK - Sparks Elementary

Gene's Classic 63 miler with rest stops in Hampstead and Cucina's with bailouts.

Sunday, August 30, 2009

10-12 mph - 9:00 am - 25 mi - Gloria Epstein 410/665-3012 (carlglo@verizon.net)

START: MSC Manor Shopping Center

Mod. hilly ride w/ snack stop @ convenience store. Join ride leader for bagels and coffee at Bagelmeister before the ride.

13-15 mph - 8:30 am - 71 mi - Mary&Barry Menne

410-795-6571 (bbcmaryandbarry@verizon.net)

START: TMP Taneytown Memorial Park

Do the 15-17 Red Rum III at a 13-15 pace. We will start

an hour earlier, so we will see the faster group at least once when they pass us.

15/17 and 18 - 9:30 am - 71 mi - Mark Tabb (410) 274-8668 (marktabb@yahoo.com)

START: TMP Taneytown Memorial Park

Red Rum III-We had such a great ride on the

Accountants' Burnout Ride that I didn't want to wait a whole year to do it again. So, by special request (my own request) here is a present that Jimmy Guild wrapped for all of you lucky folks! A SPECIAL RIDE!! A few tough climbs...mainly the 6 mile climb over South Mountain!

Monday, August 31, 2009

10-12 mph - 9:00 am - 30 mi - Paul Coleianne, Cell 410-812-5273, stregone@comcast.net

START: Ocean City MD

Visiting the Ocean City vicinity, call Paul anytime during the week for a ride partner, you set the time and distance, will ride casual, 10/12 or 13-14 pace.

**FOR SALE: Burley (Duet model)
Tandem. Medium-size Tru Temper
frame. Rear disc brake, Shimano
105 gears, Deore XT derailleur,
Ritchey stp pedals. Continental tires
28-622 (plus spare fold-up tire).
Dark red, four water cages, bell, 2
computers, kickstand, rear rack.
410-750-9659 (h) or 443-353-
1962 (w).**

Ride Descriptions

Please keep in mind that the pace may vary depending on the terrain.

Casual

For cyclist who want a relaxed experience, these rides maintain a pace of 8-10 mph. Routes with easy terrain are up to 25 miles. Rides with some hills are generally 15 miles or less. Re-grouping points are periodically designated.

10-12 MPH

For average adult riders, these rides maintain a pace of 10-12 miles. Terrain is usually moderate but can be hilly.

13-15 MPH

For faster riders, these rides maintain a pace of 13-15 mph for 35-65 miles over sometimes hilly terrain.

15-17 MPH

For experienced cyclists, these rides maintain a pace of 15-17 mph over varied terrain for 40-130 miles.

18 MPH

For the strongest and most experienced riders, a pace of 17-19 mph is maintained over varied terrain for 50-200 miles.

Tandem

Riding on a "bicycle built for two," with the CRABS (couples riding a bicycle simultaneously) over moderate terrain for 25-60 miles. There is not any specified pace, but groups of different paces usually form – regrouping at rest / food stops.

Many rides offer two or three

Howard County: Glenelg Tues/Thurs Evening Rides

Meet to ride with the cluster group, 26-mile circuit. This is a fast training ride but everybody is welcome.

Start: Glenelg High School, 14025 Burnt Woods Rd. I-70 W, Exit at Rt. 32 South, right turn on Burnt Woods Rd. (at traffic Signal). School on left 0.5 miles.

Time: Tues/Thurs evenings in April @5:45;

May through August @6 p.m.;

Sept. @ 5:45 p.m.;

Oct. @5:30 p.m.

Oct. 26 (Thurs before end of DST) - Last Glenelg evening ride of the Season

POC: Questions about the ride? Call Mark McKee: 410-455-0362(H)

Howard County: Wednesday Evening Rides

This is an all-pace ride: the group splits into smaller groups of different paces.

A short and a longer route will be available. Everyone at all paces is interested in improving their cycling, however this is a social cycling group and recreational in nature. The faster cyclists often turn around at the end of their ride to bike in with the slower groups. Most weeks we go out for food/drinks after the ride.

Start: Folly Quarter Middle School* Triadelphia Rd., Glenelg, MD
Meet at: 5:45 (5:15 DST)
every Wednesday

Ride out at: 6:00 (5:30 DST)

For more info, please contact Jen Browne, browne14540@comcast.net, 410-489-5804 - Or- Email

HoCoCyclists@yahoo.com.

Visit the website

www.groups.yahoo.com;

enter group: "HoCoCyclists"

2009 Ride Coordinators

Casual

Bob Carson 410-828-8604
casualrides@baltobikeclub.org

10-12 MPH

Charlotte Pappas 410-804-5500
casualrides@baltobikeclub.org

13-15 MPH

Gary Brandon
13-15rides@baltobikeclub.org

15-17 MPH

Judy broadwater 410-628-6297
15-17rides@baltobikeclub.org

18 MPH

Phil Feldman 410-744-8874
18rides@baltobikeclub.org

weekday

Renee Faison. 410-804-5500
weekdayrides@baltobikeclub.org

Tandem

Peggy & Tom Dymond 410-272-9139
crabs@baltobikeclub.org

Winter

Gloria Epstein 410-665-3012
winterrides@baltobikeclub.org

Terry Harrigan 410-549-1798
winterrides@baltobikeclub.org

BBC Talk:

Electronic Discussion Group

BBCTalk is an e-mail discussion group open (and free!) to BBC members and non-members alike. The list is used for posting information too late to make it into the newsletter, setting up informal group rides, offering items for sale, discussing bikes and bike gear, etc.

Once you subscribe, you may elect to automatically receive all of the posted messages by email, and you may post messages yourself. OR, if you don't want the BBCTalk messages to accumulate in your email queue, you may prefer to change your BBCTalk "preferences" and instead read the archived

BBCTalk messages at the yahoogroups site itself.

To join BBCTalk, send an email message to:
bbctalk-subscribe@yahoogroups.com.

Questions? Contact me at jgoldst@verizon.net
or 410-366-1466.

Don't miss out on this NO COST opportunity to keep informed about current topics of interest.



Baltimore Bicycling Club, Inc. Membership Application or Renewal

Address Change ☐

New Membership ☐

Renewal ☐

How do you want to receive the Newsletter? **By US Mail** ☐ **OR From the Internet** ☐

Are you interested in racing with **Team BBC?** **Yes** ☐ **No** ☐

Do you ride a **Tandem?** **Yes** ☐ **No** ☐

Date

Name (Must be 18 years of age or older)

Second Name (Family Membership Only)

Home Address (One per Membership)

Email Address (One per Membership)

City

State

Zip + 4

Home Phone

To function, the BBC is dependent on member volunteers. Check all activities that you are willing to help with:

Events ☐ **Lead Rides** ☐ **Advocacy** ☐ **Website** ☐ **Newsletter** ☐ **Socials** ☐

Membership Term is 12 or 24 months from when your application is processed.

Individual **One Year:** **\$25** ☐

Family **One Year:** **\$35** ☐

Individual **Two Years:** **\$45** ☐

Family **Two Years:** **\$65** ☐

Mail check payable to **Baltimore Bicycling Club** & application to: Baltimore Bicycling Club
P.O. Box 437

Membership Dues are subject to change.

Joppa, MD 21085-0437

Baltimore Bicycling Club
P.O. Box 437
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Need BBC Info?

*For BBC Members with questions or
problems concerning:*

Membership Ride Schedules Any Committees Any Function
Call: 410-792-8308 Email: hotline@baltobikeclub.org

For E-Newsletter Questions or Problems Email: enewsletter@baltobikeclub.org

For Membership or Newsletter Delivery Questions or Problems
Call: 410-538-8791 Email: membership@baltobikeclub.org

For Newsletter Content Issues or Advertising Submittals • Email: bbcnews@baltobikeclub.org

For Out of Bounds Column Submittals • Email: outofbounds@baltobikeclub.org