

Baltimore Bicycling Club's 37th Annual
DELAWARE-MARYLAND FLATLANDS TOUR
Dedicated to the memory of Dave Coder (7/6/1955 - 2/14/2004)

Saturday, June 16, 2007

Event Coordinator: Ken Philhower (410-437-0309 or bbcflatlands@cablespeed.com)

Place: Bohemia Manor High School, 2755 Augustine Herman Highway (Rt. 213), Chesapeake City, MD

Directions: From Baltimore, take I-95 north to exit 109A (Rt. 279 south) and go 3 miles to Elkton. Turn left at Rt. 213 south. Cross Rt. 40 and continue 6 miles to Chesapeake City. Cross the C&D Canal Bridge and continue 1 mile. Turn right at traffic light (may be flashing yellow on weekends) into Bohemia Manor High School. Please allow at least 1-1/2 hours to get there from Baltimore. (It's about 65 miles.)

From Annapolis, take US Route 50/301 east across the Bay Bridge and continue 10 miles. At the 50-301 split, continue straight on Rt. 301 north (toward Wilmington) for 32 miles. Turn left on Rt. 313 north and go 3 miles to Galena, then go straight at the traffic light onto Rt. 213 north. Continue on Rt. 213 north for 13 miles (about 2 miles past the light at Rt. 310), then turn left at the traffic light (may be flashing yellow on weekends) into Bohemia Manor High School. Please allow at least 1 hour and 45 minutes to get there from Annapolis. (It's about 70 miles.)

From Washington DC, take Beltway Exit 19A, US Route 50 East, 20 miles to Annapolis, then follow Annapolis directions above.

From Wilmington, DE, take I-95 south to exit 1A, Rt. 896 south toward Middletown (last exit before toll -- last exit in Delaware). Go 3 miles on Rt. 896, then turn right on Rt. 40 west and go about 5 miles to Elkton, MD. Turn left on Rt. 213 south and go 6 miles to Chesapeake City. Cross the C&D Canal Bridge and continue 1 mile. Turn right at traffic light (may be flashing yellow on weekends) into Bohemia Manor High School.

From Dover, DE, take DE Rt. 1 north just beyond Odessa, DE to Exit 142 (Rt. 896). Turn left on Rt. 896 north, cross US 13 at the light, and go 4 miles. Cross US 301/DE 71 at the light, continue straight on Churchton Rd, which becomes Rt. 310 in Maryland, and continue to the end. At the light, turn right on Rt. 213 north and go 2 miles, then turn left at the next light (may be flashing yellow on weekends) into Bohemia Manor High School.

From Salisbury, MD, take US 13 north to Dover, DE and follow Dover directions above.

Time: Registration begins at **7:00 a.m.** and ends promptly at **9:45 a.m.** so volunteers also can enjoy riding. Check-in and register at high school before the rides. No pre-registration.

Group Start Times:

7:30 a.m. -- Century (101 miles)
8:00 a.m. -- 3/4 Century (77 miles)
8:30 a.m. -- Metric Century (101 kilometers / 63 miles)
9:00 a.m. -- Half Century (54 miles)
9:30 a.m. -- 35-mile ride

Fee: BBC members \$5.00; non-members \$6.00. Includes cue sheet, map, snacks, and use of portable toilet.

Important: No sag service is provided, so riders must be prepared to handle any bicycle problems they encounter. Bring water (2 bottles recommended), spare tube/patch kit, sunscreen, and money for food and drinks. **ANSI-, Snell-, ASTM/SEA-, or CPSC-approved bicycle helmets are required.**

RIDE DESCRIPTIONS:

These rides are primarily on flat terrain. You will cycle on paved roads in rural Maryland and Delaware through farmland and thoroughbred horse farms, as well as a few residential areas and small towns. There are stores for food and water on each route.

Century (101 miles): Route heads south through Warwick and Sassafra to Millington before heading east into Delaware. After passing through Hartly, Kenton, and Cheswold to Leipsic, the route turns north along the Delaware River wetlands to Port Penn. The

final leg returns west along the C&D Canal back to Chesapeake City. Lunch is available at several convenience stores near the midpoint of the route. Please note: After lunch there is a 36-mile section with no stores, so be sure to carry plenty of water.

3/4 Century (77 miles): Follows the century route south to Millington before turning northeast into Delaware. After passing through Blackbird State Forest, enjoy lunch in Townsend, DE, before re-joining the century route and continuing north along the Delaware River wetlands to Port Penn. The final leg returns west along the C&D Canal back to Chesapeake City.

Metric Century (101 kilometers / 63 miles): In 2003 this became the most popular of the five routes. After passing through Chesapeake City, this route heads east along the C&D Canal into Delaware, then turns south along the Delaware River wetlands to Port Penn. After the lunch stop in Townsend, DE, the route returns to Chesapeake City via Sassafras, MD and Warwick, MD. On this route you'll be riding in the opposite direction from the longer routes, so you're likely to pass some of the longer-distance riders heading the other way.

Half Century (54 miles): Follows the metric century route for the first 35 miles to the lunch stop in Townsend, DE. The route returns northwest through Middletown and back to Chesapeake City. If you can do 25 miles in hilly Baltimore County, you should be able to do this relatively flat 54-mile ride.

35-mile Ride: Ride to historic Odessa, DE. Optional tours of historic buildings are available. This route has been changed to avoid a congested commercial area in Middletown, and is more rural than last year's 31-mile ride. Food is available at a convenience store at along the route. This route is appropriate for experienced Casual and 10-mph riders.

AFTER THE RIDE...

Visit the Chesapeake & Delaware Canal Museum to learn about the canal's 200-year history. (Open 8:00 AM - 4:00 PM; closed Sundays) For additional information, visit <http://www.nap.usace.army.mil/sb/c&d.htm> . All cue sheets have directions to the museum.

Join us on the outdoor deck at the Chesapeake Inn to eat, drink, relax with live music, and watch ships pass through the canal. (Our former meeting place, Schaefer's Canal House, has gone out of business.) The Chesapeake Inn is located at 605 Second Street, Chesapeake City, on the south side of the C&D Canal. For more information, visit <http://www.chesapeakeinn.com> .

For additional information on accommodations and dining in Chesapeake City and surrounding Cecil County, visit the Cecil County Tourism office web site at <http://www.seececil.org> .