

Margie Swift  
Ateaze Senior Center  
7401 Holabird Avenue  
Baltimore, Maryland 21222

February 1, 2007

Dear Cycling Seniors,

Welcome to another adventurous cycling year. The cycling program continues with great momentum due to:

- Baltimore County's commitment to administer programs that support seniors in their efforts to remain healthy, active and independent members of the community.
- Bob Carson's and Lee Fleishman's program coordination.
- The sixteen cyclists who attended the planning meeting on January 9<sup>th</sup>.
- The 35 cyclists who volunteered to lead 51 rides.
- The committee that prepares the mailing of schedules.
- The Cycling Jersey Design/Ordering Committee.
- The Membership Committee, last year 73 cyclists registered with the Ateaze Senior Center. This provided valuable analytic data
- The Ateaze Senior Center volunteers.
- Email communications by Lee Fleishman.

**If you are receiving this schedule and no longer are an active rider, please call and inform us (410-887-7233). It is quite costly to mail the schedules, and this cost is covered by donations from your fellow cyclists.**

Please remember, to be included in the e-mail list-serve, send an e-mail with only your name to:

[Cycle-srs-subscribe@yahoogle.com](mailto:Cycle-srs-subscribe@yahoogle.com)

Additionally, the cycling schedule may be found on the Ateaze Senior Center Web Page:

[www.co.ba.md.us/agencies/aging/centers/index.html](http://www.co.ba.md.us/agencies/aging/centers/index.html)

Check out the good-looking picture of County Executive Jim Smith, Director Arnold Eppel, and the awesome cyclers in their brilliant cycling jerseys.

Have an enjoyable and safe cycling year.

Sincerely,

Margie Swift  
Center Director

**ALL RIDES START AT 10:00 AM UNLESS OTHERWISE NOTED**

**Friday Ride Schedule 2007**

**This is a casual ride**

- March 16: Patapsco Valley Ride  
Meet: Southwest Park & Ride  
Leader: Jeffrey H. Marks (410) 358-1321, jeffreym715@yahoo.com  
Description: A new 20 mile mostly flat ride with a few hills, made possible by completion of bridge at end of Grist Mill Trail. We enter Patapsco Valley State Park by Gun Road, closed to cars, continue on River Rd, cross swinging bridge to Gristmill Trail, and pick up scenic River Rd when we leave park to reach historic Ellicott City; where we stop for snack and sightseeing. Then we take the Trolley Trail up to wide shouldered Edmondson Ave. We pass through part of Catonsville and get to see some steps this community is taking to become more bike friendly. Brown bag lunch will be in Hilton Area of PVSP, 3 miles before end of mile.  
Directions: I-695 to Exit 12C Wilkins Ave (MD 372 W). Left at Traffic Light onto Rolling Rd. P & R is on left. From I-95 take RT 195 North to P & R.
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**This is a casual/aggressive ride**

- March 23: Crab Cake Ride  
Meet: Marley Station Mall  
Leader: Rob Maslin - 410-494-6996, rsmaslin@aol.com  
Description: 23 miles on the B&A and BWI trails with some hills. Lunch at G & M Restaurant or Olive Grove Restaurant.  
Directions: Take Ritchie Highway, MD-2, to Marley Station Mall Use parking Lot E in the rear of the mall adjacent to the B & A Trail.
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**This is an aggressive ride**

- March 30: Olney Ale House Ride  
Meet: Oakland Mills Village Center Parking Lot in Columbia, MD  
Leader: Dan McQueen – 410-730-5957, danmcqueen@myshorelink.com  
Description: 36.5 miles with some of Howard County's finest rolling hills climbing a total of 1500 ft. (and down). Lunch at Olney Ale House.  
Directions: I-70 west to US-29 south to MD-175 east towards Jessup to first traffic light right on Thunderhill Road to 3rd STOP at the junction. Right into Oakland Mills Village Center then immediate left into parking lot.

***OR***

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**ALL RIDES START AT 10:00 AM UNLESS OTHERWISE NOTED**

**This is a casual ride**

March 30: Three Trails Ride  
Meet: Southwest P&R, Rolling Rd.  
Leaders: Dick & Diana Voelkel 410-744-6941; voelkeldi@aol.com  
Description: Approx. 27 miles on some roads, the BWI Trail, Grist Mill Trail and Trolley Trail, with rest stop for McD sandwiches or pack your own. Stop in Patapsco Valley State Park to lunch at picnic tables in the park. Rolling terrain.  
Directions: P&R is at the east end of I-195 (Metropolitan Blvd) at intersection of Rolling Rd / Selford Ave just south of Wilkens Ave. Park close to Rolling Rd.

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**This is a casual ride**

April 6: Jim Huelskamp Memorial Ride  
Meet: North end of the parking lot for the Mt. Vernon Visitors Center  
Leaders: Walt Pleines 410-529-2726, pleines2@aol.com  
Pat Huelskamp 410-442-4426, phuelskamp@aol.com  
Description: Approximately 33 miles. Moderately hilly on the trail. No cars. Bring picnic lunch for lunch at the Tidal Basin  
Directions: I-95 south across the Potomac River. First right turn to Mount Vernon (southern terminus of George Washington Memorial Parkway). Park on lot closest to the Mount Vernon Trail.

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**This is an aggressive ride**

April 13: Piney Orchard Ride  
Meet: Kinder Park  
Leader: John & Barbara Buchleitner 410-647-3917, jbuchl@comcast.net  
Description: Approximately 35 miles through Millersville, Gambrills, Piney Orchard and return. Some small hills and traffic. Lunch to be announced. To be safe bring a brown bag.  
Directions: I-97 to South to Benfield Blvd. (Exit 10 Severna Park). Left onto Jumper's Hole Road (4th Traffic Light). Proceed 1 mile to Park entrance on the left. After entering the Park go left to Gali Sanchez parking area.

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**This is a casual ride**

April 20      Centreville Jaunt  
Meet:          Symphony Village Clubhouse, Centreville, MD  
Leaders:       George and Mary Drake, 410-758-8266,  
                  [georgeandmarydrake@yahoo.com](mailto:georgeandmarydrake@yahoo.com), cell 410-790-8234 (day of ride only)  
Description:   Approx. 25-mile jaunt (with cutoffs to shorten the ride) around the Centreville/Queen Anne's County area. Lightly traveled, mostly flat roads with a few rollers to give your muscles a break. Bring a brown bag lunch, a snack or two for the ride, and water. Lunch will be under the Symphony Village pavilion after the ride – cold drinks provided.  
Directions:    Cross the Bay Bridge and Kent Island on US-50/301. At the US-50/301 split, stay on US-.301 N toward Wilmington, DE (don't head to OC!). Approx. 8 miles beyond the split, go north on MD-213 toward Centreville/Chestertown. In 0.2 miles (above US-301), turn right onto Taylor Mill Road (Symphony Village). Take the first left, then the first right and a quick left into the parking lot. Those coming from the north, take MD-213 south through Chestertown, through Centreville, and pass the new large shopping center on the left (Happy Harry's, Food Lion, etc.). Take the next left onto Taylor Mill to the Symphony Village clubhouse.

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**This is a casual ride**

April 27:      Quietwater-Bay Ridge Ride  
Meet:          Annapolis Neck Library Parking Lot  
Leader:        Joan Valentine 410-737-2050; [Joanbike@msn.com](mailto:Joanbike@msn.com)  
Description:   Approximately 24 miles. Mostly flat. Includes a brief stop at Thomas Point Lighthouse Park. Lunch at conclusion of the ride. Brown bag or purchase at nearby deli. Cycle into Quietwater Park to eat at water's edge.  
Directions:    I-695 to I-97 South to US-50 East.. Keep right for ext to MD-665 (Aris T. Allen Blvd) becomes Forest Drive. Remain on Forest Drive for at least 4 miles to Right on Hillsmere at light. Pass entrance to Quietwater Park; go left into Eastport Annapolis Library Parking Lot.

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**OR**

**This is an aggressive ride**

April 27      Blueberry Hills Ride  
Meet:          Blueberry Hills Park, Montgomery Co.  
Leader:        Margaret Chapman 301-977-8988, [margtchapm@aol.com](mailto:margtchapm@aol.com)  
Description:   28 or 40 miles, rider's option. See the arts village at Glen Echo. Lunch stop in Bethesda. 28 miles is medium aggressive. 40 miles is aggressive.  
Directions:    MD-108 West, cross Georgia Avenue MD-97  
                  Left at a light at Muncaster Road, becomes Redland Road (NOT Muncaster Mill Road). Right at a light at Needwood Road.  
                  Right into the parking lot.

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**This is a casual ride with some hills**

May 4            Sherwood Gardens Ride  
Leader:        Bob Moore 410-435-6623, bikemoore1@verizon.net  
Description:   See the tulips in the Gardens and ride in North Baltimore neighborhoods to lunch at any of five restaurants in Belvedere Square. Distance 25 miles.  
Directions:    I-695 to Charles St., South to Greenway (soon after Cold Spring Lane) to Sherwood Gardens on your left

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**OR**

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**This is a casual ride with some hills**

May 3-4        Lancaster Overnight  
Meet:         Bird-in-Hand Family Inn & Restaurant, Bird-in-Hand, PA  
Leaders:      Rose Eicker – 410-242-2850; [dblbikes@aol.com](mailto:dblbikes@aol.com)  
                  Lillian Baumann – 410-472-3476; [LRBaumann@msn.com](mailto:LRBaumann@msn.com)  
Description:   Thursday's bike ride will be approx. 33 miles. You can make your overnight accommodations at the Bird-in-Hand Family Inn & Restaurant by calling 1-800-537-2535 (ask for Jessie Rittenhouse and say you are with the Cycling Seniors). A block of rooms has been reserved for Thursday, May 3, and the cut-off date for making reservations is Thursday, April 5. On Friday we will start again at 10:00 am after breakfast from the Bird-In-Hand Family Inn and will join up with those who choose to only do the one-day ride for a different ride of approx. 30 miles.  
Directions:    I-83N to York, PA. US-30E to PA-340E toward Intercourse. Left onto PA-340E for approx. 4 miles to Bird-in-Hand Family Inn on your right.

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**This is an aggressive ride**

May 11        Ladew Gardens Ride  
Meet:         Parking lot for Torrey C. Brown Rail Trail (was NCR) on Paper Mill Rd.  
Leader:       Jeffrey H. Marks (410) 358-1321, [jeffreym715@yahoo.com](mailto:jeffreym715@yahoo.com)  
Description:   Hilly ride up to gardens, easy ride back, 28 miles. Bring \$10 if you wish to tour garden. Brown bag lunch in picnic area, outside gardens. Limited food & beverages available in garden cafe.  
Directions:    Take I-83 north to Exit 20 Shawan Rd east. Turn right on York Rd and then turn left Ashland-Paper Mill Rd (MD-145). Rail Trail parking lot is 1.5 miles on left.

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**This is a casual ride**

May 18: Kent County Ramble  
Meet: Matapeake State Park  
Leader: Gary Gray 410-465-6233, garynlee@yahoo.com  
Description: Approximately 35 miles on flat terrain. If you desire you can easily shorten the ride. See houses with airplane hangers attached, a commercial fishing community and beautiful estates on the Chesapeake. Lunch at the Kentmorr Restaurant. on the ride.  
Directions: Cross the Bay Bridge to exit 37 to MD-8. Go right for 2.3 miles to Marine Academy Drive and make a right into the park to a parking lot on the right.

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**This is a casual ride**

May 25 Bennett Point Ride  
Meet: Terrapin Nature Area Parking Lot  
Leader: Barbara Kasemeyer 410-744-2071, BarbaraKasemeyer@aol.com  
Description: Approximately 33 miles with shorter rides available. Kent X Island Trail is only 6 miles long and runs through woods, along marshes and old Kent Narrows Bridge. Additional mileage will be on Kent Island. Lunch at one of the many seafood restaurants in Kent Narrows or pack your lunch and cool your feet in the Chesapeake Bay on the beach at the Nature Area. This is a flat ride and offers something for all.  
Directions: After crossing the Bay Bridge, take the first exit (Exit 37). Make a left. Turn at the top of the ramp proceeding across US 50 on MD-8. At the first stoplight turn left into Industrial Park. Go 0.2 miles to the T and make a right onto Log Canoe Circle. Go 0.7 miles to the Terrapin Nature Area on the right. Go in entrance and park.

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**This is a casual ride**

June 1 Gettysburg Figure 8 Ride  
Meet: Visitors Center Parking lot in Gettysburg  
Leader: John Hammond, (410) 821-5198, jwh318@verizon.net  
Description: (29 miles) A gently rolling ride through the national park and nearby low traffic roads. We ride 13 miles southeast out and back in the morning. A climb over little roundtop is optional. After lunch in Gettysburg we ride 16 miles northwest and back for a total of 29 miles.  
Directions: From the Baltimore beltway take I-795 north to MD-140 thru Westminster and Taneytown to Rt 15 north. After 3 miles exit on US-15 business (Emmitsburg Rd) toward Gettysburg. After 6 miles try to park in the Cyclorama lot which will be the first NPS parking lot on your right. If there is no room in this lot, you may park in the Visitors center lot just to the north or the overflow lot south on Taneytown Rd and ride to the Cyclorama lot for the start.

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**This is an aggressive ride**

June 8      Waterville Loop Ride  
Meet:      Alpha Ridge Park  
Leader:     Dan McQueen - 410 730-5957 or danmcqueen@myshorelink.com  
Description: 40.9 miles with some of Howard County's finest rolling hills for 3 climbs going up a total of 2050' (and down). Many shortcuts available. Lunch at about 30 miles at the Lisbon Pizza Hut, Mr Teddy's Deli or McDonalds.  
Directions: I-70 west to Exit 83 Marriottesville Road north to left on MD-99 west to Alpha Ridge Park on left.

**OR**

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**This is a casual ride**

June 8      Red Hot and Blue Ride  
Meet:      Sawmill Park  
Leaders:    Dennis McFayden, 410-761-1940, blueb23@maxinter.net  
              Pete Swartz, 410-551-6760, petermartin3@msn.com  
Description: Ride full length of B&A Trail from Sawmill Park to Red, Hot & Blue for lunch and back. Most of ride is on B&A Trail (28 miles) & one hill as we turn off of MD-450. Bike lock suggested. Distance 35 miles.  
Directions: From North take I-97 S to exit 15, straight thru blinking light to stoplight at Aviation Blvd. Left on Aviation Blvd to light at Dorsey Road. Left on Dorsey to Sawmill Park on Right (Turn at first light into Park). From South take I-97 Dorsey Rd E. Ramp (MD-176) , stay in right lane & turn right at light into park.

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**This is a casual ride**

June 15     Cox Creek and Crab Alley Meander  
Meet:      Kent Island United Methodist Church  
Leaders:    George and Mary Drake, 410-758-8266,  
              georgeandmarydrake@yahoo.com, cell: 410-790-8234 (day of ride only)  
Description: 14- or 28-mile options. Cycle along lightly traveled roads along Cox Creek to Turkey Point to the Eastern Bay and then along Crab Alley Creek and Crab Alley Bay to Parsons Island Landing at Prospect Bay. You will pass older homes, beautiful waterfront modern homes on gorgeously landscaped lots, and fishing/crabbing/boating marinas and boat launching areas. Lunch will be at mile 27 (at mile 14 if you don't do the 28) at the B & B Restaurant, so bring along an energy bar or snack and lots of water.  
Directions: Cross the Bay Bridge on Rts. US 50 E/US 301 N. Take the Cox Neck Road Exit, exit number 39A. First Church on the right, Kent Island United Methodist Church. Park on the backside (west) of the church where you see a covered entrance to the sanctuary.

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**This is a casual ride**

**Start time 1:00 PM**

June 22      Torry C. Brown Rail Trail (was NCR Trail) Bike Ride & Potluck Supper  
Meet:        825 Corbett Road Monkton  
Time:        1:00 PM    From Monkton Station  
Leader:      Bob Carson 410 828 8604 bikebob@comcast.net  
Description: 30 miles + or - Return to 825 Corbett Road about 4:00 PM for the supper. Non-biking significant others are welcome to the supper. More information to follow by e-mail.  
Directions: From the Baltimore Beltway I-695 take exit 24 for I-83 north to exit 24 Belfast Road. Go straight at exit 24 to be on Ensor Mill Road for 1 mile to SS at York Road. Turn left for 0.75 mile to Corbett Road. Go 0.25 mile to 825 on your right.  
**Start time 1:00 PM**

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**This is a Casual/Aggressive ride**

June 29      York County to East Berlin Ride  
Meet:        Dover Intermediate School, Dover, PA.  
Leaders:     Steve DeCroes - 717-292-4564; sdecroes@netrax.net  
               Carl Dannenfelser - 410-256-5173; sorelegs1@aol.com  
Description: 28 miles. Explore the scenic rolling Pennsylvania countryside on lightly traveled country roads to historic East Berlin, Pa. Lunch in East Berlin, PA. Several small hills on front portion of ride.  
Directions: Take I-83 North to Pennsylvania,. Exit 21B (US-30W) to PA-74 N. Travel 5 miles to Dover, PA. Turn left at signal light (W.Canal Rd). Turn right on Intermediate Ave. Parking lot is located behind school.

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**This is an aggressive ride.**

July 6        Westminster - Keymar - Taneytown Loop Ride  
Meet:        Baugher's Westminster, 10am  
Leader:      Jeffrey H. Marks, jeffreym715@yahoo.com, (410) 358-1321  
Description: 28 miles. Some hills on scenic Uniontown-Middleberg Rd. Pass thru Keymar & then take Keysville Rd to Taneytown. Brown bag lunch at Memorial Pk just west of town or buy lunch in town at Dougherty's. Fast ride back to Westminster on smooth shoulder of MD-140, now a signed bike route.  
Directions: Take I-795 (NW Expressway) onto MD-140 W that becomes Westminster Bypass. At end of bypass, bearleft onto MD-31, New Windsor Rd, and take first right onto MD-32 (Main St). Then make quick left into Baugher's.

**OR**

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**This is a casual ride**

July 6            Trolley Trail to Patapsco Valley State Park  
Meet:            End of Edmondson Ave. west (Edmondson Ave. & Chalfonte)  
Leader:          Rose Eicker – 410-242-2850, [dblbikes@aol.com](mailto:dblbikes@aol.com)  
Description:    19 miles. Rolling terrain with some hills. Trolley Line #9 Trail to PVSP and Ridge Road. Back to park to enjoy your bag lunch at Lucy & Paul McKean's house nearby on Gun Road (nasty hill but 'walkable') where they will provide us with dessert and beverage.  
Directions:      I-695 Exit 14 west (outside Beltway) to end of Edmondson Ave., Beginning of Trolley Line #9 Trail.

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**This is a casual ride**

July 13           Tour De Chase & Carroll  
Meet:            Carroll Island Shopping Center  
Leader:          Bud Lippert - 410- 686-5793, [blippert21221@yahoo.com](mailto:blippert21221@yahoo.com)  
:                    A Casual Ride through the communities and back roads of Bowleys Quarters, Carroll Island, Eastern Ave to Graces Quarters Rd to Oliver Beach & Harewood Pk. A mix of old & new communities, farms, woods, & waterfront.  
Directions::     From MD-702 east on Eastern Ave to Carroll Island Road. Right on Carroll Island Rd, then turn right into shopping center at first traffic light.

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**This is a casual ride**

July 20           Tuckahoe Figure Eight Ride  
Meet:            Tuckahoe State Park Lake Picnic Area  
Leader:          John & Barbara Buchleitner 410-647-3917, [jbuchl@comcast.net](mailto:jbuchl@comcast.net)  
Description:    New route - Approx. 40 miles divided in two equal legs, thus the figure "8". Essentially flat paved country roads with little traffic. Start and finish first leg, picnic, and start and finish second leg at the lovely lakeside picnic area with tables and excellent restroom facilities.  
Directions:      US-50/301 across Bay Bridge. Follow US-50 for 16 miles to MD-404. Turn left, go 7 miles to MD-480. Turn left (see Tuckahoe signs via Eveland Road) 3 miles to dead end. Make left 0.1 mile to parking lot on right.

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**This is a casual ride with some hills**

July 27           Harwood to Deale Ride  
Meet:            Southern HS (Anne Arundel County)  
Leaders:        Catharina Brauer, 410-647-0734  
                      Jim Andreatta, 410-744-0376, [andreattaj@verizon.net](mailto:andreattaj@verizon.net)  
Descriptions:   33 miles. Mostly flat to rolling. Lhch at 22 miles at Skippers Pier.  
Directions:      Baltimore Beltway to I-97 south to MD-665 south towards Riva Rd. Merge on MD-2 south Solomons Island Rd. Turn right into Southern HS parking lot

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**This is an aggressive ride**

Aug. 3      Riley's Lock Ride  
Meet:      Riley's Lock (C & O parking lot)  
Leader:     Margaret Chapman 301-977-8988, margtchapm@aol.com  
Description: A new ride. A good ride for a hot summer's day. 22 miles with additional out and back miles available on the C & O canal towpath. Lunch in Poolesville. All roads lightly traveled. Difficulty falls between non-aggressive and aggressive  
Directions: Capitol Beltway exit 39, MD-190 River Rd. west for 10 miles. BL at Senica Rd. TRO River Rd. for 0.6 mile. Left at Riley's Lock Rd. to end at canal.  
**OR**  
I-270 South to MD-118 Germantown Rd. west for 7 miles. Right at MD-28 Darnstown Rd. for 0.6 mile to left at Riley's Lock Rd. to end at canal. .

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**This is a casual ride**

August 10    Gwynns Falls Trail Ride  
Meet:      Harbor Hospital Center  
Leader:     Ruth & Lee Fleishman – 410.3.29.3208, ruthnlee@juno.com  
Description: Approximately 25 miles round trip. We will be on a paved linear greenway trail in southwest and west Baltimore City. The trail is largely in a unique urban forest as it follows the valley of Gwynns Falls to the Inner Harbor. More information is available at [www.gwynnsfallstrail.org](http://www.gwynnsfallstrail.org). We will start and end at the harbor Hospital Center, follow the Gwynns Falls valley to Leakin Park, return to the Baltimore Inner Harbor for lunch, and then back to our cars.  
Directions: To get there; take I-95 to Exit 54 (just east of I-395) go south on Hanover Street MD-2. Cross Hanover Street Bridge. Follow "H" signs to the hospital. Keep left on Hanover Street for a left turn into the hospital. Use the large parking lot to your right, south of the buildings.

People coming from Anne Arundel County

Take Ritchie Highway MD-2 north into Baltimore City. Becomes Hanover Street. 1.5 miles after the city line you will come to a right turn into the hospital. Use the large parking lot to your right, south of the buildings.

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**This is a casual ride**

August 17    Tunis Mills-Oxford Ride  
Meet:      Tred Avon Center  
Leader:     Bob Benhoff, 410-810-0099 benhofff@yahoo.com  
Discription: Flat ride approx 30 miles. .Shorter route available..  
Directions: US-50 south to Easton..Bear right on MD-322. Left on Marlboro Ave. (next light after Ruby Tuesday) First right into Tred Avon Center.

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**OR**

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**ALL RIDES START AT 10:00 AM UNLESS OTHERWISE NOTED**

**Start time 9:30AM**

**This is an aggressive ride.**

Aug. 17: Bonneauville Break Ride  
Meet: Carroll Vista Clubhouse  
Leader: Lew Frain, Balto. (443) 514-0144, Westminster (443) 487-5345,  
[lffrain@yahoo.com](mailto:lffrain@yahoo.com)  
Description: 35 miles. Lunch at Gina's Place in Bonneauville, PA.  
Directions: MD-140 to the traffic circle just before Taneytown. Go straight through the circle onto Antrim Blvd. Turn left at Trevanion Rd., and go .4 miles to the entrance of Carroll Vista on the left. Turn left in front of the clubhouse, and park in the lot. Bathrooms are available in the clubhouse.

**Start time 9:30 AM**

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**Start time 9:30 AM**

**This is an aggressive ride**

Aug. 24 Taneytown Ramble  
Meet: Carroll Vista Clubhouse  
Leader: Lew Frain, Balto. (443) 514-0144, Westminster (443) 487-5345,  
[lffrain@yahoo.com](mailto:lffrain@yahoo.com)  
Description: 35 miles.. Lunch Buttersburg Inn in Union Bridge  
Directions: Take 140 to the traffic circle just before Taneytown. Go straight through the circle onto Antrim Blvd. Turn left at Trevanion Rd., and go .4 miles to the entrance of Carroll Vista on the left. Turn left in front of the clubhouse, and park in the lot. Bathrooms are available in the clubhouse..

**Start time 9:30**

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**OR**

**This is a casual ride**

August 24 Rock Creek Park/Capital Crescent Trail Ride  
Meet: Ken Gar Palisades Park on Rock Creek Trail  
Leader: Deb Parshall, 301-990-6870, [djparshall@starpower.net](mailto:djparshall@starpower.net)  
Description: 32 miles on mostly paved trail through Rock Creek Park to Georgetown and returning via the Capital Crescent Trail. Lunch at a deli or brown bag.  
Directions: From the Washington Beltway (I-495), exit 33. Take Connecticut Ave. (MD-185) north 1-mile. Turn left on Knowles Ave. (MD-547). Go 0.6 mile and turn right onto Beach Dr. Ken Gar parking lot is 0.3 on right.

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**This is a casual ride**

August 31     Earleigh Heights to Quietwaters Park Ride  
Meet:         Ranger Station B & A Trail  
Leader:       Catharina Brauer 410-647-0734  
                   Jim Andreatta 410-744-0376, andreattaj@verizon.net  
Description:   Ride the B & A trail to the end and then roads into Annapolis to Quietwaters.  
                   Ride the trail in Quietwaters.  
Directions:    MD-2 south to Earleigh Heights Rd. Right approximately 0.3 mile to parking lots  
                   on either side of Earleigh Heights Rd. at B & A trail.

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**This is a casual ride**

Sept. 7:        Downs Park and Environs Ride  
Meet:         Chesapeake High School, 4768 Mountain Road, Pasadena  
Leader:        June Peterson, 410-242-3982; peteduff@msn.com  
Description:   22 miles. Explore several waterfront communities in the  
                   Pasadena area. A flat, easy ride with some great views of the Chesapeake Bay.  
                   Includes 3 miles of paved bike paths through Downs Park. Brown bag lunch in  
                   the park or an optional lunch at the end; no restaurants along the way. There is a  
                   diner and several restaurants on Mountain Road; also a deli in Long Point S.C.  
                   You will have to drive to get to them.  
Directions:    I-695 Beltway to Exit 2; follow MD-10 South to MD-100 East. Continue straight  
                   on MD-100 through 2 traffic lights to the end. Then, merge onto MD-177 East  
                   (Mountain Road). Continue 3 miles to Chesapeake High School on left. School is  
                   directly behind football stadium.

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**This is a casual ride**

Sept. 14       Chesapeake City Ride  
Meet:         Dirt parking lot east of Cheapeake City  
Leader:        Bob Benhoff, 410-810-0099    benhoff@yadoo.com  
Description:   Flat easy ride of 35 miles with shorter routes available. Lunch at deli on ride.  
Directions:    North on I-95 to Exit 100. Right on MD-272 south. Let on US 40, then right on  
                   MD 213 over the C & D canal. Take first right after bridge, and then immediate  
                   right. Left on MD- 286 through Chesapeake City. Right on 2nd street. Right at T,  
                   parking lot is 50 feet on left.

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**This is a casual ride**

Sept. 21       Jones Station to Armistead Park Ride  
Meet:         Jones Station Park and Ride  
Leader:        Catharina Brauer, 410-647-0734  
                   Jim Andreatta, 410-744-0376, andreattaj@verizon.net  
Description:   28 miles, bag lunch in Park  
Directions:    MD- 2 South to Jones Station Rd. Right onto Jones Station Rd. Right into the  
                   Park and Ride lot.

**OR**

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**ALL RIDES START AT 10:00 AM UNLESS OTHERWISE NOTED**

**This is an aggressive ride**

Sept 21      Three Covered Bridges Ride  
Meet:        Frederick Holiday Inn parking lot at US-40 and US-15  
Leader:      Bill Spangler - 410-744-8697, spangler@umbc.edu  
Description: 43 miles. Rolling hills with views of three Frederick County covered bridges.  
                 Lunch at Pizza Hut in Thurmont.  
Directions:   I-70 W to Frederick. North on US-15 to US-40W. Holiday Inn is the first right  
                 after leaving US-15 N.

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**This is a casual ride**

Sept. 28      Prospect Bay Ride  
Meet:        Terrapin Nature Area Parking Lot  
Leader:      Barbara Kasemeyer 410-744-2071, BarbaraKasemeyer@aol.com  
Description: Approximately 25 miles and includes the Kent Island Trail and then on Kent  
                 Island to the Prospect Bay community with lunch stop and will be a flat ride.  
Directions:   After crossing the Bay Bridge, take the first exit (Exit 37). Make a left. Turn at  
                 the top of the ramp proceeding across US 50 on MD-8. At the first traffic light  
                 turn left into Industrial Park. Go 0.2 miles to the T and make a right onto Log  
                 Canoe Circle. Go 0.7 miles to the Terrapin Nature Area on the right. Go in  
                 entrance and park.

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**This is a casual ride with hills**

October 5      Gwynns Falls Trail Ride  
Meet:        Park & Ride at end of I-70  
Leader:      Bob Moore 410-435-6623, bikemoore1@verizon.net  
Description: Ride the entire Gwynns Falls Trail from the newly opened trail head at the I- 70  
                 P & R to the Baltimore Inner Harbor and Harbor Hospital. Lunch in Federal Hill.  
                 Distance 32 miles.  
Directions:   I-695 to I-70 East to the park and ride.

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**This is an aggressive ride**

October 12      Thurmont Covered Bridges Ride  
Meet:        Thurmont Community Park, front parking lot.  
Leader:      Margaret-Chapman,evenings/ride-day-morning,301-977-8988,  
                 margtchapm@aol.com  
Description: 25 mile route takes us through all three covered bridges and to the Cozy Inn for  
                 lunch.  
Directions:   I-70 West to US-15 North out of Frederick. Exit on MD-806 to Thurmont. Turn  
                 left at the light at the fast food corner to continue on MD-806 through Thurmont  
                 past Cozy Inn, and park on the left.

**OR**

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**ALL RIDES START AT 10:00 AM UNLESS OTHERWISE NOTED**

**This is a casual ride**

October 12    Adams County Ride  
Meet:        Old Food Lion Parking Lot, McSherrystown, PA  
Leader:      Lillian Bauman 410-472-3476, LRBaumann@msn.com  
Description: 32 miles on rolling terrain on mostly county road. Lunch will at Biggerstaff Restaurant (Texaco Truck stop) at mile 18.5.  
Directions:  Take I-795 Northwest expressway to MD 30 Hanover Pike. Go through Hampstead and Manchester, MD. MD 30 becomes PA 94. Go 0.7 past the square in Hanover and make a left on Elm Ave. At the second traffic light Elm becomes PA-116, Main St. Continue on PA-116 through McSherrystown to parking long on right at the corner of Centennial St. and Main St.

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**This is a casual ride**

October 19    Baltimore Waterfront Pathway Ride  
Meet:        Waterfront Park  
Leader:      William Maupai - 410-667-0477; Bikerlips1@ aol.com  
Description: 15 - 20 miles around Baltimore Harbor to Fort McHenry – fun ride - follows waters edge thru Fells Point and Inner Harbor. Ride on paths, sidewalks and some streets.  
Directions:  I-83 South to downtown Baltimore. Left on Fleet Street. Right on Central Avenue. Left on Aliceanna Street. Bear right onto Boston Street. Continue approximately one mile to South East Avenue on right. Turn right into parking lot.

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**This is an aggressive ride**

October 26    Davidsonville to Galesville Ride  
Meet:        Park & Ride on MD 424 and US 50  
Leaders:     John & Barbara Buchleitner 410-647-3917, jbuchl@comcast.net  
Description: 37 miles through residential and rural communities to West River. Some hills. Lunch is at Pirates Cove Restaurant.  
Directions:  I-97 south to MD-3 South past Exit 10. Turn left on MD-424 (Davidsonville Rd). At the intersection of MD-424 and US-50 turn left into the Park & Ride.

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**OR**

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**ALL RIDES START AT 10:00 AM UNLESS OTHERWISE NOTED**

**This is a casual ride**

Oct. 26      W O & D Trail Ride  
Meet:        Leesburg Virginia at the Douglass Community Center.  
Leader:      Ruth & Lee Fleishman – 410.329.3208, [ruthnlee@juno.com](mailto:ruthnlee@juno.com)  
                 Deb Parshall – 301.990.6870, [djparshall@starpower.net](mailto:djparshall@starpower.net)  
Description: 25 mile round trip on a paved rail trail in rural Virginia. A little road riding.  
                 Lunch at a restaurant in Purcellville  
Directions:  I-70 west to exit 52. US-15/340 south. Follow US-15 for 20 miles to Leesburg.  
                 Take the US-15 Leesburg Bypass. Turn right on Market St. VA-7 for about 3  
                 blocks to a left on Sycolin Rd. Immediate right turn into the parking lot for the  
                 Douglass Community Center. Park far from building.

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**This is an aggressive ride.**

Nov. 2        Antietam Ride  
Meet:        Antietam National Battlefield Visitor Center  
Leader:      Dan McQueen - 410 730-5957, [danmcqueen@myshorelink.com](mailto:danmcqueen@myshorelink.com)  
Description: 32.6 miles with two good hills climbing a total of 1570' (and down). Lunch at Red  
                 Byrd Restaurant.  
Directions:  I-70 west to Exit 49 take US-40 west to left on MD-34 south in Boonesboro to  
                 Sharpsburg then right on MD-65 to battlefield visitor's center on right.

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**This is a casual ride**

Nov. 9        New Freedom to York on Heritage Trail  
Meet:        Bike Trail parking lot in New Freedom  
Leader:      Walt Pleines, 410-529-2726 [pleines2@aol.com](mailto:pleines2@aol.com)  
                 Carl Dannenfelser, 410-256-5173; [sorelegs1@aol.com](mailto:sorelegs1@aol.com)  
Description: 42 miles. Flat for a relaxing ride.  
Directions:  I-83 north to Exit 4, first exit in PA. Go west on PA-851. Follow signs to New  
                 Freedom. Park in the lot next to the trail.

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**This is a casual ride**

Nov. 16      Tour De Chase & Carroll  
Meet:        Carroll Island Shopping Center  
Leader:      Bud Lippert - 410- 686-5793, [blippert21221@yahoo.com](mailto:blippert21221@yahoo.com)  
Description: A Casual Ride through the communities and back roads of Bowleys Quarters,  
                 Carroll Island, Eastern Ave to Graces Quarters Rd to Oliver Beach & Harewood  
                 Pk. A mix of old & new communities, farms, woods, & waterfront.  
Directions:  From SR702 east on Eastern Ave to Carroll Island Road. Right on Carroll Island  
                 Rd, then turn right into shopping center at first traffic light.

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**OR**

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**This is an aggressive ride**

Nov. 16      Olney Manor Park Ride  
Meet:        Olney Manor Park  
Leader:      Margaret Chapman 301-977-8988, margtchapm@aol.com  
Description: 25 to 30 miles with lunch along the way  
Directions:  From I-70 past the truck weigh stop (exit right, then turn left onto Georgia Avenue) or from MD-108 West (turn left onto Georgia Avenue), travel south on MD-97 Georgia Avenue. Turn left off of Georgia Avenue at a light at Emory Lane, in order to enter the park. Turn left into the first parking lot, in the vicinity of the indoor pool.

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**This is an aggressive ride**

Nov. 23      Columbia to Savage Mill Ride  
Meet:        Oakland Mills Village Center Parking in Columbia, MD  
Leader:      Dan McQueen - 410 730-5957 or danmcqueen@myshorelink.com  
Description: Bike along the Little Patuxent River to lunch (deli, brew pub, etc.) at Savage Mill mostly on paths and back 16-20 miles. Virtually no hills with none significant.  
Directions:  I-70 west to US-29 south to MD-175 east towards Jessup to first traffic light right on Thunderhill Road to 3rd STOP at T junction Right into Oakland Mills Village Center then immediate left into parking lot.

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**This is a casual ride**

Nov. 30      Back River Neck Ride  
Meet:        Back River Recreation Center  
Leader:      Bob Carson  410 828 8604, bikebob@comcast.net  
Description: Up to 30 miles on almost flat roads. You will be able to bike in and out of the many peninsulas with dead end roads off of Turkey Point Road and Back River Neck Road, past waterfront homes, yacht clubs and countryside vistas of the Chesapeake Bay and tributaries. Little to moderate traffic. Lunch will be at a restaurant about 3/4 of the way into theride.  
Directions:  Back River Neck Recreation Center is located on Back River Neck Road just south of the junction with South East Blvd. (MD 702). From the Beltway (I-695), take Exit 36, which leads directly to MD 702. In about 4 miles you will see the Recreation Center on your left.

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**This is a casual ride**

Dec. 7      Marley Station to Patapsco State Park Ride  
Meet:      Marley Station  
Leader:     Rose Eicker - 410-242-2850, dblbikes@aol.com  
Description: 29 miles on B&A and BWI trails and on roadways with some hills to Patapsco State Park. Bring picnic lunch to eat in Patapsco State Park.  
Directions: Take Ritchie Highway, MD-2, to Marley Station Mall, use parking Lot E in the rear of the mall adjacent to the B&A Trail.

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**This is a casual ride**

Dec. 14     North Point Ride  
Meet:      Parking lot at the new Food Lion store on the left side of the 7500 block of North Point Road  
Leader:     Bob Carson   410 828 8604, bikebob@comcast.net  
Description: An easy ride of 20 miles on flat roads. The roads are two lanes without shoulders. There could be some traffic, but not too heavy. Visit Fort Howard, North Point State Park, Black Marsh Wildlands, Swan Point, and Bay Shore. Lunch will be at a local restaurant about 1/2 way into the ride.  
Directions: If you are coming from the north, take the Baltimore Beltway I-695 to Exit 42. Get on North Point Road (not boulevard) toward Edgemere and Fort Howard. In about 1 mile the Food Lion will be on your left. If you are coming from the south, take the Baltimore Beltway I-695 across the Key Memorial Bridge to Exit 43. Get on Bethlehem Boulevard to its end at a T with North Point Road (not boulevard). Turn right to the Food Lion on your left.

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