

# 25TH ANNUAL KENT COUNTY SPRING FLING MAY 25–28, 2007 (MEMORIAL DAY WEEKEND)

*Join the Baltimore Bicycling Club and enjoy four days cycling the lightly traveled roads of Maryland's Chesapeake Bay Eastern Shore. Rides of 11 to 100 miles meander along flat to rolling roads — through rural towns and along scenic rivers.*

*Only 70 miles from Baltimore/DC, 50 miles from Philadelphia and 140 miles from New York—we stay on the campus of Washington College, located in the historic port town of Chestertown Maryland.*

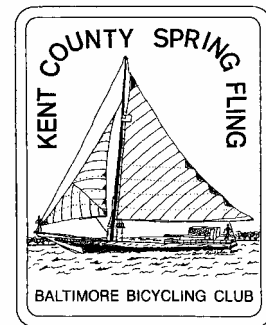
*Award winning cuisine, dessert and cordial parties, dancing and great music will round out your perfect bicycling experience.*

## WHAT'S NEW

- Reduced rates for youths ages 11-16

## WHAT'S INCLUDED

- Lodging: Friday, Saturday & Sunday
- Breakfast: Saturday, Sunday & Monday
- Dinner: Saturday & Sunday
- Picnic on Sunday
- Brunch on Monday
- Entertainment and Socials: Fri., Sat. & Sun.
- Map Packets (ride with a group or on your own)



## WHAT'S OPTIONAL

- Friday Dinner 6:00-8:00 pm
- Lodging upgrades provide suites and low beds (see Lodging Options)
- **25th Anniversary Fleece Vest with full zipper and embroidered logo**, and 25th Anniversary KCSF T-shirt. We only order a few extras, and they sell out early. If you want a vest or T-shirt please order now.

## Four Days of Fun-Filled Activities

**Friday:** Registration begins at noon. Scheduled rides will start at 1:30 pm. Optional buffet dinner (6 - 8 pm) followed by the Ice Cream Social.

**Saturday:** Breakfast; yoga; scheduled rides with leaders; Instructional Ride program; aerobics; swimming on campus; Chestertown's historic **Tea Party Festival**—food, crafts, entertainment, and parade; dinner; dessert and cordial party; Blue Grass music & Square Dancing with live band.

**Sunday:** Breakfast; yoga; scheduled rides with leaders; aerobics; picnic lunch catered by Washington College (kosher meats, cold salads, vegan foods, something for everyone); dinner; evening music and more dancing.

**Monday:** Expanded continental breakfast plus brunch until 1:00 pm (carry-out for those who need to leave early) and scheduled rides. Attendees have until 4pm to check out.

**HELMETS ARE REQUIRED ON ALL KCSF RIDES**

## *Gourmet Meals!*

*Here are samples of the meals the award winning Washington College Dining Service will provide. All meals provide at least one vegan entree. At least one sugar-free dessert will be provided at each meal.*

**Saturday Dinner:** Steamship round of beef au jus; salmon stuffed with homemade crab imperial; personal gourmet pizzas (including vegetarian); Italian meat lovers' calzone; quinoa with vegetables; Boardwalk French fries; fresh asparagus spears; roasted vegetables; salad bar; Old World bread bar; flatbread, etc.

**Sunday Picnic:** Kosher sliced meats; albacore tuna salad; pasta with grilled chicken & herbs; potato salad ; cole slaw; vegan oriental noodle salad; assorted deli breads; Swiss cheese; melon slices; assorted gourmet cookies; bottled water, sodas and juices.

**Sunday Dinner:** Roast entrecote of beef; chicken breast de Florentia; cold salad of exotic greens topped with grilled duck breast slices; parsley pasta purses filled with wild mushrooms, with pesto sauce; Polenta with ratatouille; Chilean sea bass ; steamed broccoli; salad bar; assorted focaccia breads; etc.

## **LODGING OPTIONS (you must bring your pillow and all linens)**

**This year Washington College offers four lodging choices:**

- **Standard lodging** dorms (Worcester, Somerset, Wicomico, Minta Martin) all have rooms with two single beds that are elevated to allow storage beneath. Men's and women's restrooms are accessed from the hall. **Minta Martin has been refurbished and is available once again. Tandem cyclists will be placed in Minta Martin unless requested otherwise.**
- **Lowered bed in standard lodging** dorms (Caroline, Queen Anne's) **Add \$10 per person** to the standard lodging fee. Restrooms are accessed from the hall.
- **Western Shore suites.** Each suite has four single-bed bedrooms, two baths and a living room-kitchenette. All beds are lowered. **Add \$54 per person** to the standard lodging fee for these suites.
- **Harford Hall suites.** Each suite consists of five bedrooms, two bathrooms and a lounge area with sofa, refrigerator, microwave and sink. Two bedrooms have two single beds and the remaining three each have one single bed. Beds are medium height (approx 3 ft. from the floor). Harford has an elevator (large enough for a tandem). **Add \$44 per person** to the standard fee.

**Western Shore and Harford Hall suites are perfect for families and groups!** If you want to room with another person, or group of people, let us know—early. Please submit all your applications together to insure we assign the correct people to each room or suite.

## Registration form – 25th annual BBC Kent County Spring Fling -- May 25-28, 2007

Pre-registration and **signed release** is required for each participant. No registrations after May 15.

1st Name (for nametag): \_\_\_\_\_ Last Name: \_\_\_\_\_

Street: \_\_\_\_\_ Apartment: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_ E-mail: \_\_\_\_\_

Emergency contact: \_\_\_\_\_ Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

Age: circle one (0-3) (4-10) (11-20) (21-30) (31-45) (46-65) (over 65) Gender: circle one (Male) (Female)

Bicycle Type: circle one: Tandem/Recumbent Single

Roommate: (double rooms) \_\_\_\_\_

Suitemates: (for Western Shore/Harford only) \_\_\_\_\_

Club/Group Affiliation (I would like to be near these people): \_\_\_\_\_

Special Requirements: \_\_\_\_\_

I can drive SAG wagon duty one day \_\_\_ I can help with registration 2 or 3 hours on Friday \_\_\_ or Saturday \_\_\_

<b>Registration Options</b> <u>Underline</u> your choice and enter the cost	<b>Cost</b>	<b>My Costs</b>
<b>BBC Member: standard lodging</b> \$262 / no lodging \$222	<b>\$262/222</b>	
<b>non-BBC Member: standard lodging</b> \$274 / no lodging \$234	<b>\$274/234</b>	
<b>youth 11-16</b>	<b>\$196</b>	
<b>child 4-10</b> sleeping: on the floor \$83 / on a bed \$106	<b>\$83/106</b>	
<b>child 3 &amp; under</b> sleeping: on the floor no charge / on a bed \$20	<b>\$0/20</b>	
<b>late registration fee (AFTER APRIL 15th)</b>	<b>\$30</b>	
<b>single room supplement</b> if you choose to room alone (standard dorms only)	<b>\$30</b>	
<b>lowered bed supplement</b> per person (standard dorm only--see Lodging Options)	<b>\$10</b>	
<b>Western Shore suite supplement</b> per person (see Lodging Options)	<b>\$54</b>	
<b>Harford Hall suite supplement</b> per person (see Lodging Options)	<b>\$44</b>	
<b>Friday night buffet dinner:</b> adults \$17 / age 11-16 \$14 / age 4-10 \$8 (6pm – 8pm)	<b>\$17/14/8</b>	
<b>25th anniversary KCSF zippered fleece vest with embroidered logo</b> (short sleeve, color yellow) Circle choice: S M L XL XXL	<b>\$28</b>	
<b>25th anniversary KCSF T-Shirt</b> (Note: all T-shirts are short sleeve adult size) Circle choice: S M L XL XXL	<b>\$12</b>	
<b>Total for registration check (payable to BBC)</b>	<b>\$Total</b>	
<b>key deposit of \$25 per occupied bed</b> (excluding children 10 and under). <b>One check per bed, made payable to WASHINGTON COLLEGE.</b> This check will be returned in exchange for your room key on checkout, or forfeited for a lost key.	<b>\$25</b>	

**CANCELLATION POLICY:** Refund requests must be in writing. The following fees apply: \$40 prior to May 1st; **no KCSF refunds after May 1st**; \$30 charge for checks returned by the bank for any reason. Refund checks will be mailed by the BBC Treasurer after the event.

**Mail application to: KCSF 2007; 10517 Virginia Avenue; Cockeysville, MD 21030**

Questions: email KCSF2007@verizon.net or call Frank or Kathy Anders at (410) 628-4018

We will mail you a confirmation letter

**Please include a check for your 'registration fee' payable to the BBC, a separate 'key deposit' check payable to Washington College, and the BBC Release and Waiver form.**

# BICYCLE HELMETS MUST BE WORN AT ALL BBC RIDES & EVENTS

## BALTIMORE BICYCLING CLUB, INC. ("BBC")

### RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AND PARENTAL CONSENT AGREEMENT ("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in the BBC sponsored Bicycling Activity ("Activity") listed below, I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such "Activity". I further acknowledge that the "Activity" will be conducted over public roads and facilities open to the public during the "Activity" and upon which the hazards of travelling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the "Activity".

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these "Risks" and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the "Activity", the condition in which the "Activity" takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH "RISKS" AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the "Activity".

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the BBC, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the "Activity" takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the "Releasees", I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE "RELEASEES" from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Name Of Activity: \_\_\_\_\_

\_\_\_\_\_  
Participant's Signature (only if age 18 or over)                      Participant's Printed Name                      Date

\_\_\_\_\_  
Street Address                      City                      State                      Zip                      Phone

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF BICYCLING "ACTIVITIES" AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED TO PARTICIPATE IN SUCH "ACTIVITY". I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE "RELEASEES" FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE "RELEASEES" NAMED ABOVE, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

\_\_\_\_\_  
Parent/Guardian Signature (if participant under age 18)                      Parent/Guardian Printed Name                      Date

\_\_\_\_\_  
Street Address                      City                      State                      Zip                      Phone