



# Baltimore Bicycling Club Newsletter

Volume 40 Number 4

July | August 2007

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- Adventure Cycling

**Baltimore Bicycling  
Club, Inc.**  
P.O. Box 5894  
Baltimore, MD 21282-5894.

To make sure you continue to get your Newsletter and membership renewal notices, please let us know if any of your membership information changes. You can do this by sending an e-mail to [update@baltobikeclub.org](mailto:update@baltobikeclub.org), or go on the Web site to the Member Update page (<http://www.baltobikeclub.org/index.pl/update>), complete the form, and submit it.

## **2007 Officers & Members-at-Large of the Board**

The BBC is governed by an Executive Board (consisting of a President, Vice President, Treasurer, Secretary, four members-at-large, and the Past President) which meets monthly to discuss club business. If you would like more information, please call the current BBC President. For a synopsis of the minutes, call the Secretary.

### **Officers**

Bob Carson, President  
410-828-8604  
president@baltobikeclub.org

Gene Bayer, Vice President  
410-636-0634  
vicepresident@baltobikeclub.org

Ed Cahill, Secretary  
410-465-1492  
secretary@baltobikeclub.org

Ken Philhower, Treasurer  
410-437-0309  
treasurer@baltobikeclub.org

Frank Anders, Past President  
410-628-4018  
pastpresident@baltobikeclub.org

### **Members-at-Large**

John Cole  
410-661-4427  
membersatlarge@baltobikeclub.org

Mary Ryan  
410-828-1015  
membersatlarge@baltobikeclub.org

Howard Rosenbaum  
410-653-2363  
membersatlarge@baltobikeclub.org

Russ Loy,  
410-628-6297  
membersatlarge@baltobikeclub.org

## 2007 Committees

Insurance .....	Howard Rosenbaum .....	410-653-2363
Government Relations .....	Bob Moore .....	410-435-6623
Instructional Programs .....	Howard Kaplon .....	410-484-6955
Club Items for Sales .....	Mitch Tobias .....	410-833-8137
Newsletter Editor .....	Maxine Mead .....	443-474-7076
1. Tandem Column .....	Peggy & Tom Dymond .....	410-272-9139
2. Team BBC Race Report ..	Scott Weiner .....	410-486-8921
Rides .....	Gene Bayer .....	443-850-0671
(see Rides section of newsletter for committee members)		
Cue Sheet Librarians .....	Gene Bayer .....	443-850-0671
.....	Larry Kenny .....	.....
Team BBC Representative ...	Paul Martin .....	410-685-7585
Safety Awareness Program ...	John Overstreet .....	.....
BBC Property .....	Frank Anders .....	410-628-4018
Web Site Webmasters .....	Janet Goldstein .....	410-366-1466
.....	Craig Martin .....	410-538-8791
Membership .....	Barb Park .....	410-823-4293
Giving .....	Russ Loy .....	410-628-6297
BBC Talk Administrator .....	Janet Goldstein .....	410-366-1466

### **League of American Bicyclists**

1612 K Street, NW, Suite 401

Washington, DC 20006

202-822-1333



## BBC SPECIAL EVENTS FOR 2007

Event information is subject to change. For current updates check the BBC website at [www.baltimorebicyclingclub.org](http://www.baltimorebicyclingclub.org) or call the event leader.

Jan 20, 2007	CRABS potluck	Peggy and Tom Dymond 410-272-9139
May 25 – 28, 2007	Kent County Spring Fling	Kathy and Frank Anders 410-628-4018
Jun 16, 2007	Flatlands Tour	Ken Philhower 410-437-0309
Jun 29 – Jul 1, 2007	Tour de Montes	Craig Martin 410-538-8791
Jul 8, 2007	BBC Picnic	Mary Ryan 410-828-1015
Aug 4, 2007	Corn Roast Rides	Gloria Epstein 410-665-3012
Sep 8, 2007	Civil War Century	Howard Rosenbaum 410-653-2363
Sep 28, 2007	Weekend in Lancaster	Carol and Walt Russell 410-665-0651 Jane and John Cole 410-661-4427

MORE EVENTS TO COME – CHECK FOLLOWING ISSUES

## FOR SALE BY BBC MEMBERS

Trek road bike, early 1980's. Reynolds 531 tubing, 19" frame size. Modified to have index shifting with bar-end levers. 21-speed. \$250.

Motobecane touring bike. Vitus tubing, 19" frame size, 18-speed, not indexed. \$150.

Call John at 410-692-5751 or email [jmcc@qis.net](mailto:jmcc@qis.net)

Italian racing frameset (NEW). DeBernardi, 51 cm with 53cc TT on center. Columbus 7005 AL frame with steel fork. Color: Pearl Yellow with red decals. \$310

Call Dave at 410-751-6476

## Grouseland customers are just plain spoiled!

When people buy a bike at Grouseland they get:

1. Bike assembled and tested by an **expert**,
2. Spend an average of **3 hours** having the bike fitted perfectly, including stem swapping,
3. Go for a **ride** to make sure that bike and customer are comfortable together
4. **Free adjustments** for life,
5. **Women** treated like bikers.

**And they get a discount!**

If this doesn't sound familiar come find out what being really spoiled feels like. **We carry Cannondale, Burley, Haro**

### **Discount Parts!**

Cranks, shifters, handlebars, brakes, stems, seat post, forks, derailleurs, chains, wheels, and lots more, new and used at a serious discount! Call to find out what we can do for you!



*And of course we still offer our fabulous tours!*

*Day or weekend  
Road or Mt. bike  
Bike and Kayak  
Pike 2 Bike  
Group or individual*

*Call 814 784 5000  
[www.grouseland.com](http://www.grouseland.com)*



# BBC ANNUAL PICNIC!

## SUNDAY JULY 8, 2007

### Piney Run Park

30 Martz Rd., Sykesville, MD

Rain or Shine

- Rides in the morning (check the ride schedule)
- Food served at 1:00 PM
- Relax and rent a canoe or paddleboat afterward!

New lower cost this year – only \$10 per adult!

But the cost of parking is NOT INCLUDED. Parking fee is \$6/car for Carroll County residents and \$8/car for all others.

Car pool and save money!

*There are several schools where you can park for free and bike a few miles to the ride start. Check the web page for details.*

For more information contact Mary Ryan,

410-828-1015, [picnic@baltobikeclub.org](mailto:picnic@baltobikeclub.org)

#### Directions to Piney Run Park:

**From I-695 via Liberty Rd:** Take Exit 18 West, Route 26. Go 14 miles (past Rt 32) turn Left onto White Rock Road. Go 1.8 miles, turn Left onto Martz Road. Go 0.7 miles to park entrance.

**From I-70:** Take exit 76, Route 97 north towards Westminster. Go 4.3 miles, turn Right on Obrecht Rd. Go 0.8 miles, turn Left on White Rock Rd. Go 0.7 miles, turn Right on Martz Rd. Go 0.7 miles to park entrance.

Detach and mail with your check

**Registration Form: Register by July 3, 2007! - Make Checks payable to BBC**

Cost: Adults - \$10 Children under 12 - \$5

Mail this form and your check to: Mary Ryan, 128 Warwick Drive. Lutherville, MD 21093

Name(s): \_\_\_\_\_ Phone: \_\_\_\_\_

Children's names/ages: \_\_\_\_\_

Vegetarian-only meals (how many): \_\_\_\_\_

# Pedal in Style!

## In Your Baltimore Bicycling Club Jersey



NOW you can have one of our popular BBC jerseys! These "cool" Louis Garneau shirts are short-sleeve and fabricated in Micro- Airdry fabric, include 15 in. invisible zipper and 3 back pockets. They are available in sizes for men and women. Just fill out the order form below.

Prices \$45.00 Men's Relaxed Fit and Women's Fit  
\$60.00 Men's Pro Fit

Sizing			
Men's		Women's	
XS	34		
S	36	S	32
M	38	M	34
L	40	L	36
XL	42	XL	38
XXL	44		
Men's Pro Fit or Men's Relaxed Fit		Women's Fit	

Questions?  
Then call Judy at  
410/628-6297

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Quantity: \_\_\_\_\_

Jersey (s) in size \_\_\_\_\_ and fit \_\_\_\_\_

+ Jersey (s) in size \_\_\_\_\_ and fit \_\_\_\_\_

Total Quantity \_\_\_\_\_ Enclosed Payment \$ \_\_\_\_\_

Include check for amount due payable to: **Baltimore Bicycling Club, Inc.**

Mail the completed  
BBC Jersey Order  
Form to:

BBC Jersey C/O Judy Broadwater  
122 Glenmoore Ave.  
Cockeysville, MD 21030-2421

SEVENTH ANNUAL

# Washington County Getaway

October 19, 20 & 21, 2007

Ride in Washington County, Maryland! Stunning mountain and dramatic valley views, beautiful rolling farm land, quaint stone bridges and historic towns of Smithsburg, Boonsboro, Williamsport, Keedysville and Sharpsburg await you! There is a choice of more than a dozen rides from 20 - 70 miles in length over varied terrain with wonderful rollers and low traffic. Rides each day will start at 9:30 a.m. from Washington Co. Regional Park\* in Hagerstown.

Weekend participants should make their own reservations for Friday and/or Saturday night. The Super 8 (301.739.5800), 1220 Dual Highway (US 40 coming into town) has reserved rooms for the BBC until Oct. 5 at \$57.88 + tax. There are numerous other nearby motels.

A welcoming party will be held Friday evening. And, Saturday evening there will be a group dinner at Al Pomodoro Ristorante, featuring a variety of Italian favorites at moderate prices ([www.alpomodoro.net](http://www.alpomodoro.net)).

Come join us one, two or all three days for great camaraderie and some of the best bike routes in the country!

\* Directions: I-70 West past Frederick to Exit 32B (Rt. 40 into Hagerstown) for about 1.3 mi., right on Edgewood Dr. at TL for about 0.3 mi., right on Mt. Aetna Rd. at TL for about 0.7 mi., then **watch for right** into park. Allow about 90 minutes driving time from the Baltimore area.

Information: 410-433-4162 or [rnburns1@verizon.net](mailto:rnburns1@verizon.net)

-----  
Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

(check)  need roommate  interested in carpooling

interested in Sat. group dinner

SEND: Registration slip and a check for \$15.00 (payable to BBC) to  
Rich Burns 5920 Northwood Dr. Baltimore, MD. 21212

[BBC waiver will be signed at ride start each day of event]

# OUT OF BOUNDS

Prepared by Judy A. Getz ([janneg@bcpl.net](mailto:janneg@bcpl.net))

The *Out of Bounds* column is in 2 sections. Local rides of interest will be listed first and separately to quickly give Club Riders information about fund raising rides and events that are in the immediate Baltimore Metropolitan Area.

Rides and events in other parts of Maryland and near-by states will be listed in the second section.

## *Local rides of interest*

### **August 2007**

Saturday, August 11, 2007 **Eat a Peach**. To raise funds for the Brain Injury Association. Start: Carroll County Agricultural Center [www.biamd.org](http://www.biamd.org) 410-448-2924

### **September 2007**

Saturday, September 15, 2007 **Maryland Wine Festival Asthma Ride** (Westminster) 3 routes: 8, 31, 62.5 miles: rolling hills, [www.marylandlung.org](http://www.marylandlung.org)

### **October 2007**

Sunday, October 21, 2007 **Tour du Port** Baltimore's biggest bike event tours through the city's historic waterfront neighborhoods. [www.onelesscar.org](http://www.onelesscar.org) or 410-235-3678

## *Other rides of interest (Maryland and surrounding states)*

### **July 2007**

Sunday, July 1, 2007: Delaware Double-Cross & Metric Century (23<sup>rd</sup> Annual) White Clay Bike Club 31 or 61 miles [www.whiteclaybicycleclub.org](http://www.whiteclaybicycleclub.org) or Ed McNulty 302-834-7429 or [doublecross@whiteclaybicycleclub.org](mailto:doublecross@whiteclaybicycleclub.org)

Thursday, July 12, 2007-Sunday, July 15, 2007: Cycle Across Maryland. 3 days of cycling on Maryland's scenic Eastern Shore. [www.onelesscar.org/410-235-3678](http://www.onelesscar.org/410-235-3678)

Friday, July 13-Sunday July 15, 2007: Shenandoah Valley Bicycling Weekend. Mt. Jackson, Virginia. Potomac Pedalers Touring Club. [www.bikeptc.org](http://www.bikeptc.org)

Saturday, July 14, 2007: Great Green America Fest Metric Century 15, 30, and 62 miles, Lancaster and Lebanon Counties, PA [www.greatgreenamericafest.com](http://www.greatgreenamericafest.com)

Saturday, July 23-Saturday, July 30, 2007 Pennsylvania Greenway Sojourn  
[www.railstotrails.org/wherework/northeast/index.html](http://www.railstotrails.org/wherework/northeast/index.html) 717-238-1717

Friday, July 27-Sunday, July 29, 2007: Battle of North Valley's Hills, Strasburg, VA. 30, 60, 100 mile road rides, MTB rides, guided walking tours and hikes will carry you on a journey through history and focus on some of the Civil War's most famous battles... such as [Fisher's Hill](#), [Tom's Brook](#), [New Market](#), [Cedar Creek](#), and [Hupp's Hill](#). Benefits One Step Closer, which helps modify homes for families with special needs. More information and register at <http://www.bfpd.com/pages/forba>

## **August 2007**

Friday, August 17-Sunday, August 19, 2007 Allenberry Resort Bicycling Weekend. Boiling Springs, Pennsylvania. Three days of scenic riding and relaxing around the pool. Also, enjoy the show - The Full Monty. \$269 per person, [www.bikeppte.org](http://www.bikeppte.org)

Saturday, August 18, 2007 Clear Spring, MD. Cumberland Valley Century. Sponsored by Cumberland Valley Cycling Club [http://www.bikecvcc.com/cvcc\\_century.html](http://www.bikecvcc.com/cvcc_century.html)

Saturday, August 25, 2007 White Clay Bicycle Club Shore Fire Century. Middletown, DE. 3 routes: 35, 65, 100 miles [www.whiteclaybicycleclub.org/shorefire.html](http://www.whiteclaybicycleclub.org/shorefire.html) or SASE to WCBC c/o Mary Matsumoto, 205 LaSalle Way, Newark, DE, 19711 or call 302-731-1430. Email: [shorefire@whiteclaybicycleclub.org](mailto:shorefire@whiteclaybicycleclub.org)

Sunday, August 26, 2007 Blue Ridge Extreme (Challenge Century) Afton, VA “breathtaking views and demanding terrain” [www.blueridgeextreme.com](http://www.blueridgeextreme.com)

## **September 2007**

September, 2007 Cycling trip to Croatia. Harford Ski Club [www.harfordskiclub.org](http://www.harfordskiclub.org)  
[rswinder@comcast.net](mailto:rswinder@comcast.net)

Sunday, September 2, 2007 Brandywine Tour (31<sup>st</sup> annual). Delaware Valley Bicycle Club. <http://dvbc.org> 26, 50, 65, 80, and 100 miles on rolling to hilly terrain of Brandywine River Valley where Revolutionary War troops marched and fought.

Monday, September 3, 2007 Hanover Cyclers 29<sup>th</sup> Annual Labor Day century. 4 routes: 25, 50, 65, 100 miles [www.hanovercyclers.org](http://www.hanovercyclers.org)

Saturday, September 8, 2007 Wicomico County Heritage Ride (13<sup>th</sup> Annual) \$35/40  
[www.pembertonpark.org](http://www.pembertonpark.org)

Saturday, September 8, 2007: Scenic Schuylkill Century. 11<sup>th</sup> Annual. 4 routes. Free booties for PRE-registered riders. Details at [www.phillybikeclub.org](http://www.phillybikeclub.org)

Sunday, September 9, 2007: Ride Philly Bicycle Coalition of Philadelphia. New event. Two hours of car-free ride through historic neighborhoods of Philadelphia. Family friendly. Loops of 9 to 50 miles Details at [www.bikephilly2007.com](http://www.bikephilly2007.com)

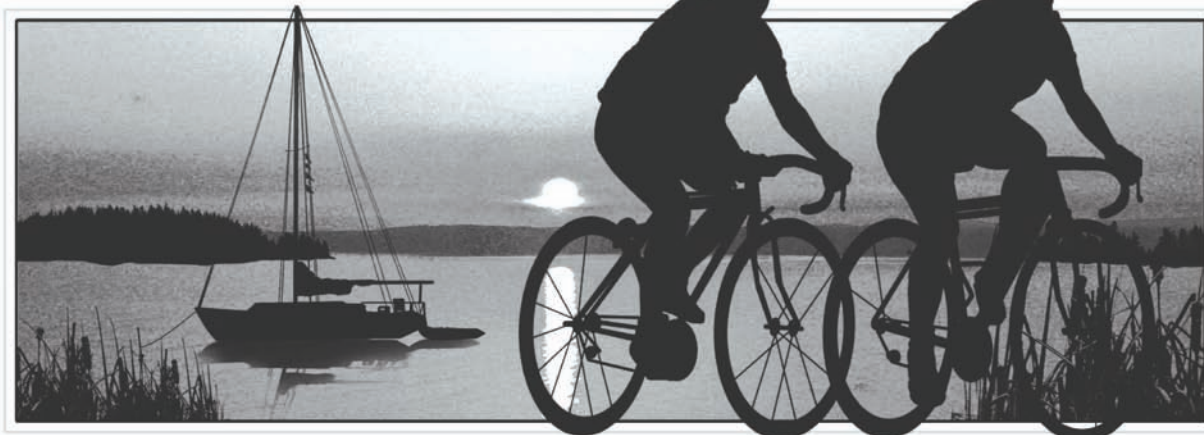
Sunday, September 16, 2007 Historic Back Roads Century, Berryville, Virginia. Gently rolling in the scenic Shenandoah Valley of Virginia and West Virginia, the PPTC Historic Back Roads Century starts and ends at Clarke County High School in Berryville, Virginia. Famous for our well marked route, tomato sandwiches and historic rest stops including the Burwell-Morgan Mill, you can be sure to enjoy the day. [http://bikepptic.org/PPTC\\_Century](http://bikepptic.org/PPTC_Century)

Sunday, September 16, 2007 Three Creek Century. Carlisle, PA. Harrisburg Bicycle Club. Four ride options and homemade soup! [www.harrisburgbicycleclub.org](http://www.harrisburgbicycleclub.org) or [http://www.active.com/event\\_detail.cfm?event\\_id=1417469](http://www.active.com/event_detail.cfm?event_id=1417469)

Sunday, September 30, 2007: Pumpkin Patch Pedal Staten Island Bicycling Association. Thompson Park, Jamesburg, NJ 4 routes through rolling farmlands of central New Jersey. [www.sibike.org](http://www.sibike.org) or SIBA, 29 Cornell Ave., Staten Island, New York 10310

### **October 2007**

Friday, October 19 – Sunday October 21, 2007 Annual Fall Foliage Weekend in scenic, historic Hanover/Gettysburg, PA. [www.phillybikeclub.org](http://www.phillybikeclub.org) or Linda McGrane 267-251-7862 or [mcgranel@mlhs.org](mailto:mcgranel@mlhs.org)



# CYCLE ACROSS MARYLAND

J U L Y 1 2 - 1 5 t h 2 0 0 7

## Maryland's Best Bicycle Tour

19<sup>th</sup> Annual Cycle Across Maryland

July 12 –15, 2007

University of Maryland Eastern Shore in Princess Anne

15-, 30-, 60-mile & century rides to Crisfield, Snow Hill, Nassawango Furnace, Trappe Pond State park and other scenic Eastern Shore locations

Nature tours by Delmarva Low Impact Tourism Experiences

Register at [www.onelesscar.org](http://www.onelesscar.org) or call for a paper registration

More information: (410)235-3678 or [info@onelesscar.org](mailto:info@onelesscar.org)

Cycle Across Maryland partners:



 [baltimoresun.com](http://baltimoresun.com)  
[baltimore.metromix.com](http://baltimore.metromix.com)



# Baltimore Bicycling Club, Inc.

## Presents on Sept. 8, 2007

### The Seventh Annual

# Civil War Century

**Please Print Clearly**

_____		_____		
Last Name		First Name		E-Mail Address
_____		_____	_____	_____
Home Address		State	Zip + 4	Phone Number
_____		_____		
Emergency Contact - Name		Emergency Contact - Phone Number		

I plan to ride, miles [**Check One**]:      **105** [ ]      **77** [ ]      **63** [ ]      **51** [ ]      **26** [ ]

LONG SLEEVE T-SHIRTS [**Enter Quantity**] @ \$20 each for Small to Extra-Large, \$22 for XXL:

**S** [ ]      **M** [ ]      **L** [ ]      **XL** [ ]      **XXL** [ ]

No T- Shirt orders accepted after August 27<sup>th</sup>

**T-Shirt Order = \$** \_\_\_\_\_

ENTRY FEE: **\$20** BBC Member - **\$25** Non-member - **\$30** After August 27<sup>th</sup>

**Entry Fee = \$** \_\_\_\_\_

Make check payable to **Baltimore Bicycling Club**

**TOTAL PAYMENT = \$** \_\_\_\_\_

#### ASSUMPTION OF RISK

I am aware of the risks of bicycling and of participating in the Civil War Century. I voluntarily assume such risks for myself, my personal representatives, assigns, heirs, and next of kin. I release the Baltimore Bicycling Club and its officers, volunteers, staff, and agents from any liability arising from this event and my participation in this event. If the registrant is under 18 years of age, as parent or guardian, I release the Baltimore Bicycling Club and its respective officers, volunteers, staff, and agents from liability for that minor.

I understand that each participant is required to wear an approved bicycle helmet while bicycling.

_____	_____
Signature of Participant	Date
_____	_____
Signature of Parent or Guardian if participant is under 18	Date

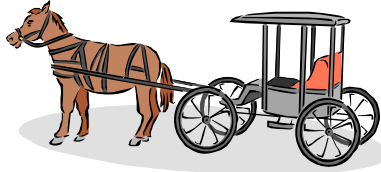
Mail check and completed application to:

**BBC / CWC07**  
**P.O. Box 498**  
**Riderwood, MD 21139-0498**

**Helmets Are Required On All Baltimore Bicycling Club Rides**

# Weekend in Lancaster

September 28<sup>th</sup>, 29<sup>th</sup> & 30<sup>th</sup>, 2007



Join us for a fun fall weekend in Pennsylvania Dutch country. All cyclists are welcome.  
Last year, we had singles, tandems - and one triple!

Here's what is included:

Three days of cycling the scenic, rolling roads of the Amish heartland, with rides ranging from 16 to 61 miles.

Lodging on Friday and Saturday nights at the Mill Stream Country Inn. All rooms have two queen beds and cable TV. An indoor storage room for bikes is provided.

Wine, cheese and dessert parties in the Mill Stream's hospitality room on Friday and Saturday evenings.

Deluxe continental breakfast on Saturday and Sunday at the Mill Stream Country Inn.  
Buffet dinner on Saturday at the Bird-in-Hand Restaurant. (Friday dinner is on your own.)

Complimentary rooms for showering on Sunday

**Each attendee must provide an application and signed release.**

Name \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

e-mail \_\_\_\_\_

\_\_\_\_\_

Roommate \_\_\_\_\_

(Please provide roommate info and payment at the same time.)

Emergency Contact Name

Emergency Contact Phone

BBC member p.p. for complete weekend - \$185.00 (Double Occupancy)

BBC member p.p. for complete weekend - \$295.00 (Single Occupancy)

Non-member p.p. for complete weekend - \$205.00 (Double Occupancy)

Non-member p.p. for complete weekend - \$315.00 (Single Occupancy)

\$ \_\_\_\_\_

Please Make check payable to BBC.

**APPLICATION DEADLINE IS SEPTEMBER 1, 2007**

(Refund minus \$20 until September 1<sup>st</sup>. No refund after September 1<sup>st</sup>.)

Mail applications, signed release forms and check(s) to:

BBC Weekend in Lancaster

9100 Orbitan Road

Baltimore, MD 21234

Questions: [jicole01@comcast.net](mailto:jicole01@comcast.net) or call:

John or Jane Cole (410)661-4427

Walt or Carol Russell (410) 665-0651

## CASUAL RIDES

### First things first:

### Thank you Mary Ryan for leading 5 Casual Rides for July/August!

A full schedule of Casual Rides has been offered by your fellow club members for the months of July and August. These will enable anyone who wants to get ready for the 25-mile loop of the *September 8 Civil War Century* event in Thurmont to find training partners. As mentioned in the May-June article, the 25-mile ride includes 2 covered bridges, fantastic scenery, and only a few hills. This ride is not to be missed. It is one of the prettiest rides on the East Coast!

I am inviting BBC members who want to be "day-of" Civil War Century volunteers to join me for a *group ride of the 25 mile loop* at 9:00 a.m. on September 7. Volunteers will be needed early (6:00-8:30) to help with parking/registration/check-in as well as later (11:00-6:00) to help with food/logistics/clean-up. **Signing up to be a volunteer** is easy (**and free**) via the active.com registration process. Or contact Howard Rosenbaum, event director: herosenbaum@comcast.net

Here are some Casual Rides during July and August to use to train for the 25 mile CWC route:

- Sunday, July 1 Manor Shopping Center (16 miles)
- Saturday, July 14 Anneslie Shopping Center (17 miles)
- Saturday, July 28 Carroll Manor Elementary School (10/16 miles)
- Saturday, August 3 Union Mills Homestead Corn Roast Ride (12/18 miles)
- Saturday, August 18 Sparks Elementary School (approx. 15)
- Sunday, August 26 Manor Shopping Center (16 miles)

See details (time, driving directions, leader names, etc.) about each ride in the Casual Schedule.

Contact Judy Getz [janneg@bcpl.net](mailto:janneg@bcpl.net) or 410-254-1306 if you have questions or want more information about either the Casual Rides or the Civil War Century.

***Get involved and smile for the rest of the weekend!!***

# BICYCLE HELMETS MUST BE WORN AT ALL BBC RIDES & EVENTS

## BALTIMORE BICYCLING CLUB, INC. ("BBC")

### RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AND PARENTAL CONSENT AGREEMENT ("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in the BBC sponsored Bicycling Activity ("Activity") listed below, I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such "Activity". I further acknowledge that the "Activity" will be conducted over public roads and facilities open to the public during the "Activity" and upon which the hazards of travelling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the "Activity".

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these "Risks" and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the "Activity", the condition in which the "Activity" takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH "RISKS" AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the "Activity".

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the BBC, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the "Activity" takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the "Releasees", I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE "RELEASEES" from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Name Of Activity: \_\_\_\_\_

\_\_\_\_\_  
Participant's Signature (only if age 18 or over)                      Participant's Printed Name                      Date

\_\_\_\_\_  
Street Address                      City                      State                      Zip                      Phone

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF BICYCLING "ACTIVITIES" AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED TO PARTICIPATE IN SUCH "ACTIVITY". I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE "RELEASEES" FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE "RELEASEES" NAMED ABOVE, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

\_\_\_\_\_  
Parent/Guardian Signature (if participant under age 18)                      Parent/Guardian Printed Name                      Date

\_\_\_\_\_  
Street Address                      City                      State                      Zip                      Phone

## BBC Ride Schedule for July-August 2007

[Note: Please check [cuesheetcentral.com](http://cuesheetcentral.com) for any days missing an 18MPH ride]

### Sunday - July 1

CASUAL - 9:30 a.m. - 16 mi - Barb Park/ Gloria Epstein (Barb 410-823-4293. Gloria 410-665-3012, [Carglo@verizon.net](mailto:Carglo@verizon.net)/ [Barbpark@bcpl.net](mailto:Barbpark@bcpl.net))

START: MSC Manor Shopping Center

Short but beautiful ride over country roads. Rolling terrain. Rest/snack stop at a convenience store.

Leaders will be at Bagelmeister at 8:30 a.m. enjoying coffee and bagels.

10/12MPH - 9:30am - 38 mi. - Bob Seay & Manny Steinberg (410/242-6929 & 410/655-8242)

START: DVP Davidsonville P&R

Ride to Galesville w/ options for lunch. The route direction will be reversed from the usual clockwise route. It is still downhill going & uphill coming back.

13/15 MPH - 9:30 a.m. - 40 mi. - Cartan B. Kraft ((410) 235-2906, [cbkraft@verizon.net](mailto:cbkraft@verizon.net))

START: SHS - Southern High School

Harwood to Happy Harbor. It's a 39.9 mile ride with a 33 mile option. A rest stop is at a 7/11 at the 23.7 mile mark.

15/17 MPH - 9am - 61/50/46/37mi - Judy Broadwater & Russ Loy (410/628-6297, [jbroadwater@erols.com](mailto:jbroadwater@erols.com))

START: SPK - Sparks E. S.

Ride to Rocks. Moderately hilly. Lunch stop at mile 33. Several ride options available.

### Tuesday - July 3

10/12 MPH - 9 am - 24+ mi - Charlotte Pappas (410/385-1457, [cpappas@umm.edu](mailto:cpappas@umm.edu))

START: GLN - Glenelg H.S.

We'll do one of the great loops out there, rolling with hills. Bring drinks and snacks.

15/17 MPH - 9:30 am - 50 ish mi - John Harris ((410) 870-0867, [johnharris2100@comcast.net](mailto:johnharris2100@comcast.net))

START: ORR - Oregon Ridge Park

Yes, another new weekday ride leader!!! Come out and support John. This is a new ride that John put together. Take off from work and ride with John and gang.

### Wednesday - July 4

10/12 MPH - 9am - 26 mi - Gloria Epstein (410/665-3012, [carlglo@verizon.net](mailto:carlglo@verizon.net))

START: SJE - St. John's Episcopal Church, Butler, Piney Grove & Belmont Rds. @ 3738 Butler Rd., Glyndon, Md. 21071 (contact leader for directions)

Beautiful ride to Hampstead for lunch.

13/15 MPH - 9:30 a.m. - 34 mi. - Rich Burns ((410) 433-4162, [rnburns1@verizon.net](mailto:rnburns1@verizon.net))

START: FIF - Fifth District Elementary School

Loop to Westminster on seldom biked roads with lunch/snack stop options.

## Thursday - July 5

**15/17 MPH** - 10:30 am - 60 miles - Lukasz Szyrner ((443) 226-0304, szyrner@comcast.net)

**START:** DSP - Dulaney Spring Park

Yes, Lukasz is back. This time he wants more miles. Come out and ride. Lukasz is in GREAT form!!

## Saturday - July 7

**CASUAL** - 10 a.m. - 28 miles - Pam Ellis (410/526-6535)

**START:** NCM Northern Central Trail at Monkton

Trail ride to New Freedom for lunch/snack. Restaurant to be chosen by the group. Directions: I-695 to Exit 24 I-83 North to Exit 27. Bear Right on Mt. Carmel Rd. Right at traffic light on York Rd. Go one block, then Left on Monkton Rd. Go 3 mi., then park along Mt. Carmel Rd. Meet in the parking lot at Monkton Station.

**10/12 MPH** - 9 am - 28 mi - Charlotte Pappas (410/385-1457, cpappas@umm.edu)

**START:** SPK - Sparks E.S.

Moderately hilly ride; shorter options available. Rest stop at NCR trail or LaCucina.

**10/12 MPH** - 9 am - 26+/- mi - Paul Coleianne (410/779-3814 or 410/812-5273 (cell, morning of ride), pcoleianne@baltimoredevelopment.com)

**START:** Park & Ride at end of US-70, just inside Baltimore City line.

From the Park & Ride at the foot of I-70, a trail ride along the beautiful Gwynns Falls trail to the Patapsco River at Hanover Street Bridge.

**13/15 MPH** - 9:30 a.m. - 49 mi. - Rich Burns ((410) 433-4162, rnburns@verizon.net)

**START:** WES - Westminster Elementary School

Rolling to moderately hilly ride through Carroll, York and Adams counties with lunch/snack stop at Hillcrest or other.

**15/17 MPH** - 8:30am - 101mi - Janet Goldstein (410/366-1466, jgoldst@verizon.net)

**START:** WES - Westminster E. S.

Blue Ridge Summit Century. Scenic club classic that starts mellow and gets hilly. Every single time, I say "Never again," but I just can't help myself.

**18 MPH** - 09 am - 90 mi - Phil Feldman (410.744.8874, pfeldman@comcast.net)

**START:** SDY - Sandymount Park

Ride to East Berlin - aka Bruni Memorial Ride. A beautiful ride into southern PA, with some tasty lunch options. I'll be handing out flower packets at the start for folks to scatter along the ride.

**TANDEM** - 10 am - 38.5 Miles mi - John & Jane Cole (410/661-4427 (Home) 410-812-4973 (Cell). , jicole01@comcast.net)

**START:** Perryville P&R (PVP)

I-95N from Baltimore to Exit 93 Perryville (across Susquehanna River toll bridge), R on Rt 222 then Right into Park & Ride. Walt & Carol's Ride to Nottingham. Moderately hilly ride from Perryville to Nottingham (PA, not England), including some great views of the Susquehanna River. Lunch after the ride.

## **Sunday - July 8**

**ALL** - 8am - All mi - Mary Ryan (443/676-0891, Meryan@comcast.net)

**START:** Piney Run Park, Carroll County

COME JOIN YOUR FELLOW BBC MEMBERS AT THE CLUB PICNIC. See picnic page for more information. Work up an appetite for the annual club picnic. Rides and start times follow:

**CASUAL** - 10am - 10 mi. - Mary Ryan (443/676-0891, meryan@comcast.net)

**START:** Piney Run Park

Somewhat hilly, not for children.

**10/12 MPH** - 9:45 am - 25-30 mi - Georgia Glashauser (410/857-3262, georgia2006@yahoo.com)

**START:** Piney Run Park, Sykesville

Picnic ride.

**13/15 MPH** - 8 a.m. - 43 mi. - Mary & Barry Menne ((410) 795-6571)

**START:** Piney Run Park

This is the 13/15 ride for the club picnic. NOTE the early start time! Moderately hilly ride - Beautiful roads not normally on our 13/15 rides. Option to extend to 49 miles. 43 mile route has no rest stop - bring two water bottles and snack. For further details on the Picnic see the Newsletter.

**15/17 MPH** - 9am - 52mi - Jennifer Carey (301/693-6082, climber5112004@gmail.com)

**START:** Piney Run Park

Club Picnic

**18 MPH** - 09 am - 53 mi - Kevin & Renee Faison ((410) 356-7088)

**START:** BBC Picnic

Picnic ride from Piney Run Park

## **Tuesday - July 10**

**15/17 MPH** - 9:30 am - 60 miles - Steve Zeldin ((410) 828-5553, SZeldin@comcast.net)

**START:** ORR - Oregon Ridge Park

Rolling ride with hills to Rocks State Park. Snack Stop in Jarrettsville. Come join the fun!

## **Thursday - July 12**

**15/17 MPH** - 10:30 am - 60 miles - Lukasz Szyrner ((443) 226-0304, szyrner@comcast.net)

**START:** DSP - Dulaney Spring Park

Rolling to hilly ride!! Don't miss this one!!

## **Saturday - July 14**

**CASUAL** - 9 a.m. - 17 miles - Jane & John Cole (410/661-4427; day of cell phone: 410/236-2612)

**START:** Anneslie Shopping Center on York Rd.

A revival of an old Club favorite developed by Virginia Phelan: The Gardens tour. Visit Cylburn Park, the Conservatory at Druid Hill Park, and Sherwood Gardens. Only a few hills to climb. Directions from I-695, go south on York Rd. approximately 4 miles to Anneslie Shopping Center on the Left. Park in the adjacent Drumcastle Center lot. Bring a snack.

**10/12 MPH** - 9am - 31 mi - Gene Marrow (301/854-2885)

**START:** GLN - Glenelg H.S.

Two-county Ride. Rolling ride with some hills. Snack/ rest stop at High's.

**15/17 MPH** - 8:30 am - 63 mi - Gene Young (410/828-1137)

**START:** SPK - Sparks E.S.

Gene's classic Sparks to Hampstead to Madonna Ride. Rest stops in Hampstead at 20 mi. and at Cucina's at 40 mi. approx.

**18 MPH** - 08:30 am - 70 mi - Geoff Silberman (443 668 4737, geoff.silberman@gmail.com)

**START:** MMS - Monocacy Middle School

Gratuitously Hilly. Five or six of the following quad-searing ascents: Hamburg, Fishers Hollow, Coxey, Harp, Lamb's Knoll, Shookstown, Zittlestown, Middlepoint, Wistman, Highland School, Crow Rock. King of the Mountains gets a warm Yuengling when we get back to the cars. First person to fall over for lack of sufficient forward momentum gets two warm Yuenglings. Rest stop in Wolfsville. No go in rain. If forecast doubtful, contact ride leader.

## **Sunday - July 15**

**CASUAL** - 9 a.m. - 18 - 23 miles - Judy Getz (410/254-1306)

**START:** SPH Sparrows Point High School.

FLAT RIDE: First, we will practice changing flat tires in the parking lot. Then we will have a Flat ride with views of the bay on the North Point Peninsula.

**10/12 MPH** - 9:30 am - 32 mi - Manny Steinberg & Bob Seay (410/655-8242 & 410/242-6929)

**START:** DVES - Davidsonville E.S. I-695 to I-97 to MD 50 west, about 5 mi. to exit #16 Davidsonville Rd. (MD 424). Left @ MD 424 south. Go about 4.5 mi. to bear right just before traffic signal (Davidsonville Store @ corner) MD 214-no street sign-but this is Central Ave. Go 3/4 mi. to E.S. on right.

From Davidsonville Elem. School 32 miles to Deale. Some rolling terrain.

**10/12 MPH** - 9:30 am - 35 mi - George Cordutsky (410/882-2788, gcordutsky@msn.com)

**START:** PRP - Providence Park & Ride.

Hilly ride with snack stop.

**10/12 MPH** - 9:30 am - 30-35 mi - Mike Gesuele (410/965-5379 work; 410-274-8253 cell , mike.gesuele@ssa.gov)

**START:** SOC - South Carroll H.S.

This ride is similar to the 25 mile BBC picnic ride with a hill or 2 more and a few more miles. Rest Stop at High's if needed.

**13/15 & 15/17 MPH** - 8 a.m. - 30 mi. - Bob Morgan ((410) 218-0709, bobaems@comcast.net)

**START:** NWT - New Town Village Center

New Town to Sykesville. This is a combined 13/15 and 15/17 ride. Moderately hilly.

## **Tuesday - July 17**

**15/17 MPH** - 9:30 am - 50 ish mi - John Harris ((410) 870-0867, johnharris2100@comcast.net)

**START:** ORR - Oregon Ridge Park

Rolling to hilly ride. If you liked last week's ride, you will love this ride.

## **Wednesday - July 18**

**15/17 MPH** - 10 am - 30 ish miles - Katie Gore-Trail ((410) 262-2818, KTGoremthb@comcast.net)

**START:** ORR - Oregon Ridge Park

Best ride ever!!! Take off from work, join the gang!!

## **Thursday - July 19**

**15/17 MPH** - 10:30am - 60 miles - Lukasz Szyrner ((443) 226-0304, szyrner@comcast.net)

**START:** DSP - Dulaney Spring Park

Lukasz loves those long rides!!! So....that's how he is keeping his form.

## **Saturday - July 21**

**CASUAL** - 9:30 a.m. - 12/18 mi - Mary Ryan and Joan Grindell (443/676-0891, meryan@comcast.net)

**START:** : ELK Old Elkridge MARC Train Lot

Flat to gently rolling ride through Patapsco State Park (paved trail). Call Mary if you need directions to the ride start.

**10/12 MPH** - 10 am - 25-30 mi - Charlotte Pappas (410/385-1457, cell 410/804-5500, cpappas@umm.edu)

**START:** ELK - Old Elkridge MARC Station

Mostly rolling road/paved trail ride to Brewsters Ice Cream.

**13/15MPH** - 9 a.m. - 50 miles - Bruce Galanter (410/517-1056 cell 410-241-7089 home, mbgalant@comcast.net)

**START:** ORR - Oregon Ridge Park

Typical Baltimore county ride with lunch/rest stop

**13/15 & 15/17 MPH** - 8 a.m. - 61 mi. - Bob Morgan ((410) 218-0709, bobaems@comcast.net)

**START:** SDY - Sandymount Park

Sandymount Park to Silver Run. This is Bill Gary's 61 mile ride which he noted at about 4300 feet of climbing.

## **Sunday - July 22**

**CASUAL** - 9 a.m. - 22 mi - Ken Philhower (410/437-0309, kenphilhower1315@cablespeed.com)

**START:** CHS - Chesapeake H.S. 4798 Mountain Rd.

Directions to ride start in Pasadena: I-695 to Exit 2; follow Rt 10 south to RT 100 east. Continue straight on RT 100 through 2 traffic lights to the end, then merge onto RT 177 east (Mountain Road). Continue 3mi. to H.S. on left. School is directly behind football stadium. Explore several waterfront communities in the Pasadena area. A flat, easy ride with some great views of the Chesapeake Bay. Route includes 3 miles of paved bike paths through Downs Park. Optional lunch after the ride.

**10/12 MPH** - 9 am - 28 mi - Gloria Epstein (410/665-3012, carglo@verizon.net)

**START:** SPK - Sparks E.S.

Scenic, moderately hilly, low traffic roads w/ stop @ Mia Cucina (formerly Twin Oaks)

**13/15 MPH** - 8:30 a.m. - 47 mi. - Mary & Barry Menne ((410) 795-6571)

**START:** AHS - Atholton High School

I-695 to Exit 16, I-70 West, to Exit 87, Rt. 29 South; go to Exit 17 (Seneca/Shaker Dr.), right at SS, then left at SS onto Martin Rd., then right on Freetown Rd., school on left in 1/4 mile. Ron Martorana's tour of Howard & Montgomery Counties; moderately hilly, but plenty of shade for a hot day; lunch/snack stop at convenience store.

**15/17 MPH** - 9am - 69mi - Janet Goldstein (410/366-1466, jgoldst@verizon.net)

**START:** SOC - South Carroll H. S.

Winding the Fields from Winfield to Emmitsburg. 69 miles, moderately hilly. Perhaps this time won't involve rain AND a flat.

### **Tuesday - July 24**

**15/17 MPH** - 9:30 am - 60 miles - Steve Zeldin ((410) 828-5553, SZeldin@comcast.net)

**START:** ORR - Oregon Ridge Park

Hilly ride to Finksburg. Good chance for a stop at Simmons Ice Cream.

### **Wednesday - July 25**

**15/17 MPH** - 10 am - 30 ish miles - Katie Gore-Trail ((410) 262-2818, KTGoremtb@comcast.net)

**START:** WRP - Western Run P & R

Rolling ride with hills. No rest stop on this ride!

### **Thursday - July 26**

**15/17 MPH** - 10:30 am - 60 miles - Lukasz Szyrner ((443) 622-5862, szyrner@comcast.net)

**START:** DSP - Dulaney Spring Park

Rolling to hilly ride!

### **Saturday - July 28**

**CASUAL** - 9 a.m. - 10/ 15 mi - Judy Getz (410/254-1306)

**START:** CMP Carroll Manor Park

THRILLS AND SKILLS OF HILLS Tips and strategies for cycling hills. Opportunity to briefly practice on traffic free residential streets before doing our ride.

**10/12 MPH** - 10 am - 33/27 mi - Scott Zelazny (410/525-2591, scott\_z@myrealbox.com)

**START:** MSM - Marley Station Mall

Ride to the Beach. Come bike along the B & A Trail (and other roads), to a beach on the bay in Sandy Point State Park. Be prepared to go for a swim if the weather turns hot and you really want to cool off on the middle of the ride. See great views of the Bay Bridge. Easy for a 33 mile ride! Enough stops for drinks even if it is a really hot day. Anyone who wants to do the shorter 27 mile version of this ride should meet us at Earleigh Heights Ranger station (along the trail, not ride start EHP) about 20-45 minutes after the ride start.

**13/15 MPH** - 8:30 am - 55.9 mi. - Gene Bayer (443/850-0671, GeneBikerDude@comcast.net)

**START:** ELK – Elkridge MARC Station

ATTN: The directions at the Ride Start Locations page are inaccurate. Take 695 (SW section) to 95 south; 2 mi. to X-47, 195 south; 1.2 mi. to exit and R on Washington Blvd; 0.4 mi. to L at light on Levering Ave.; half block to R at T on Main St.; half block to L on Railroad Ave; 1st right into parking lot (easy to miss). Flat to rolling ride on great road surfaces to Davidsonville area. Food choices at 30 miles.

**15/17 MPH** - 8:30am - 49mi - Ed Hopkins (410/491- 5191, ed.hopkins@verizon.net)

**START:** RUN - Runneymede E.S.

Tour of Thurmont Lite. A classic Carol and Walt Russell ride to Thurmont. Lunch stop at mile 24.

**18 MPH** - 08:30 am - 70 mi - Geoff Silberman (443 668 4737, geoff.silberman@gmail.com)

**START:** MMS - Monocacy Middle School

Gratuitously Hilly, Part Duh. Whatever is left over from our June 23 ride, including warm beers. No go in rain. If forecast doubtful, contact ride leader or just sleep in.

### **Sunday - July 29**

**CASUAL** - 9 a.m. - 17 mi - Mary Ryan and Becky Smith (443/676-0891, meryan@comcast.net)

**START:** DOA

Mostly flat ride on BWI Trail ride and area roads.

**10/12 MPH** - 10am - 15 or 21 mi - Gordon Peltz (410/256-1421, peltzlaw@aol.com)

**START:** MSC Jacksonville Manor Shopping Center

Fairly hilly. Bagels before or after, optional.

**10/12 MPH** - 9:30 am - 27 mi - Howard Kaplon (410/484-6955, hkaplon@towson.edu)

**START:** GSS - Greenspring Station

27 mile ride to Friendly's for ice cream.

**13/15 MPH** - 9 a.m. - 60 mi. - Doug Leoncavallo ((410) 362-0286, daleoncavallo@yahoo.com)

**START:** GSS - Greenspring Station

Jeb's "Jewels of the Greenspring Valley" ride. Hilly, but as beautiful as it is challenging.

**15/17 MPH** - 9am - 53/60 mi - Judy Broadwater & Russ Loy (410/628-6297, jbbroadwater@erols.com)

**START:** HVE - Hunt Valley II.

Hunt Valley, Mellow. Moderately hilly ride to Madonna and Hess. Lunch stop at mile 29.

### **Tuesday - July 31**

**15/17 MPH** - 9:30 am - 55 miles - Steve Zeldin ((410) 828-5553, SZeldin@comcast.net)

**START:** ORR - Oregon Ridge Park

Giro d'Italia - we trace the map of Italy on the roads of Baltimore County in 3 stages. Now, I ask you, how creative is that?? I will be riding my Italian bike for this ride!!

### **Wednesday - August 1**

**15/17 AM MPH** - 9:30 am - 45 +/- mi - Bob Rohlfing ((410) 665-5740, robbwr@yahoo.com)

**START:** ORR - Oregon Ridge Park

School is out for Summer. Come join Bob and gang on this lovely ride!! One of Bob's favorite!

## **Thursday - August 2**

**15/17 MPH** - 10:30 am - 60 miles - Lukasz Szyrner ((443) 226-0304, szyrner@comcast.net)

**START:** PRP - Providence Rd Park & Ride

Rolling to hilly ride

## **Saturday - August 4**

**ALL** - 8 a.m. - All mi - Gloria Epstein (410/665-3012, Winterrides@baltobikeclub.org)

**START:** Union Mills Homestead

ANNUAL "CORN ROAST" CLUB RIDE AT UNION MILLS! **START:** Union Mills Homestead - I-695 to exit 19; follow I-795 N. to Rt. 140 N. to Westminster; then Rt. 97 N. for 7 mi. The Homestead is on the right. Parking is on the field past the buildings on right. Terrain can be hilly. After the ride enjoy an old-fashioned corn roast in an historic setting with a working grain mill and local artists. Buy a chicken lunch with all you can eat corn on the cob for approx. \$11. Check for the tables "reserved" for the BBC. Cue sheets and sign-in sheets will be on table near parking field from 7:45 a.m. to 9:30 a.m. Meet your ride leader at the table. More information: Gloria Epstein 410-665-3012 or [carlglo@verizon.net](mailto:carlglo@verizon.net). Rides and start times follow:

**CASUAL** - 9:30 a.m. - 12/18 miles - Judy Getz (410/254-1306)

**START:** Union Mills Homestead

Corn Roast ride. Nice ride in the countryside. Only a few hills. Ride leader will give hill riding tips. Route ends with gentle multi-mile downhill! Fun!

**10/12 MPH** - 8:45 am - 29 mi - Charlotte Pappas (410/385-1457, cpappas@umm.edu)

**START:** Union Mills Homestead

Corn Roast ride. Rolling, with great food at the end.

**10/12MPH** - 8:15am - 40 miles - Janet Brown (410/243-3685)

**START:** Union Mills Homestead

Corn Roast Ride

**13/15 MPH** - 8:30am - 50 mi - Garry Brandon (717/235-3893, 13-15rides@baltobikeclub.org)

**START:** Union Mills Homestead.

Corn Roast Ride

**15/17 MPH** - 8:15 am - 64mi - Mark McKee (410/455-0362, mawkie@comcast.net)

**START:** Union Mills Homestead

Corn Roast Ride

## **Sunday - August 5**

**CASUAL** - 10 a.m. - 12/18 mi - Brenda & Jim Knight (410/884-3818)

**START:** : ELK Old Elkridge MARC Train Lot

Mostly flat ride through Patapsco Park. See the new pedestrian/cyclist bridge. Rest stop at Ellicott City bakery.

**10/12 MPH** - 8:30 am - 30+/- mi - Paul Coleianne (410/779-3814 or 410/812-5273 (cell, morning of ride), pcoleianne@baltimoredevelopment.com)

**START:** MSM - Marley Station Mall

B & A trail from Marley Station Mall to Sandy Point Beach for a dip into the Chesapeake (optional).

**10/12MPH** - 8:30 am - 25 mi - Gloria Epstein (410/665-3012, carglo@verizon.net)

**START:** MSC - Jacksonville Manor Shopping Center.

Mod. hilly ride w/ stop @ convenience store.

**13/15 MPH** - 9:30 a.m. - 65 mi. - Ken Philhower ((410) 437-0309,

kenphilhower1315@cablespeed.com)

**START:** SHS - Southern High School

Scenic ride through southern A.A. and northern Calvert Counties.; terrain ranges from flat to moderately hilly; rest stops in Huntington, lunch stop in Chesapeake Beach.

**15/17 MPH** - 9am - 84mi - Janet Goldstein (410/366-1466, jgoldst@verizon.net)

**START:** MTV - Mt. View M. S.

Ride to Rocks. Mostly rolling, with a few nasty climbs after lunch. I can't say exactly why I like this ride so much, but the Dunkin' Donuts/Baskin Robbins at about mile 64 sure doesn't hurt.

**15/17 AND 18 MPH** - 09 am - 70 mi - Mark Tabb ((410) 274-8668, marktabb@yahoo.com)

**START:** GLN - Glenelg High School

Terry's ride to Frederick. Moderately hilly.

## **Tuesday - August 7**

**15/17 MPH** - 10 am - 42 miles - Jonathan King & Marybeth Baylin ((410) 882-4760,

jking352@comcast.net)

**START:** Pine Grove Middle School

Ride goes east into Harford County. Some new roads. Hilly to moderately hilly. Includes a tenth mile of gravel on Bottom Rd. Ends with a slug up Satyr Hill!! Pine Grove Middle is at the intersection of Old Harford Rd. & Proctor Ln - take beltway exit 30B (Perring Pkwy-North). Cross Joppa Rd & make left onto Waltham Woods at Stop. Right at next 4-way stop onto Proctor Ln. School is on the left at second stop sign (intersection of Old Harford Rd). I will definitely be on this ride!!

## **Wednesday - August 8**

**15/17 MPH** - 9:30 am - 45 +/- mi - Bob Rohlring ((410) 665-5740, robbwr@yahoo.com)

**START:** WRP - Western Run P & R

Rolling to hilly ride!! Get out and ride today!!

## **Thursday - August 9**

**15/17 MPH** - 10:30 am - 60 miles - Lukasz Szyrner ((443) 226-0304, szyrner@comcast.net)

**START:** DSP - Dulaney Spring Park

COME OUT AND RIDE WITH LUKASZ. HE WILL GET YOU IN GREAT SHAPE TOO!!

## **Saturday - August 11**

**CASUAL** - 10 a.m. - 25 (approx.) mi - Bob Moore (410/435-6623)

**START:** Route I-70 Park & Ride (near I-695)

New ride on the Gwynns Falls Trail with lunch in Federal Hill. The Washington Post recently highlighted this trail and our ride leader, Bob Moore. Directions to Start from I-695: go EAST on I-70. Park & Ride is straight ahead about 3/4 mile.

**10/12MPH** - 9:30am - 38 mi. - Bob Seay & Manny Steinberg (410/242-6929 & 410/655-8242)

**START:** DVP Davidsonville P&R

Ride to Galesville w/ options for lunch. The route direction will be reversed from the usual clockwise route. It is still downhill going & uphill coming back.

**13/15MPH** - 9 a.m. - 50 miles - Bruce Galanter (410/517-1056 cell 410-241-7089 home, mbgalant@comcast.net)

**START:** ORR - Oregon Ridge Park

Typical Baltimore county ride with lunch/rest stop

**15/17 MPH** - 8:30am - 55 mi - Ed Hopkins (410/491- 5191)

**START:** RUN - Runnymede E.S.

Runnymede to Emmitsburg. A classic Carol and Walt Russell ride. Mostly rolling. Lunch stop at mile 32.

**18 MPH** - 08:30 am - 107 mi - Phil Feldman (410.744.8874, pfeldman@comcast.net)

**START:** TCP - Thurmont Community Park

Phil Manger's century run backwards and extended to run through the Gettysburg and Antietam battlefields. Easy ride out to Gettysburg, then steep climbs and long, gentle descents. You can stop pedaling at mile 100 and coast the last 7 miles into Thurmont!

**18 MPH** - 08:30 am - 69 mi - Mike Harris ((410) 312-7884)

**START:** MAP - Mt. Airy Park & Ride

Ride to Poolsville. Scenic, low traffic roads with a couple of hill. Mostly rolling though.

## **Sunday - August 12**

**CASUAL** - 10 a.m. - 23 mi - Gordon Peltz (410/256-1421)

**START:** Annapolis Neck Library parking lot

Mostly flat ride with many views of the bay, including The Thomas Point Lighthouse and the South River Overlook in Quietwaters Park. DIRECTIONS: I-695 to I-97 South toward Annapolis. Go under the Rt. 50 overpass & stay in the Right lane. Follow signs to Rt. 665 (Aris T. Allen Blvd.) and then changes to Forest Drive. Remain on Forest Drive for at least 2 miles. Turn right on Hillsmere at a Traffic Light. After passing entrance to Quietwaters Park, turn left into Library Parking Lot.

**CASUAL** - 9:30 a.m. - 12/18 mi - Mary Ryan and Joan Grindell (443/676-0891, meryan@comcast.net)

**START:** : ELK Old Elkridge MARC Train Lot

Flat to gently rolling ride through Patapsco State Park (paved trail). Call Mary if you need directions to the ride start.

**10/12 MPH** - 9:30 am - 30 mi - David Forester (410/730-7074, deforester1@comcast.net)

**START:** GLN - Glenelg H.S.

"Capital for a Day" - Scenic tour through Howard and Montgomery Counties on quiet roads with some nice down hills (also some invigorating climbs.) No stores, so bring snacks. Brookville was U.S. Capital for a day in War of 1812.

**10/12 MPH** - 9:30 am - 36 mi - Howard Kaplon (410/484-6955, hkaplon@towson.edu)

**START:** FMS - Franklin Middle School

Ride to Baughers in Westminster. Hilly ride out, nice ride back.

**10/12 MPH** - 9 am - 35 mi - George Cordutsky (410/882-2788, gcordutsky@msn.com)

**START:** PRP - Providence Park & Ride.

Hilly ride with snack stop.

**13/15-15/17 MPH** - 8:30 am - 62 mi - Ed Roth (717/235-4118, oscar200@aol.com )

**START:** MLP - MD Line P&R.

RAILROAD METRIC - A new ride going under, over and paralleling many old rail lines throughout Southern York County. Moderately hilly with convenience store stops at 25 and 46 miles. Come out and enjoy great scenery.

### **Tuesday - August 14**

**15/17 MPH** - 9:30 am - 50 ish mi - John Harris ((410) 882-4760, johnharris2100@comcast.net)

**START:** ORR - Oregon Ridge Park

Rolling to hilly ride.

### **Wednesday - August 15**

**15/17 MPH** - 10 am - 42 miles - Jonathan King & Marybeth Baylin ((410) 882-4760, jking352@comcast.net)

**START:** Pine Grove Middle School

Ride goes East into Harford County. Some new roads. Hilly to moderately hilly. Includes a tenth mile of gravel on Bottom Rd. Exits with a slug up Satyr Hill!! Pine Grove Middle is at the intersection of Old Harford Rd & Proctor Lane. Take Beltway Exit 30B (Perring Pkwy North). Cross Joppa Rd & make left onto Waltham Woods at Stop. Right at next 4-way stop onto Proctor Ln. School is on the left at second stop sign(intersection of Old Harford Rd.) Come out and support our newest weekday ride leaders!!

### **Thursday - August 16**

**15/17 MPH** - 10:30 am - 60 miles - Lukasz Szyrner ((443) 226-0304, szyrner@comcast.net)

**START:** PRP - Providence Rd Park & Ride

Hilly to rolling ride. Don't miss out!!

### **Friday - August 17**

**10/12 MPH, ALL PACES WELCOME** - 9:30am - 36, to 55mi - Mike Gesuele (W: 410/965-5379, day-of-ride cellphone: 410/274-8253. , mike.gesuele@ssa.gov)

**START:** Food Lion St Michael's

Bike St. Michael's Directions: Rt. 50 East over Bay Bridge. About 25 miles take RIGHT onto Rt. 322 towards St. Michael's. Third light LEFT into shopping by McDonald's, then take first left and go to end. For more directions call Mike.

### **Saturday - August 18**

**CASUAL** - 9 a.m. - 15 (approx.) mi - Evie and Mike Reinsel (410/377-6133)

**START:** SPK Sparks Elem. School

Scenic ride to the Butler store for a snack. Some hills.

**10/12 MPH** - 10 am - 40mi - Scott Zelazny (410/525-2591, scott\_z@myrealbox.com)

**START:** MSM - Marley Station Mall

Ride to Annapolis and Sandy Point. I can't decide if I want to go to Annapolis or the beach, so I found a way to visit both. Come bike along the B & A Trail (and other roads), to a beautiful beach on the bay. Ride stops in Annapolis then goes to Sandy Point State Park along the Chesapeake Bay. Be prepared to go for a swim if you really want to cool off on the middle of the ride (if it's hot enough). See great views of the Bay Bridge. Ride will stop in Severna Park to meet riders going on the 25 mile version of the ride.

**10/12 MPH** - 10:45 am - 25mi - Scott Zelazny (410/525-2591, scott\_z@myrealbox.com)

**START:** SPP - Severna Park P&R - From I-95; take exit MD-100 East towards Glen Burnie. Take Exit 16A Ritchie Hwy south to Jones Station Rd. Turn right on to Jones Station Rd (next to Rite Aid at traffic light) and follow signs to the P&R lot on your right.

Ride to Annapolis and Sandy Point. Pickup point for ride starting at Marley Station. I can't decide if I want to go to Annapolis or the beach, so I found a way to visit both. Come bike along the B & A Trail (and other roads), to a beautiful beach on the bay. Ride stops in Annapolis then goes to Sandy Point State Park along the Chesapeake Bay. Be prepared to go for a swim if you really want to cool off on the middle of the ride (if it's hot enough). See great views of the Bay Bridge.

**10/12 MPH** - 9:30 am - 32 mi - Manny Steinberg & Bob Seay (410/655-8242 & 410/242-6929)

**START:** DVES - Davidsonville E.S. I-695 to I-97 to MD 50 west, about 5 mi. to exit #16 Davidsonville Rd. (MD 424). Left @ MD 424 south. Go about 4.5 mi. to bear right just before traffic signal (Davidsonville Store @ corner) MD 214-no street sign-but this is Central Ave. Go 3/4 mi. to E.S. on right.

Ride to Deale for lunch at the Subway. Flat to rolling terrain.

**13/15 & 15/17 MPH** - 8 am - 69 mi. - Bob Morgan (410/ 218-0709, bobaems@comcast.net)

**START:** WRP - Western Run P & R

"Ride the Rural Legacy, modified." A wonderful, but hilly, ride.

**TANDEM** - 9:30 am - 24/42/57 mi - Ed and Laurie Barr (703/450-6742 , edbarrjr@aol.com )

**START:** Beaver Creek P&R

Joint CRABS / WABITS ride. Ride in the Valley. Start is about 1 hour from both Washington and Baltimore beltways. Come enjoy the quiet roads in the valley east of Hagerstown! We'll cycle over an 1863 stone bridge, past stone farm houses, pretty farms, and a visit across the border into PA. The long route adds a visit to the Martin's Mill covered bridge. All routes converge in Smithsburg for a lunch stop about 8 miles from the end. Directions: I-70 West to exit 35, MD 66. Turn right (North) at end of ramp. Go 0.2 miles, turn right into parking lot. (No restrooms at start, there is a Sheetz 1.5 miles south on MD 66 or rest area at mile 40 on I-70)

## **Sunday - August 19**

**CASUAL** - 9 a.m. - 17 mi - Mary Ryan and Becky Smith (443/676-0891, meryan@comcast.net)

**START:** DOA

Mostly flat ride on BWI Trail ride and area roads.

**10/12 MPH** - 8:30 am - 33 mi - Gloria Epstein (410/665-3012, carlglo@verizon.net)

**START:** PRP - Providence Rd. P&R

Join me on one of my favorite 'close-to-home' rides. A 23 mile shortcut is available. Food stop @ Palmisano's on both routes.

**10/12 MPH** - 9 am - 27 mi w/20 mi option - Gene Marrow (301/854-2885)

**START:** CLP - Clarksville P&R. Take 695 to I-70W to Rt 29S to Rt 108 W toward Clarksville. Drive thru Clarksville; P&R is on left at Rt 108 & Signal Bell Lane just before Rt 32.

New Triadelphia Loop. A new route - hilly and scenic. No stores so bring snacks; however, Gene will provide porta-potties.

**13/15 MPH** - 9:30 a.m. - 43 mi. - Rich Burns ((410) 433-4162, rnburns1@verizon.net)

**START:** MLP - Maryland Line Park & Ride

"Tryin' to get to Red Lion": Moderately hilly ride in beautiful southern York county with lunch/snack stop.

**TANDEM** - 9 am - 46 mi - Mike & Evie Reinsel (410 377-6133, mreinsel1@verizon.net)

**START:** RUN - Runnymede ES

Directions: I-695 to Exit 19 I-795 North. Go 8.5 miles to Exit 9B RT 140 West. Go through Westminster then right on Mayberry Rd. Right on Langdon Rd; then Right into school. Another great Walt & Carol Russell ride to Emmitsburg for lunch! Beautiful rolling (tandem friendly) ride in scenic Carroll County with lunch in historic Emmitsburg. Join us for the fun!

## **Tuesday - August 21**

**15/17 MPH** - 9:30am - 55 miles - Steve Zeldin ((410) 828-5553, SZeldin@comcast.net)

**START:** WRP - Western Run P & R

Rolling ride with hills. Baltimore County Loop with snack stop in Hereford. Come join the fun!

## **Wednesday - August 22**

**15/17 MPH** - 10 am - 30 ish miles - Katie Gore-Trail ((410) 262-2818, KTGorem@comcast.net)

**START:** ORR - Oregon Ridge Park

Rolling ride, with one big climb!

## **Thursday - August 23**

**15/17 MPH** - 10:30 am - 60 mi - Lukasz Szyrner ((443) 226-0304, szyrner@comcast.net)

**START:** DSP - Dulaney Spring Park

Rolling to hilly ride.

## **Saturday - August 25**

**CASUAL** - 10 a.m. - 28 miles - Pam Ellis (410/526-6535)

**START:** NCM Northern Central Trail at Monkton

Trail ride to New Freedom for lunch/snack. Restaurant to be chosen by the group. Directions: I-695 to Exit 24 I-83 North to Exit 27. Bear Right on Mt. Carmel Rd. Right at traffic light on York Rd. Go one block, then Left on Monkton Rd. Go 3 mi., then park along Mt. Carmel Rd. Meet in the parking lot at Monkton Station.

**10/12 MPH** - 9:30 am - 32 mi w/longer options - Don Riggs (410/461-6564, donriggs@juno.com)

**START:** SOC - South Carroll High School

Georgia Glashauser's Back-roads Meander ride. A beautiful ride through the Carroll County country with lunch at the New Windsor Inn at mile 19. 32 mile ride with optional loops for 41, 52, and 61 miles total. Fast cyclists can add the optional 20 mile loop and still join us for lunch.

**10/12 MPH** - 9:30 am - 30 mi - Bob Seay & Manny Steinberg (410/242-6929 & 410/655-8242)

**START:** SHS - Southern High School

Ride from Southern H.S. to Deale for lunch.

**13/15 MPH** - 8:30 a.m. - 59 mi. - Henry Thiess ((717) 600-5141, jim.thiess@penske.com)

**START:** MLP - Maryland Line Park & Ride

A hilly ride to Brogue PA with lunch/snack at either the Brown Cow restaurant or Sheetz convenience store. Approx. 5500' of climbing. A 48 mile option is available.

**15/17 MPH** - 8:30 am - 63 mi - Gene Young (410/828-1137)

**START:** SPK - Sparks E.S.

Gene's classic Sparks to Hampstead to Madonna Ride. Rest stops in Hampstead at 20 mi. and at Cucina's at 40 mi. approx.

**TANDEM** - 9:30 am - 52/62 mi - Carol & Walt Russell (410/665-0651 , wrussell5@yahoo.com)

**START:** Runnymede ES (RUN)

Ride to New Oxford - first 11 miles rolling after that it's flat. Fun ride thru beautiful Pa countryside to New Oxford and many antique malls. Directions: I-695 to Exit 19 I-795 North. Go 8.5 miles to Exit 9B RT 140 West. Go through Westminster then right on Mayberry Rd. Right on Langdon Rd; then Right into school.

### **Sunday - August 26**

**CASUAL** - 9 a.m. - 16 mi - Barb Park/ Gloria Epstein (Barb 410-823-4293. Gloria 410-665-3012,

Carglo@verizon.net/ Barbpark@bcpl.net)

**START:** MSC: Manor Shopping Center

Beautiful ride over country roads. Rolling terrain. Rest/snack stop at a convenience store. Leaders will be at Bagelmeister at 8:00 a.m. enjoying coffee and bagels.

**10/12 MPH** - 9 am - 31 mi - Ken Philhower (410/437-0309, kenphilhower1315@cablespeed.com)

**START:** DOA - Thomas A. Dixon Jr. Aircraft Observation Area

Explore the route of the new WB&A Trail now being built between BWI Airport and Bowie, including the first A.A. Co. section of the trail (2.3 mi.) completed in fall 2003. (We might also be able to include another new section which is scheduled for completion this summer.) Mostly flat terrain with a few small hills. Optional rest stop at 7-11 in Odenton. Note: Although this ride has about 4 miles of paved trails, the rest is on regularly trafficked roads.

**10/12 MPH** - 9:30 am - 27 mi - Mike Gesuele (410/965-5379 work; 410-274-8253 cell ,

mike.gesuele@ssa.gov)

**START:** GLN - Glenelg H.S.

Short, pretty and little hilly ride through Howard county. Rest Stop at High's mid ride

**13/15 MPH** - 9 a.m. - 39 mi - Gary Brandon (717/235-3893, gbrandon@marylandgeneral.org)

**START:** MLP-Maryland Line P&R

The PA Flatlands Tour-a nice easy ride for a hot August day. Sure it's an oxymoron; yes, there are some hills, but this is about as flat as you can go up here; a good ride for those who would like to experience southern PA, but are apprehensive about the climbing.

**15/17 MPH** - 9am - 53mi - Jeb Brownstein (443/677-0447, jebbyB@comcast.net)

**START:** GSS - Greenspring Station (by Bank of America)

Jeb Brownstein's Fields of Dreams ride. Good chance of seeing buffalo in addition to countless horses. A Classic Worthington Valley Ride. Several rest options.

**Tuesday - August 28**

**15/17 MPH** - 10 am - 45 +/- mi - Susanne Morsberger ((443) 622-5862, smorsber@msn.com)

**START:** WRP - Western Run P & R

Rolling to hilly ride. Come join the fun. Kids are back in school!!

**Wednesday - August 29**

**15/17 MPH** - 10 am - 30 ish miles - Katie Gore-Trail ((410) 262-2818, KTGoremtd@comcast.net)

**START:** WRP - Western Run P & R

This is Katie's favorite ride. Come join Katie and gang. We promise to be nice!!

**Thursday - August 30**

**15/17 MPH** - 10:30 am - 60 miles - Lukasz Szyrner ((443) 226-0304, szyrner@comcast.net)

**START:** DSP - Dulaney Spring Park

Hilly to rolling ride.

## Ride Descriptions

Please keep in mind that the pace may vary depending on the terrain.

### Casual

For cyclist who want a relaxed experience, these rides maintain a pace of 8-10 mph. Routes with easy terrain are up to 25 miles. Rides with some hills are generally 15 miles or less. Re-grouping points are periodically designated.

### 10-12 MPH

For average adult riders, these rides maintain a pace of 10-12 miles. Terrain is usually moderate but can be hilly.

### 13-15 MPH

For faster riders, these rides maintain a pace of 13-15 mph for 35-65 miles over sometimes hilly terrain.

### 15-17 MPH

For experienced cyclists, these rides maintain a pace of 15-17 mph over varied terrain for 40-130 miles.

### 18 MPH

For the strongest and most experienced riders, a pace of 17-19 mph is maintained over varied terrain for 50-200 miles.

### Tandem

Riding on a "bicycle built for two," with the CRABS (couples riding a bicycle simultaneously) over moderate terrain for 25-60 miles. There is not any specified pace, but groups of different paces usually form – regrouping at rest / food stops.

Many rides offer two or three

### Howard County: Glenelg Tues/Thurs Evening Rides

Meet to ride with the cluster group, 26-mile circuit. This is a fast training ride but everybody is welcome.

Start: Glenelg High School, 14025 Burnt Woods Rd. I-70 W, Exit at Rt. 32 South, right turn on Burnt Woods Rd. (at traffic Signal). School on left 0.5 miles.

Time: Tues/Thurs evenings in April @5:45;

May through August @6 p.m.;  
Sept. @ 5:45 p.m.;

Oct. @5:30 p.m.

Oct. 26 (Thurs before end of DST) -  
Last Glenelg evening ride of the  
Season

POC: Questions about the ride? Call  
Mark McKee: 410-455-0362(H)

### Howard County: Wednesday Evening Rides

This is an all-pace ride: the group splits into smaller groups of different paces.

A short and a longer route will be available. Everyone at all paces is interested in improving their cycling, however this is a social cycling group and recreational in nature. The faster cyclists often turn around at the end of their ride to bike in with the slower groups. Most weeks we go out for food/drinks after the ride.

Start: Folly Quarter Middle School\*  
Triadelphia Rd., Glenelg, MD  
Meet at: 5:45 (5:15 DST)  
every Wednesday

Ride out at: 6:00 (5:30 DST)

For more info, please contact Jen  
Browne, browne14540@comcast.net,  
410-489-5804 - Or- Email  
HoCoCyclists@yahoo.com.

Visit the website

www.groups.yahoo.com;  
enter group: HoCoCyclists"

## 2007 Ride Coordinators

### Casual

Judy Getz . . . . .410-254-1306  
casualrides@baltobikeclub.org

Mike Falatico . . . . .410-377-9140  
casualrides@baltobikeclub.org

### 10-12 MPH

Dick Voelkel . . . . .410-744-6941  
10-12rides@baltobikeclub.org

Tom Anzalone . . . . .410-329-3864  
10-12rides@baltobikeclub.org

### 13-15 MPH

Gary Brandon  
13-15rides@baltobikeclub.org

### 15-17 MPH

Judy Broadwater . . .410-628-6297  
15-17rides@baltobikeclub.org

### 18 MPH

Phil Feldman . . . . .410-744-8874  
18rides@baltobikeclub.org

### Weekday

Renee Faison . . . . .410-356-7088  
weekdayrides@baltobikeclub.org

### Tandem

Peggy & Tom Dymond.....410-272-9139  
crabs@baltobikeclub.org

### Winter

Gloria Epstein . . . . .410-665-3012  
Winterrides@baltobikeclub.org

Terry Harrigan . . . . .410-549-1798  
Winterrides@baltobikeclub.org

# BBC Talk:

## Electronic Discussion Group

BBCTalk is an e-mail discussion group open (and free!) to BBC members and non-members alike. The list is used for posting information too late to make it into the newsletter, setting up informal group rides, offering items for sale, discussing bikes and bike gear, etc.

Once you subscribe, you may elect to automatically receive all of the posted messages by email, and you may post messages yourself. OR, if you don't want the BBCTalk messages to accumulate in your email queue, you may prefer to change your BBCTalk "preferences" and instead read the archived

BBCTalk messages at the yahoogroups site itself.

To join BBCTalk, send an email message to: [bbctalk-subscribe@yahoogroups.com](mailto:bbctalk-subscribe@yahoogroups.com).

Questions? Contact me at [jgoldst@toad.net](mailto:jgoldst@toad.net) or 410-366-1466.

*Don't miss out on this NO COST opportunity to keep informed about current topics of interest.*



## Baltimore Bicycling Club, Inc. Membership Application or Renewal

Address Change

How do you want to receive the Newsletter?

New Membership

By US Mail

Membership Renewal

OR From the Internet

Are you interested in racing with Team BBC?

Yes

No

Do you ride a Tandem?

Yes

No

Date \_\_\_\_\_

Name (Must be 18 years of age or older) \_\_\_\_\_

Second Name (Family Membership Only) \_\_\_\_\_

Home Address (One per Membership) \_\_\_\_\_

E-Mail Address (One per Membership) \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip + 4 \_\_\_\_\_

Home Phone \_\_\_\_\_

To function, the BBC is dependent on member volunteers.

Check all categories that you are willing to help with:

Bicycling Advocacy

Club Picnic or Socials

Newsletter

Website

Lead Rides

Club Events

Membership Term is 12 or 24 months from when your application is processed.

Dues are subject to change.

Individual One Year: \$25

Family One Year: \$35

Individual Two Years: \$45

Family Two Years: \$65

Mail check payable to **Baltimore Bicycling Club, Inc.** and application to:

**Baltimore Bicycling Club**  
**P.O. Box 5894**  
**Baltimore, MD 21282-5894**



## ***Baltimore Bicycling Club Newsletter Need BBC Info?***

*For BBC members with questions or  
problems concerning:*

• **Membership • Ride Schedules • Any Committee • Any Function**  
**CALL 410-792-8308 • Email: [hotline@baltobikeclub.org](mailto:hotline@baltobikeclub.org)**

**For E-Newsletter Questions or Problems • Email: [newsletter@baltobikeclub.org](mailto:newsletter@baltobikeclub.org)**

**For Marketing Questions • Email: [marketing@baltobikeclub.org](mailto:marketing@baltobikeclub.org)**

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**Baltimore Bicycling Club**  
**P.O. Box 5894**  
**Baltimore, MD 21282-5894**

**July | August**  
**2007**

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