



# Baltimore Bicycling Club Newsletter

Volume 42 Number 3

May | June 2009

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**Baltimore Bicycling  
Club, Inc.**

**P.O. Box 5894**

**Baltimore, MD 21282-5894**

## *Upcoming Events!*

DE-MD Flatlands Tour, June 20

BBC Picnic, July 12

Corn Roast Rides, August 1

To make sure you continue to get your Newsletter and membership renewal notices, please let us know if any of your membership information changes. You can do this by sending an e-mail to [update@baltobikeclub.org](mailto:update@baltobikeclub.org), or go on the Web site to the Member Update page (<http://www.baltobikeclub.org/index.pl/update>), complete the form, and submit it.

**2009 Officers & Members-at-Large of the Board**

The BBC is governed by an Executive Board (consisting of a President, Vice President, Treasurer, Secretary, four members-at-large, and the Past President) which meets monthly to discuss club business. If you would like more information, please call the current BBC President. For a synopsis of the minutes, call the Secretary.

**Officers**

Mary Ryan, President  
410-828-1015  
president@baltobikeclub.org

Georgia Glashauser, Vice President  
410-857-3262  
vicepresident@baltobikeclub.org

Ed Cahill, Secretary  
410-465-1492  
secretary@baltobikeclub.org

Ken Philhower, Treasurer  
410-437-0309  
treasurer@baltobikeclub.org

Bob Carson, Past President  
410-828-8604  
pastpresident@baltobikeclub.org

**Members-at-Large**

John Cole (2008-2009)  
410-661-4427  
membersatlarge@baltobikeclub.org

Beth Cooper (2009-2010)  
410-461-3659  
membersatlarge@baltobikeclub.org

Russ Loy (2009)  
410-628-6297  
membersatlarge@baltobikeclub.org

Mary Menne (2009-2010)  
410-795-6571  
membersatlarge@baltobikeclub.org

**2009 Committees**

Insurance

Government Relations

Instructional Programs . . . . .Howard Kaplon . . . . .410-484-6955

Club Items for Sales . . . . .Mitch Tobias . . . . .410-833-8137

Newsletter Editor . . . . .Maxine Mead . . . . .443-474-7076

    1. Tandem Column . . . . .Peggy & Tom Dymond . . . . .410-272-9139

Rides . . . . . Georgia Glashauser . . . . .410-857-3262

(see Rides section of newsletter for committee members)

Cue Sheet Librarians . . . . .Gene Bayer . . . . .443-850-0671

    . . . . .Larry Kenny . . . . .

Team BBC Representative . . . . .Bob Rohlfing . . . . .410-665-5740

Safety Awareness Program . . . . .John Overstreet . . . . .

BBC Property

Web Site Webmasters . . . . .Mary Ryan . . . . .410-828-1015

    . . . . .Craig Martin . . . . .410-538-8791

Membership . . . . .Craig Martin . . . . .410-538-8791

Giving . . . . .Russ Loy . . . . .410-628-6297

BBC Talk Administrator . . . . .Janet Goldstein . . . . .410-366-1466

**League of American Bicyclists**

1612 K Street, NW, Suite 401

Washington, DC 20006

202-822-1333



## BBC SPECIAL EVENTS FOR 2009

Event information is subject to change. For current updates check the BBC Web site at [www.baltimorebicyclingclub.org](http://www.baltimorebicyclingclub.org) or call the event leader.

<b>CRABS Potluck</b>	January 17, 2009	Peggy & Tom Dymond 410-272-9139 <a href="mailto:tedymond@verizon.net">tedymond@verizon.net</a>
<b>BBC Winter Social</b>	February 22, 2009	Gloria Epstein 410-665-3012 <a href="mailto:carlglo@verizon.net">carlglo@verizon.net</a>
<b>Kent County Spring Fling</b>	May 22-25, 2009	410-790-4422 <a href="mailto:kentcountyspringfling@gmail.com">kentcountyspringfling@gmail.com</a>
<b>DE-MD Flatlands Tour</b>	June 20, 2009	Ken Philhower, 410-437-0309 <a href="mailto:bbcflatlands@cablespeed.com">bbcflatlands@cablespeed.com</a>
<b>BBC Picnic</b>	July 12, 2009	Mary Ryan, 410-828-1015 <a href="mailto:picnic@baltobikeclub.org">picnic@baltobikeclub.org</a>
<b>Civil War Century</b>	September 12, 2009	<a href="http://www.civilwarcentury.com">http://www.civilwarcentury.com</a>
<b>Weekend in Lancaster</b>	September 25-27, 2009	John or Jane Cole 410-661-4427 <a href="mailto:jicole01@comcast.net">jicole01@comcast.net</a>  Walt or Carol Russell 410-665-0651

# OUT OF BOUNDS

By Diana Voelkel

May 3, 2009

**Eco-Ride! Bike for a Greener Maryland.** Reisterstown, Maryland.

6, 18, 30, 60 mile supported ride through Baltimore County farmlands. Biking to support the Kayam Farm at Pearlstone Center - Tax Deductible Registration Fee.

<http://www.pearlstonecenter.org/bikeride.html>

May 16, 2009

**Knotts Island Century.** Chesapeake, Virginia.

Rides through rural Chesapeake, VA and North Carolina. English, metric, and half-metric centuries. Sags, rest stops, snacks, marked roads and cue sheets, and free spaghetti dinner at the end. For more info, [cameier17@verizon.net](mailto:cameier17@verizon.net) or 757-467-2979. Online registration at [www.tbarides.org](http://www.tbarides.org).

May 16, 2009

**Heritage Day.** Dorchester County, Maryland. 10:00 a. m. Walking tours, food, kids' activities, and more. Cycling tours led by local guides will give you a special view of the county, with stops at historical sites. To reserve a spot on a cycling tour, email [info@TourDorchester.org](mailto:info@TourDorchester.org) or call 410.228.1000.

May 17, 2009

**Hanover Cyclers 35<sup>th</sup> annual Horse Farm Tour.** Hanover, Pennsylvania.

Visit [www.HanoverCyclers.org](http://www.HanoverCyclers.org) and download a registration form or go to [www.bikereg.com](http://www.bikereg.com) and register online for only \$15.00 to ride all day.

May 23 – 24, 2009

**AngelRide.** Mystic, Connecticut.

130-mile, 2-day cycling event in scenic north/central Connecticut. Ride benefits Angel Charitable Trust, which helps children with cancer and other life-threatening diseases. For more info, please visit [www.angelride.org](http://www.angelride.org).

May 30, 2009

**Casa ROCK.** Shepherdstown, West Virginia.

25, 50, and 100 mile road rides and 10 and 25 mile tow path rides supported with rest stops and sag. Registration is \$35.00 before May 15th and \$40.00 on the day of the ride. Proceeds benefit abused and neglected children. Register on-line or call (304) 263-5100 for mail-in address.

<http://www.casaride.com/>

May 30, 2009

**Shorebird Metric Century.** Salisbury, Maryland. 15, 35, and 65 mile bike tour on the Eastern Shore to benefit the American Cancer Society. \$45 after May 1.

[http://community.acsevents.org/site/TR?fr\\_id=17977&pg=entry](http://community.acsevents.org/site/TR?fr_id=17977&pg=entry)

June 5 – 7, 2009

**Chesapeake Bay Air Ride.** Salisbury, Maryland.

CBAR is a weekend long, pledge-based bike tour and inline skating event. Routes go through Wicomico, Somerset and Worcester Counties to Assateague Island or along the shorelines. Choose from 20, 40, 62.5 or 100 miles on Saturday and 20, 40 or 62.5 miles on Sunday. CBAR raises

money for the American Lung Association. Start/finish, lodging, and activities, including our famous crab feast, are held at Salisbury University in Salisbury, MD. For more info or to register visit <http://www.cbarmd.org/> or call 800-642-1184.

June 13, 2009

**Patuxent River Rural Legacy Ride.** Croom, Maryland.

24, 46, or 62 miles from the Merkle Wildlife Sanctuary. This is Oxon Hill Bicycle and Trail Club's annual ride to showcase Prince George's County's Patuxent River Rural Legacy Area. \$15 pre-registration or \$20 on day of the ride includes after-ride picnic. Proceeds benefit Merkle Wildlife Sanctuary.

[http://ohbike.org/events/rural\\_legacy\\_eflyer.html](http://ohbike.org/events/rural_legacy_eflyer.html)

August 21 – 23, 2009

**Allenberry Resort Cycling Weekend.** Boiling Springs, Pennsylvania.

Once again PPTC is running this popular cycling event. We have rides from 11-75 miles, lots of parties, jokes, and food. The play this year is the King and I. Please sign up early since we only have room for 80 participants. Go to [www.bikeptc.org](http://www.bikeptc.org) for more information and to register.

September 13, 2009

**Southern Maryland Fall Century - the Indian Head 100.** Indian Head, Maryland.

16, 29, 63, and 100 miles from the Village Green Park in the town of Indian Head, at the southernmost end of MD 210 [Indian Head Highway] (20 miles south of Washington Beltway exit 3-A). Sponsored by the Oxon Hill Bicycle and Trail Club. Cycle through scenic and historic Southern Maryland.

<http://ohbike.org/century>

September 13, 2009

**Save-A-Limb Ride and Festival.** Hunt Valley, Maryland. 7:00 a. m.

Featuring Tour de France cyclist Floyd Landis, a picnic in the park, fitness fair and kid's carnival. Three ride options: Metric Century, 30-Mile Ride, 6-Mile Family Ride.

<http://www.savealimbride.org/>

October 11, 2009

**The Civista Potomac Heritage Bicycle Tour.** La Plata, Maryland.

14, 33, 60, 80, and 100 miles through Southern Maryland. All routes, except the casual 14-mile family ride, will take cyclists along the scenic on-road bicycle route of the Potomac Heritage Trail National Scenic Trail. The event is sponsored by the Civista Health Foundation. Cyclists will enjoy an after-ride party with food and entertainment.

[http://www.active.com/page/Event\\_Details.htm?event\\_id=1657974](http://www.active.com/page/Event_Details.htm?event_id=1657974)

## The BBC Web Site Takes Another Step Forward

Coming to the BBC will be our new, updated website online near the end of 2009. All of the functionality of the current website will be incorporated as well as new features allowing a more seamless integration with other club resources. You will no longer need to go to Cue Sheet Central to add rides as the necessary forms will be on the new site. Our Yahoo discussion forum will be integrated into the club web site. Navigation of club information and available resources will be improved. The goal of the new site will be to give members a more coherent experience – in one place – of all benefits our club has to offer members.

Our new site will incorporate three levels of access; a free area for non-members, paid member features and administrator's sections. Ride coordinators will be able to verify the suitability of ride leader ride postings. Editors will be able to approve articles submitted for posting. All members will have access to the full ride schedule, ride starts, stored cue sheets, forum discussion and club newsletter. This new role based architecture will help distribute the load of running our club as well as making it easier for members to participate in club activities. Stay tuned for further updates as we move to the next exciting frontier of service to the Baltimore Bicycling Club's membership.

# Pedal in Style. . .

## Order your NEW Baltimore Bicycling Club Jersey!

Now you can have a "New" BBC Jersey!  
Custom designed by local cyclist Jason Kamps of Wolf Designs.  
These Jerseys by Verge Sports feature M-Tec Extreme fabric,  
a 3/4 length invisible zipper and 3 back pockets



Front



Back

Design is in  
Maryland Flag colors  
Gold, Red & Black

Jerseys are \$70.00 each (tax, S&H included)  
Club Fit, Women's Race Fit, & Men's Race Fit

©2007 Wolf Designs / Jason M. Kamps www.wolfdesigns.com

	Custom Art & Graphic Design Services Logos Catalogs Marketing Supplies T-Shirts Apparel Jerseys 410-796-5858 www.woofdesigns.com		<b>Size Chart</b>					
	Jersey Size	XS	S	M	L	XL	2XL	3XL
	Men's Chest	-	36-37	38-39	40-41	42-44	45-47	48-50
	Women's Size	2-4	6	8	10	12	-	-
	Bust	28-30	31-33	34-35	36-37	38-39	-	-

"Club Fit" (S to 3XL) Fits both Men & Women that don't have that slim and trim physique with a more relaxed fit.

"Women's Race Fit" (XS to XL) Fits a Women's contours with a slim and trim physique. Larger framed women may prefer the "Club Fit"

"Men's Race Fit" (S to 2XL) Fits Men with a slim and trim physique. Larger framed men may prefer the "Club Fit"

Jersey Order Form (Avoid confusion, order ONLY One Jersey per form)

_____				_____					
Name				E-Mail Address					
_____			_____		_____		_____		
Address			City		State		Zip + 4		Phone Number
Choose Size [Check One] : XS [ ] S [ ] M [ ] L [ ] XL [ ] 2XL [ ] 3XL [ ]									
Choose the Jersey Style [Check One] : Club Fit [ ] Women's Race Fit [ ] Men's Race Fit [ ]									
Make check payable to Baltimore Bicycling Club						TOTAL PAYMENT = \$70.00			

Mail check & completed order form to: BBC Jersey c/o Nancy Finnegan  
P.O. Box 179  
Brooklandville, MD 21022-0179

Questions? Call Nancy @ 410-239-0550  
OR Email: LogoJersey@baltobikeclub.org  
Purchase online for the SAME Price at:  
www.baltobikeclub.org/index.pl/logo\_jersey

# Baltimore Bicycling Club Classic Jersey Clearance Sale!



NOW you can have one of our classic BBC jerseys! These "cool" Louis Garneau shirts are short-sleeve and fabricated in Micro- Airdry fabric, include 15 inch invisible zipper and 3 back pockets. Supplies are limited. Get one before they are gone.

**Just fill out the order form below and PEDAL IN STYLE!**

Price: **\$25.00** for Club Fit. **\$30.00** for Race Fit.

Sizes Available	
Men's Club Fit	Men's Race Fit
S	
	M
	XL

Mail the completed BBC Jersey Order Form to:

BBC Jersey  
attn: Judy Broadwater  
122 Glenmoore Ave.  
Cockeysville, MD 21030-2421  
410/628-6297

Include payment via check payable to  
**Baltimore Bicycling Club, Inc.**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

QUANTITY \_\_\_\_\_ JERSEY(S) IN SIZE/FIT \_\_\_\_\_

QUANTITY \_\_\_\_\_ JERSEY(S) IN SIZE/FIT \_\_\_\_\_

I HAVE ENCLOSED PAYMENT FOR \_\_\_\_\_ JERSEYS

## **!!BBC 25TH ANNUAL INSTRUCTIONAL RIDE SERIES!!**

### **OUR POPULAR INSTRUCTIONAL PROGRAM IS CELEBRATING A QUARTER CENTURY!!**

The BALTIMORE BICYCLING CLUB'S Instructional Ride Series will begin with an **orientation** to be held on **Sunday, April 26, 2009 at 10:30 a.m. at the Ridgely Middle School** in Baltimore County. Directions to the school are provided below.

This series is offered to anyone over 16 years of age interested in learning the basic skills of cycling, including doing minor road repairs and improving as a rider. We want to help people new to our sport find a comfortable riding level and develop so they can at least ride on the BBC casual rides by the end of the series and to permit experienced riders who are new to club riding to meet and to learn about group riding. The ride series will cover both road and recreational trail riding.

At the orientation, we will demonstrate cycling skills and techniques and discuss bicycles, equipment and clothing and answer any questions about the program. We will watch a short, informative video on cycling safety and bike handling. If you bring your bicycle to the orientation, we can check it out for you and show you how to do a pre-ride bike check. The indoor orientation will be held **RAIN OR SHINE**. Weather permitting, anyone who wants to do so can join us for a short ride following the orientation. You must have and wear a helmet in order to ride. Below is the full ride schedule.

**DIRECTIONS:** **Ridgely Middle School** is at the southeast corner of **CHARMUTH** and **RIDGELY** Roads. Take **Exit 26** of the Baltimore Beltway (I-695) and go **North** on YORK Road for approximately one mile. Then make a **Right** on RIDGELY Road, go for **one long block** and make a **Right** on CHARMUTH Road. The school is on your left; enter the first driveway, park and walk to front of school.

#### **THIS YEAR'S SCHEDULE:**

**ORIENTATION:** Sunday, April 26, 2009 – Ridgely Middle School at **10:30 a.m.**

**RIDE SCHEDULE:** (Note that all rides start at **10:00 a.m., not 10:30**)

Sunday, May 3	NCR Trail ride at 10:00 a.m.
Sunday, May 10	Greenspring Station Optional Mother's Day Ride with a lot of "parking lot practice" at 10:00 a.m.
Sunday, May 17	Greenspring Station at 10:00 a.m.
Sunday, May 24	Greenspring Station at 10:00 a.m.
Sunday, May 31	Jacksonville at 10:00 a.m.
Sunday, June 7	Jacksonville at 10:00 a.m.
Sunday, June 14	To be determined – depending on how we are all doing. Graduation Ride.

**QUESTION:** What kind of bike will I need? Begin with any bike in reasonably sound condition. Bring it to the orientation and we will check it. However, you do not need a bike for the orientation. Do not buy a new bike yet; we can help you decide what style and size of bike is right for you!

**QUESTION:** What is the cost of the instructional orientation and ride series? The entire program is **FREE**. It is open to both club and non-club riders. **BBC membership is not required.** **Bring a friend!**

**FOR MORE INFORMATION:** For additional information or to get on our email list, contact:

Howard Kaplon at [hkaplon@towson.edu](mailto:hkaplon@towson.edu) or 410-484-6955

# **BBC ANNUAL PICNIC!**

## **SUNDAY JULY 12, 2009**

### **Patapsco State Park**

**Avalon Area, Elkridge, MD**  
**Rain or Shine**



- **Rides in the morning (check the ride schedule)**
- **Park gates open at 9:00 AM**
- **Picnic lunch buffet served at 1:00 PM**
- **Playground and paved trails for cycling inside the park - bring your children!**

**For more information contact Mary Ryan, 410-828-1015, [picnic@baltobikeclub.org](mailto:picnic@baltobikeclub.org)**

**Directions to Patapsco State Park Avalon area: (Mapquest: 5250 South St., Elkridge, Md 21075)**

**From the Beltway I-695:** Take Exit 12-A, Route 1 South. Go 3 miles, turn right onto South St. Park entrance is on the left.

**From I-95:** Take exit 47 to I-195 east. From I-195 take Exit 3, Route 1 south. Go ½ mile, turn right onto South St. Park entrance is on the left.

**From the south:** take Route 1 north through Elkridge, past the entrance to I-895. Turn left on South St. Park entrance is on the left.

Detach and mail with your check

**BBC 2009 Summer Picnic Registration Form: Register by July 6, 2009!**

Cost: Adults - \$15 Children under 12 - \$5 - **Make Checks payable to BBC**

Mail this form and your check to: Mary Ryan, 128 Warwick Drive. Lutherville, MD 21093

Name(s): \_\_\_\_\_ Phone: \_\_\_\_\_

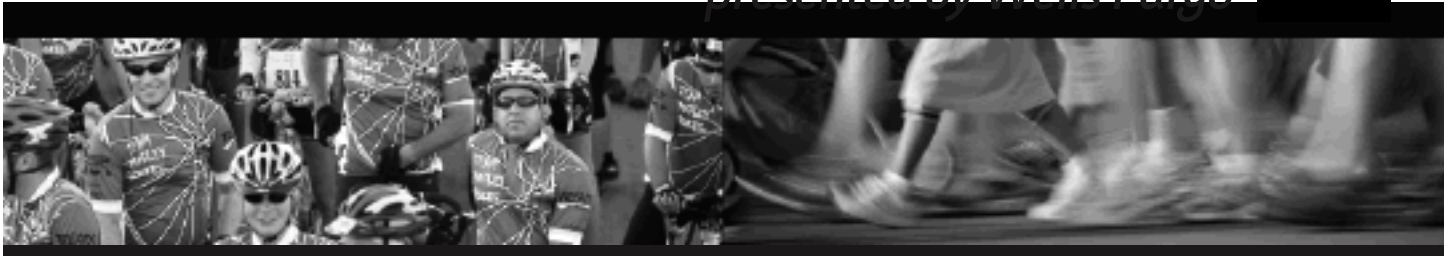
Children's names/ages: \_\_\_\_\_

We are combining two of our most well-loved events,  
Bike MS and Challenge Walk MS, to create...

# Chesapeake Challenge!

WELLS  
FARGO

*presented by Wells Fargo*



**Chestertown, MD**

**June 13-14, 2009**

bike  
**MS**

Chesapeake  
Challenge 2009

*Join us for Bike MS Chesapeake Challenge 2009!*

Join us in Chestertown, MD at Washington College for one or two days of the area's best supported cycling event, attracting more than 600 participants from across Maryland and beyond. **Enjoy the new location and new routes along the Eastern Shore.**

**Saturday:**

*30 mile, Metric Century (62.5 mile) & Century (100 mile) options*

**Sunday:**

*30 mile & 50 mile options*

***Accept the Challenge. Register Today!***

***Visit [www.chesapeakechallenge.org](http://www.chesapeakechallenge.org) or call 443-641-1200.***

challenge  
walk

**MS**

Chesapeake  
Challenge 2009

*Join us for Challenge Walk MS Chesapeake Challenge 2009!*

Join us for a two day, 50K walk through Maryland's Eastern Shore. Challenge Walk MS is the perfect way to embrace a personal challenge while making a difference in the lives of people with MS. Recruit family members and friends to join you during this spectacular weekend.

Walkers and cyclists will have different routes. You won't be competing for space with each other as you enjoy new separate scenic routes.

Baltimore Bicycling Club's 39th Annual  
**Delaware-Maryland Flatlands Tour**

Dedicated to the memory of Dave Coder (7/6/1955 - 2/14/2004)

**Saturday, June 20, 2009**

**Event Coordinator:** Ken Philhower (410-437-0309 or [bbcflatlands@cablespeed.com](mailto:bbcflatlands@cablespeed.com))

**Place:** Bohemia Manor High School, 2755 Augustine Herman Highway (Rt. 213), Chesapeake City, MD

**Directions:** From Baltimore, take I-95 north to exit 109A (Rt. 279 south) and go 3 miles to Elkton. Turn left at Rt. 213 south. Cross Rt. 40 and continue 6 miles to Chesapeake City. Cross the C&D Canal Bridge and continue 1 mile. Turn right at traffic light (may be flashing yellow on weekends) into Bohemia Manor High School. Please allow at least 1-1/2 hours to get there from Baltimore. (It's about 65 miles.)

From Annapolis, take US Route 50/301 east across the Bay Bridge and continue 10 miles. At the 50-301 split, continue straight on Rt. 301 north (toward Wilmington) for 32 miles. Turn left on Rt. 313 north and go 3 miles to Galena, then go straight at the traffic light onto Rt. 213 north. Continue on Rt. 213 north for 13 miles (about 2 miles past the light at Rt. 310), then turn left at the traffic light (may be flashing yellow on weekends) into Bohemia Manor High School. Please allow at least 1 hour and 45 minutes to get there from Annapolis. (It's about 70 miles.)

**Time:** Registration begins at **7:00 a.m.** and ends promptly at **9:45 a.m.** so volunteers also can enjoy riding. Check-in and register at high school before the rides. No pre-registration.

**Group Start Times:**

7:30 a.m. -- Century (101 miles)

8:00 a.m. -- 3/4 Century (77 miles)

8:30 a.m. -- Metric Century (101 kilometers / 63 miles)

9:00 a.m. -- Half Century (54 miles)

9:30 a.m. -- 35-mile ride

**Fee:** BBC members \$5.00; non-members \$6.00. Includes cue sheet, map, snacks, and use of portable toilet.

**Important:** No sag service is provided, so riders must be prepared to handle any bicycle problems they encounter. Bring water (2 bottles recommended), spare tube/patch kit, sunscreen, and money for food and drinks. **ANSI-, Snell-, ASTM/SEA-, or CPSC-approved bicycle helmets are required.**

**RIDE DESCRIPTIONS:**

These rides are primarily on flat terrain. You will cycle on paved roads in rural Maryland and Delaware through farmland and natural wetland areas, as well as a few residential areas and small towns. There are stores for food and water on each route.

**Century (101 miles):** Route heads south through Warwick and Sassafras to Millington before heading east into Delaware. After passing through Hartly, Kenton, and Cheswold to Leipsic, the route turns north along the Delaware River wetlands to Port Penn. The final leg returns west along the C&D Canal back to Chesapeake City. Lunch is available at several convenience stores near the midpoint of the route. Please note: After lunch there is a 36-mile section with no stores, so be sure to carry plenty of water.

**3/4 Century (77 miles):** Follows the century route south to Millington before turning northeast into Delaware. After passing through Blackbird State Forest, enjoy lunch in Townsend, DE, before re-joining the century route and continuing north along the Delaware River wetlands to Port Penn. The final leg returns west along the C&D Canal back to Chesapeake City.

**Metric Century (101 kilometers / 63 miles):** Since 2003 this has been the most popular of the five routes. After passing through Chesapeake City, this route heads east along the C&D Canal into Delaware, then turns south along the Delaware River wetlands to Port Penn. After the lunch stop in Townsend, DE, the route returns to Chesapeake City via Sassafras, MD and Warwick, MD. On this route you'll be riding in the opposite direction from the longer routes, so you'll pass some longer-distance riders heading the other way.

**Half Century (54 miles):** Follows the metric century route for the first 35 miles to the lunch stop in Townsend, DE. The route returns northwest through Middletown and back to Chesapeake City. If you can do 25 miles in hilly Baltimore County, you should be able to do this relatively flat 54-mile ride.

**35-mile Ride:** Ride to historic Odessa, DE. Route updated to avoid Middletown. Appropriate for experienced Casual & 10mph riders.

**AFTER THE RIDE...**

Join us on the outdoor deck at the Chesapeake Inn to eat, drink, relax with live music, and watch ships pass through the canal. For more info, visit <http://www.chesapeakeinn.com>. (Note: Schaefer's Canal House has gone out of business.)

**Coming Saturday, September 12, 2009**

## ***The Civil War Century***

**Riders limited to 1600 & No walk in registration**

Join us in Thurmont, Maryland again this year for the cycling event that has everything -- famous historical sites, breathtaking scenery, low-traffic roads, and well-marked routes designed for every ability level. As in the past, you can visit the South Mountain and Antietam or Gettysburg battlefield sites -- or all three of them if you elect to ride the full century -- while cycling through some of the most beautiful countryside east of the Mississippi.

Check-in for registered riders begins at 7 a.m. and continues through 10 a.m. for riders on the shorter routes. A ride for everyone: We offer five rides ranging from long and mountainous to short and flat. All routes are well marked and cue sheets are provided.

**Civil War Century (105 miles)** -- This is our most popular and most challenging route. It visits all three Civil War battlefields offering breathtaking mountain vistas along the way. This hilly ride has about 7,400 feet of climbing with four mountain climbs, but if you get tired, you can bail out at 66 miles, skipping Gettysburg (and the last mountain climb) in favor of a scenic seven-mile descent back to the start/finish.

**Gettysburg Three-quarter Century (77 miles)** -- This route is for those who want a more challenging ride to Gettysburg, but who don't want to tackle the full century. With about 6,400 feet of climbing, you'll scale four mountains en route to the battlefield. If you get tired, don't worry -- you can avoid the last big climb and bail out at the 38-mile point, cruising seven miles, mostly downhill, back to the start/finish point in Thurmont.

**Gettysburg Metric Century (62 miles)** -- On this ride you get to look at the mountains, not climb them, as you meander along pleasant country roads through the lush rolling farmland of the Monocacy and Carroll Valleys to Gettysburg and back. As a bonus, you'll see four covered bridges on this route.

**Gettysburg Half Century (50 miles)** -- This ride also takes the easy route to Gettysburg, traveling along most of the same pleasant country roads as the metric century, but skipping two of the covered bridges.

**Covered Bridge Quarter Century (25 miles)** -- On this flat ride you won't visit any battlefields, but you will get to cross three covered bridges that were used repeatedly by the troops of both sides in the Civil War.



Registration through Active.com only and is open. Find the link at [www.civilwarcentury.com](http://www.civilwarcentury.com). **And BBC Members** -- Please consider volunteering! Without your help and support this event doesn't happen. See the ad in this Newsletter or on the website [www.civilwarcentury.com](http://www.civilwarcentury.com).

## JOIN the FUN - Volunteer!

The **Civil War Century** is one of the BBC's premier invitational events. To make it a successful, safe and enjoyable experience for our guests, we need to have the commitment of about 200 volunteers. If you are a member of the BBC, you should consider this day as a primary day to give back to the club and to the cycling community that so often hosts us at their events. The BBC cannot continue to guarantee the success of this event without increased support from its members. Without you and many others, the Club cannot continue to successfully host this event.

Benefits:

**It's Fun!** It may sound like work but it really is a lot of fun.

Make new **friends!** You will meet new folks, make friends, and form great social bonds.

**Satisfaction!** – You have the chance to give something back to the cycling community and to your club.

**T-Shirts** -Receive both a long-sleeved Event T-Shirt & a volunteer T-Shirt.

**Ice cream** - what else could you possibly want?

There is **no charge** to register as a volunteer. Plus, depending upon your task, volunteers can ride for free if they have committed to 3 or more hours of service.

Though the event was quite successful the last few years with a limited number of volunteers, the Club will be making a very serious effort to substantially increase the number of volunteers for CWC 2009. This will help to make the work load a bit easier for everyone, as well as improving certain important aspects of the event.

**Please** volunteer this year. Non-riding spouses, friends and neighbors are also welcomed (and really appreciated!) as volunteers.

You may register to volunteer by going to Active.com. There is a direct link to the event and Active.com at the BBC website, <http://www.baltobikeclub.org>, along with brief descriptions for some of the volunteer positions. There is no charge to register.

Registering via Active.com will assure that we will have your contact information in one convenient place and also will allow you to select the size of your complimentary T-Shirts. We will attempt to assign you to your choice of positions/locations, but your flexibility in assignments will be greatly appreciated.

If you have questions, please contact one of the committee members listed below.

We really appreciate your participation. If you have ideas about how to entice more members to volunteer, please share them with us - we could sure use the help, and volunteering has been fun and rewarding for many of us in prior years!

Mary Menne  
Carol Russell  
Gloria Epstein

Barry Menne  
Bob Carson  
Barb Park

Craig Martin  
Bud Lippert  
Cindy Wyatt

Mary Ryan  
Becky Smith

# ***Weekend in Lancaster*** ***September 25, 26, & 27, 2009***



- Three days of cycling the scenic, rolling roads of the Amish heartland, with rides ranging from 16 to 61 miles.
- Lodging on Friday and Saturday nights at the Mill Stream Country Inn. All rooms have two queen beds and cable TV. An indoor storage room for bikes is provided.
- Wine, cheese and dessert parties in the Mill Stream's hospitality room on Friday and Saturday evenings.
- Deluxe continental breakfast on Saturday and Sunday at the Mill Stream Country Inn.
- Buffet dinner on Saturday at the Bird-in-Hand Restaurant. ***(Friday dinner is on your own.)***
- Complimentary rooms for showering on Sunday
- All taxes and gratuities are included.

**Each attendee must provide an application and signed release.**

Name \_\_\_\_\_

Home Phone \_\_\_\_\_

Address \_\_\_\_\_

Cell Phone \_\_\_\_\_

\_\_\_\_\_

E-mail \_\_\_\_\_

Roommate \_\_\_\_\_

**(Please provide roommate information at the same time, because you will not be registered until all information is received. We do not provide or assign roommates.)**

Emergency Contact Name \_\_\_\_\_

Emergency Contact Phone \_\_\_\_\_

BBC member p.p. for complete weekend - \$190.00 (Double Occupancy)

BBC member p.p. for complete weekend - \$305.00 (Single Occupancy)

Non-member p.p. for complete weekend - \$210.00 (Double Occupancy)

Non-member p.p. for complete weekend - \$325.00 (Single Occupancy)

(We do not offer a non-lodging option.)

\$ \_\_\_\_\_

Please Make check payable to BBC.

**APPLICATION DEADLINE IS September 1, 2009**

(Refund minus \$20 until September 15th. No refund after September 15th.)

**Mail applications, signed release forms and check(s) to:**

**BBC Weekend in Lancaster**

**9100 Orbitan Road**

**Baltimore, MD 21234**

**Questions: [jicole01@comcast.net](mailto:jicole01@comcast.net) or call:**

**John or Jane Cole (410)661-4427**

**Walt or Carol Russell (410) 665-0651**

# BICYCLE HELMETS MUST BE WORN AT ALL BBC RIDES & EVENTS

## BALTIMORE BICYCLING CLUB, INC. ("BBC")

### RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AND PARENTAL CONSENT AGREEMENT ("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in the BBC sponsored Bicycling Activity ("Activity") listed below, I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such "Activity". I further acknowledge that the "Activity" will be conducted over public roads and facilities open to the public during the "Activity" and upon which the hazards of travelling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the "Activity".

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these "Risks" and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the "Activity", the condition in which the "Activity" takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH "RISKS" AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the "Activity".

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the BBC, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the "Activity" takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the "Releasees", I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE "RELEASEES" from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Name Of Activity: \_\_\_\_\_

\_\_\_\_\_  
Participant's Signature (only if age 18 or over)                      Participant's Printed Name                      Date

\_\_\_\_\_  
Street Address                      City                      State                      Zip                      Phone

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF BICYCLING "ACTIVITIES" AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED TO PARTICIPATE IN SUCH "ACTIVITY". I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE "RELEASEES" FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE "RELEASEES" NAMED ABOVE, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

\_\_\_\_\_  
Parent/Guardian Signature (if participant under age 18)                      Parent/Guardian Printed Name                      Date

\_\_\_\_\_  
Street Address                      City                      State                      Zip                      Phone



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## RIDE SCHEDULE, MAY/JUNE 2009

**This schedule may be out of date by the time the Newsletter is published. Please check the online ride schedule or Cue Sheet Central for the most up-to-date schedule. We strongly encourage everyone to sign up for BBC Talk, the Baltimore Bicycling Club's electronic discussion group. See instructions at the end of the Newsletter. This is the best way we know to inform riders of ride cancellations. Ride leaders are encouraged to post cancellations on BBC Talk.**

### Saturday, May 02, 2009

**10-12 mph** - 9:00 am - 30 mi - Mike Gesuele  
410-274-8253(M) or 410-965-5379 (W)  
**Start** Mayeski Park - near South Carroll H.S..  
Directions- Go to South Carroll H.S. as you normally would. From Old Liberty Road go west past the parking lot we usually use, go past the fire department, take a right at the STOP sign & go to the top of the hill. email: mgesuele@gmail.com  
Some great downhill, some uphill, usually some wind, great scenery and we usually munch after the ride.

**13-15 mph** - 10:00 am - 46 mi - Gary Brandon  
(717) 235-3893 [rideleader13@yahoo.com](mailto:rideleader13@yahoo.com)  
**Start** MLP - Maryland Line Park and Ride Ellen's winery tour. Enough hills to make Ellen whine and enough wine to ease the pain. Nice Southern PA ride passing Naylor and Seven Valleys vineyards.

**15/17 and 18** - 9:00 am - 84 mi - Janet Goldstein 410-366-1466 ([jgoldst@verizon.net](mailto:jgoldst@verizon.net))  
**Start** MTV - Mt. View Middle School. Ride to Point of Rocks with Slow-Twitch Sally. Rolling before lunch, hilly after; rest stops at 21, 43, and 64 miles (last stop: a Dunkin' Donuts + Baskin Robbins -- woo-hoo!).

**15/17 and 18** - 9:30 am - 63 mi - Will Hudson 4103565752 ([willeycycle1@comcast.net](mailto:willeycycle1@comcast.net))  
**Start** Hereford Middle School - New Freedom metric century. Hilly ride with lunch in New Freedom

### Sunday, May 03, 2009

**10-12 mph** - 9:00 am - 33 mi - Gloria Epstein 410/665-3012 ([carlglo@verizon.net](mailto:carlglo@verizon.net))  
**Start** Taneytown E.S. TES Walt & Carol's wonderful, low traffic, scenic, moderately hilly

ride to Woodsboro. Food stop is at Woodsboro Fire Department for a highly recommended 'pancake breakfast'.

**13-15 mph** - 9:00 am - 50 mi - Bruce Galanter 410-241-7089 ([bgalanter@gmail.com](mailto:bgalanter@gmail.com))  
**Start** SPK Sparks Elementary School Ride to the Rocks. A great ride to Rocks State Park and back over rolling hills and beautiful countryside.

**15-17 mph** - 5:00 pm - 27 mi - Andy Hanson 717 235-8993 ([andrew\\_s\\_hanson@msn.com](mailto:andrew_s_hanson@msn.com))  
**Start** Shrewsbury Commons Shopping Ctr, Mt Airy Rd, Shrewsbury, PA (I-83 Exit 4) in front of Spataro's Restaurant 'STRETCH YOUR WEEKEND!' Sunday evening ride. 27 miles over rolling terrain in Southern York County over lightly travelled back roads. Optional Pizza and Pitcher Social directly following the ride at Spataro's Restaurant.

**15/17 and 18** - 10:00 am - 60 mi - Mark Tabb (410) 274-8668 [marktabb@yahoo.com](mailto:marktabb@yahoo.com)  
**Start** New Freedom Rails to Trails- I 83 North-Exit 36-Rt 439-R off Exit-R onto York Rd-L at Campbell-Into New Freedom-R onto Rails Trails Parking Lot on Front Street at tracks. This actually is a pretty short drive for a lot of us. It's worth it...GREAT ride!!!! > Pigeon Hills Ride. There is a 1.3 mile climb at 10%. 59 miles - moderately hilly ride. You will be spent at the end of the ride. Breakfast at start at 9AM right at the Rail/Trails restaurant (at the start)

### Saturday, May 09, 2009

**10-12 mph** - 8:30 am - 30 mi - Paul Coleianne  
**Start** MSM - Marley Station Mall cell 410-812-5273, H 410-931-2460 [stregone@comcast.net](mailto:stregone@comcast.net) B&A trail to Annapolis for snacks.

**10-12 mph** - 10:00 am - 30 mi - Scott Zelazny  
410-525-2591, szelazny@all2ez.net

**Start** Fells Point near Broadway Pier. Fells Point to North Point State Park. Call Scott or email Scott if you need directions.

**13-15 mph** - 9:00 am - 42 mi - Curt Phillips  
(410) 665-9749

**Start** LOC - Loch Raven High School  
Moderately hilly Baltimore County ride.

**15/17 and 18** - 9:00 am - 50 mi - Steve Zeldin  
410-828-5553 (szeldin@comcast.net)

**Start** ORR - Oregon Ridge Park Giro d'Italia - we trace the outline of Italy over the roads of Baltimore County. This will be my 8th running of the Giro d'Italia marking its 3rd year and the 4th cyclonic route. Once again I have invited Lance to make good on his promise to ride in the Giro but he is claiming a prior engagement in Italy. The 2009 Giro d'Italia will be the 92nd running of the Giro d'Italia and will also mark the 100th year since the first Giro d'Italia. 49 miles and 3900 ft. Come join the fun!

**Casual** - 10:00 am - 25 mi - Bud Lippert 410-686-8504 (essexknight@aim.com)

**Start** WPP: Wilson Point Park(21220)- Eastern Blvd to Wilson Point Rd; Left on Cypress Dr. RT into parking lot. Tour through the communities of Wilson Point, Maple Crest, Aero Acres, Hopewell Point, Hawthorne. Mostly flat with some inclines.

**Tandem** - 10:00 am - 35 mi - Kathy and Frank Anders

**Start** Runnymede E.S. Contact info: velo2.anders@verizon.net ( or 410-628-4018)  
Classic rolling ride with low traffic to Hillcrest Restaurant for lunch. If weather is iffy , please check your CRABS listserve email (or contact us) between 7 and 8 am on the day of the ride  
Directions: I-695 to Exit 19 I-795 North. Go 8.5 mi. to Exit 9B FT 140 West through Westminster then Right on Mayberry Rd. Right on Langdon Rd then Right to school.

**Sunday, May 10, 2009**

**10-12 mph** - 9:00 am - 31 mi - Jim White,  
bikerdancerjim@comcast.net, 410-532-7589

**Start** SOC S. Carroll H.S. Scenic ride thru Carroll & Fred. Cos. to Union Bridge VFD for a delicious 'all you can eat' pancake breakfast (\$6.50). Cue sheets available for 36 and 44 mile routes.

**10-12 mph** - 10:00 am - 25 mi - Charlotte Pappas 410-804-5500, pappasbike@yahoo.com

**Start** ELK - Old Elkridge MARC station 25 miles or so, we'll roll over to the BWI trail, enjoy the sights of Coca Cola Drive and circle back to Elkridge. Gently rolling a few hills. Bring snacks and drinks. Mostly road ride.

**15-17 mph** - 9:30 am - 71 mi - Bill Gary (410) 366-0956 (wgary@jhmi.edu)

**Start** Mt View Middle School, Howard County  
The classic long version of the Gary, Rick & Ron ride from MT View Middle School to Damascus. Lunch at Pizza place, deli or grocery store. Great scenery, about 4300 feet of climbing. (In a month or 2, we'll do it as a century ride!!)

**Casual** - 10:00 am - 25 mi - Bud Lippert 410-686-8504 (essexknight@aim.com)

**Start** WDC - Wild Duck Cafe:Red Rose Farm Rd in Bowleys Quarters. Eastern Blvd to Right turn on Carroll Island Rd. Right turn on Bowleys Quarters Rd. 9/10 of mi to Red Rose Farm Rd. Right turn and drive to the end of road to the parking lot. Bud: 410.686.8504 Day of ride:443.570.0542

Tour de Bowleys Quarters:This a flat ride ride through the neighborhoods of Bowleys Quarters and Carrol Island Peninsula. Bring a lunch for mid-ride stop at Miami Beach. If desired lunch at the end of the ride at the Wild Duck inn or Maria's Deli.

**Tuesday, May 12, 2009**

**15-17 mph** - 9:30 am - 60 mi - Steve Zeldin  
410-828-5553 (szeldin@comcast.net)

**Start** ORR - Oregon Ridge Park Rolling ride with hills to Rocks State Park. Snack stop in Jarrettsville. Come join the fun!

**Saturday, May 16, 2009**

**10-12 mph** - 9:00 am - 30 mi - Margaret Draper-Coder

**Start** I-95 Park N Ride at Rt 166 Rolling Rd 443-388-3581 mdrapercoder@verizon.net / Dave's Ride, 30 miles, some hills, bring drinks and snacks. / coleader Charlotte Pappas 410-804-5500.

**15-17 mph** - 9:00 am - 51 mi - Hopkins Edwin 410 491 5191 (ed.hopkins@verizon.net)

**Start** ORR - Oregon Ridge Park This ride goes all the way to Pa--to the Rutters store--and then comes back down Gunpowder Road. Great scenery wonderful back roads. 4549 feet of climbing. The cue sheet in cuesheetcentral.com under the name 'Prettyboy via PA.'

**Casual** - 10:00 am - 23 mi - Bob Carson 4108288604 (bikebob@comcast.net)

**Start** Sparrows Point High School Flat ride thru waterfront communities, Fort Howard Park and North Point State Park

**Sunday, May 17, 2009**

**10-12 mph** - 9:00 am - 30 mi - Gene Marrow 301-395-7721

**Start** GLN - Glenelg HS Rolling Howard Co ride with hills, rest stop at High's.

**10-12 mph** - 9:30 am - 32 mi - Gloria Epstein 410/665-3012 (carlglo@verizon.net)

**Start** ORR Oregon Ridge Park Moderately hilly ride to Hampstead; snack stop @Jiffy Mart convenience store.

**10-12 mph** - 9:30 am - 36 mi - Bob Seay, Manny Steinberg

**Start** DPR Davidsonville Park N Ride Bob 410-242-6929, Manny 410-655-8242 Davidsonville to Galesville, 36 miles with a snack stop in Galesville, and lunch after the ride at Atlanta Bread in Crofton.

**13-15 mph** - 9:00 am - 40 mi - Mark Miller, (443) 846-2481 eleiko2@verizon.net

**Start** SPK - Sparks Elementary School Ride to Hampstead

**15/17 and 18** - 10:00 am - 69 mi - Mark Tabb (410) 274-8668 marktabb@yahoo.com

**Start** Exit 36 (Rt #439). Rt 83 North. 20 minutes from Timonium (1 mile for each exit number-did you know that?). Creeks & Bridges. To Red Lion. Lunch at Pizza Crust- (opens at noon-great pizza-they love cyclists-can eat outside if you want to listen to motorcycles galore). Moderately hilly with some hilly sections....not too bad....could be bad since the season is still early...verbal short cut if interested.

**Tuesday, May 19, 2009**

**15-17 mph** - 10:30 am - 29 mi - Katie Gore-Traill

**Start** PRP - Providence Rd P&R rolling ride!

**Saturday, May 23, 2009**

**10-12 mph** - 9:00 am - 30 mi - Mike Gesuele W410-965-5379

**Start** Mayekski Park - Go to South Carroll High School as you usually would, While on Old Liberty Rd go past the HS Parking lot, past fire department, take a right at STOP sign, go to top of hill.

Day of ride cell 410-274-8253, email: mgesuele@gmail.com As with all Mike's Carroll County rides there are some great downhills, some uphills, usually some wind, great scenery and we usually munch after the ride.

**15-17 mph** - 9:00 am - 63 mi - Gene Young, (410/828-1137)

**Start** SPK - Sparks E. S. Gene's Classic Ride. Moderately hilly with rest stops in Hampstead and Madonna.

**Sunday, May 24, 2009**

**10-12 mph** - 9:00 am - 26 mi - Charlotte Pappas cell 410-804-5500

**Start** GLN - Glenelg HS Rolling Howard Co ride with hills, rest stop at High's.

**13-15 mph** - 9:00 am - 49 mi - Henry Theiss (717) 428-1686 jim.theiss@penske.com

**Start** MLP - Md Line Park & Ride Hanover, up by hills back by valleys or some variation of the same.

**15-17 mph** - 9:00 am - 52 mi - Mary Ruhl, cell: 410/707-8679

**Start** Mt. Airy Elementary School Join me for one of my favorite rides. Moderately hilly and very scenic. Three distances are offered: 39/52/63 miles. Ride splits after rest stop in Union Bridge (~mile 23); long route has additional rest stop in Woodsboro (~ mile 40). Pizza at J&P's in Mt. Airy after the ride.

**18 mph** - 9:00 am - 100 mi - Lukasz Szymer 443 226 0304 szymer@comcast.net

**Start** MMS - Monocacy Middle School , Frederick Md Exploring the unknown, painful and beautiful.

**18 mph** - 9:30 am - 64 mi - Lukasz Szymer 443 226 0304 szymer@comcast.net

**Start** DSP - Dulaney Springs Park Buffalo Ride - Rolling Balto County Ride that swings by the Morris Bison Farm

#### **Monday, May 25, 2009**

**10-12 mph** - 9:00 am - 22 mi - Mike Gesuele W410-965-5379

**Start** Mayekski Park - Go to South Carroll High School as you usually would, While on Old Liberty Rd go past the HS Parking lot, past fire department, take a right at STOP sign, go to top of hill.

Day of ride cell 410-274-8253, email: mgesuele@gmail.com As with all Mike's Carroll County rides there are some great downhills, some uphills, usually some wind, great scenery and we usually munch after the ride. This ride will get you home in time to light up the grill.

**15-17 mph** - 8:00 am - 98 mi - Bob Wagner (bobwag@gmail.com)

**Start** Monument st. and Charles St, Baltimore (southside) A Randonneur's Ramble from Baltimore's Washington monument to DC's Wash. monument. As you expect, roads are trafficky in and out of the cities - but they are relatively safe and well tested. In-between there'll be nice long stretches of country roads and

numerous paved trails. If you want the full century, you will have to go around the block a few times. Leader: Bob Wagner bobwag@gmail.com READ THIS BEFORE RIDING- <http://tinyurl.com/RandoReadMe>

#### **Tuesday, May 26, 2009**

**15-17 mph** - 9:30 am - 45 mi - Steve Zeldin 410-828-5553 (szeldin@comcast.net)

**Start** ORR - Oregon Ridge Park Prettyboy Ride - extend the weekend through Tuesday!

#### **Wednesday, May 27, 2009**

**15-17 mph** - 10:30 am - 30 mi - Katie Gore-Trail

**Start** WRP - Wester Run P&R rolling ride!

#### **Saturday, May 30, 2009**

**10-12 mph** - 9:00 am - 32 mi - Bob Seay and Manny Steinberg

**Start** DES Davidsonville Elem School Bob 410-242-6929, Manny 410-655-8242 Davidsonville Elem School to Deale with a snack stop in Deale and lunch after the ride at Atlanta Bread in Crofton.

**13-15 mph** - 9:00 am - 56 mi - Gene Bayer (443)850-0841 genebikerdude@comcast.net

**Start** (Old) Elkridge Train Station . Anne Arundel County ride.

**13-15 mph** - 9:00 am - 64 mi - Howard Saltzman 410-581-8169

(howard.cheese@verizon.net)

**Start** SPK - Sparks E.S. Ride 'Round the Reservoir. A very hilly and challenging ride with 6,000+ feet of climbing and multiple grades over 10%. Route will crisscross the Gunpowder River a few times then circle close around Prettyboy Reservoir. Rest stop at country store in Rayville. There are bridges across the reservoir on the way out so the ride can be shortened to 53 or 40 miles if you find the whole route a bridge too far.

**15/17 and 18** - 8:30 am - 100 mi - Gil Olvera (410/635-6692) gilolve@bellatlantic.net

**Start** WES - Westminster Elem. School Blue Ridge Summit Century. A BBC classic. This will be a combined 15/17-18 mph ride.

### Sunday, May 31, 2009

**10-12 mph** - 9:00 am - 33 mi - Mike Gesuele W410-965-5379

**Start** Lisbon-Woodbine Park N Ride Day of ride cell 410-274-8253, email: mgesuele@gmail.com 33-38 miles. This is the Gillis Falls ride which we haven't ridden in 2 years. This is a challenging ride. As with all Mike's Carroll County rides there are some great downhills, some uphill, usually some wind, great scenery and we usually munch after the ride.

**13-15 mph** - 9:30 am - 34 mi - Rich Burns 410-433-4162 (mburns1@verizon.net)

**Start** FIF-5th District E.S. Loop to Westminster on some seldom-biked roads with lunch/snack stop.

**15/17 and 18** - 9:00 am - 67 mi - Will Hudson 4103565752 (willeycycle1@comcast.net)

**Start** Westminster Elementary School Ride to Emmitsburg

**Casual** - 10:30 am - 14 mi - Gordon Peltz peltzlaw@aol.com 410 458-8140

**Start** MSC - Manor Shopping Center Join the Instructional Ride group for a scenic ride from Jacksonville. Moderately hilly, we will be practicing hill climbing skills. The 14 mile ride has options for 18 or 21 miles. Bagel lunch option at the Bagel Meister afterward.

### Monday, June 01, 2009

**10-12 mph** - 9:00 am - 25 mi - Paul Coleianne cell 410-812-5273, [stregone@comcast.net](mailto:stregone@comcast.net)

**START:** Ocean City MD If you are 'downey ocean' call Paul to ride at a 10/12 or 13/14 pace, you pick the time and distance. Call for ride start site.

### Tuesday, June 02, 2009

**15-17 mph** - 10:30 am - 29 mi - Katie Gore-Trail

**START:** PRP - Providence Rd P&R rolling ride!

### Saturday, June 06, 2009

**10-12 mph** - 9:00 am - 26 mi - Charlotte Pappas 410-804-5500, [pappasbike@yahoo.com](mailto:pappasbike@yahoo.com)

**START:** GLN - Glenelg HS Moderately hilly old favorite, rest stop at High's.

**13-15 mph** - 9:00 am - 42 mi - Curt Phillips (410) 665-9749

**START:** LOC - Loch Raven Senior High Moderately hilly Baltimore County ride.

**15/17 and 18** - 8:30 am - 103 mi - Janet Goldstein 410-366-1466 ([jgoldst@verizon.net](mailto:jgoldst@verizon.net))

**START:** Thurmont Community Park: 70W -> I5N -> SECOND Thurmont exit (Rt. 806). Right off ramp; left at light; park is 1/2 mi. on left. Please park in BACK parking lot. Civil War Century. Get ready for Tour de Montes with Slow-Twitch Sally! Four major climbs in first 71 miles. Last 30 miles gently rolling. Rest stops at about 28, 43, and 73 miles. Mostly low-traffic roads through Fairfield, Keedysville, Antietam, Boonsboro, Sabillasville, and Gettysburg (not in that order).

**Tandem** - 9:00 am - 45 mi - Walt and Carol Russell

**START:** Walkersville Community Park 36/45 miles 410-665-0651, [w Russell5@yahoo.com](mailto:w Russell5@yahoo.com), 443-286-5807 (cell). Come join us for a new route through the valley to visit the 3 covered bridges of Frederick County. Rolling country roads with a few small hills. Directions: Baltimore Beltway to RT 70 West, take Rt 15 North in Frederick, Turn Right on Biggs Ford Rd, Turn Right on Kenneth Dr into Park. Park is just before town.

**Sunday, June 07, 2009**

**10-12 mph** - 8:30 am - 25 mi - Mike Gesuele  
W410-965-5379

**START:** Lisbon-Woodbine Park N Ride Day of ride cell 410-274-8253, email: mgesuele@gmail.com 25+/- . As with all Mike's Carroll County rides there are some great downhills, some uphill, usually some wind, great scenery and we usually munch after the ride.

**10-12 mph** - 9:00 am - 33 mi - Gloria Epstein  
410/665-3012 ([carlgl@verizon.net](mailto:carlgl@verizon.net))

**START:** PRP Providence Rd. P&R Moderately hilly ride w/ food stop @Palmisano's. A shorter route (23 mi) with same rest stop will be available.

**13-15 mph** - 9:00 am - 53 mi - Bruce Galanter  
410-241-7089 ([bgalanter@gmail.com](mailto:bgalanter@gmail.com))

**START:** SPK Sparks Elementary School Horse Country Tour. From Sparks Elementary School through the Worthington Valley then east to Troyer and Sheperd and back to School

**15-17 mph** - 5:30 pm - 28 mi - Andy Hanson  
717 235-8993 ([andrew\\_s\\_hanson@msn.com](mailto:andrew_s_hanson@msn.com))

**START:** Shrewsbury Commons Shopping Ctr, Mt Airy Rd, Shrewsbury, PA (I-83 Exit 4) in front of Spataro's Restaurant 'STRETCH YOUR WEEKEND!' Sunday evening ride. 28 miles over rolling terrain in Southern York County over lightly travelled back roads. Optional Pizza and Pitcher Social directly following the ride at Spataro's Restaurant.

**15/17 and 18** - 9:00 am - 72 mi - Terry Harrigan  
410-549-1798 ([cctrekker@dtkm.com](mailto:cctrekker@dtkm.com))

**START:** Food Lion -Rt.144 New Market Md. Jimmy G's 'Foxy Coxe' ride - Wicked climbs at the mid point of this ride. Bring your triple or at least a 12-27 double. There is no tougher hill in the area. Lunch midway at Subway or pizza joint.

**Casual** - 10:30 am - 14 mi - Howard Kaplon  
[hkaplon@towson.edu](mailto:hkaplon@towson.edu) 410 484-6955

**START:** MSC - Manor Shopping Center Join the Instructional Ride group for a scenic ride from Jacksonville. Moderately hilly, we will be

practicing hill climbing skills. The 14 mile ride has options for 18 or 21 miles. Bagel lunch option at the Bagel Meister afterward.

**Monday, June 08, 2009**

**10-12 mph** - 9:00 am - 25 mi - Paul Coleianne  
cell 410-812-5273, [stregone@comcast.net](mailto:stregone@comcast.net)

**START:** Ocean City MD If you are 'downey ocean' call Paul to ride at a 10/12 or 13/14 pace, you pick the time and distance. Call for ride start site.

**Tuesday, June 09, 2009**

**15-17 mph** - 9:30 am - 60 mi - Steve Zeldin  
410-828-5553 ([szeldin@comcast.net](mailto:szeldin@comcast.net))

**START:** ORR - Oregon Ridge Park Rolling ride with hills to Rocks State Park. Snack stop in Jarrettsville. Come join the fun!

**Wednesday, June 10, 2009**

**15-17 mph** - 10:30 am - 32 mi - Katie Gore-Trail

**START:** WRP - Western Run P&R rolling ride!

**Saturday, June 13, 2009**

**13-15 mph** - 9:00 am - 57 mi - Gary Brandon  
(717) 235-3893 [rideleader13@yahoo.com](mailto:rideleader13@yahoo.com)

**START:** MLP - Maryland Park & Ride - Exit 36 off I-83 North  
Pa Puddle Jumper - 42 or 57 mile option - Nice Southern PA ride with a few challenging climbs - ride travels through Jacobus, Loganville and Glen Rock PA

**15-17 mph** - 8:30 am - 63 mi - Gene Young,  
(410/828-1137)

**START:** SPK - Sparks E. S. Gene's Classic Ride. Moderately hilly with rest stops in Hampstead and Madonna.

**Casual** - 10:00 am - 25 mi - Bud Lippert 410-686-8504 ([essexknight@aim.com](mailto:essexknight@aim.com))

**START:** WPP: Wilson Point Park(21220)- Eastern Blvd to Wilson Point Rd; Left on Cypress Dr. RT into parking lot. Tour through the communities of Wilson Point, Maple Crest,

Aero Acres, Hopewell Point, Hawthorne. Mostly flat with some inclines. Bring a lunch

**Sunday, June 14, 2009**

**10-12 mph** - 9:00 am - 30 mi - Gene Marrow  
301-395-7721

**START:** GLN - Glenelg HS Rolling Howard Co ride with hills, rest stop at High's.

**10-12 mph** - 9:00 am - 36 mi - Bob Seay and Manny Steinberg

**START:** DPR Davidsonville Park N Ride Bob 410-242-6929, Manny 410-655-8242

Davidsonville to Galesville, 36 miles with a snack stop in Galesville, and lunch after the ride at Atlanta Bread in Crofton.

**10-12 mph** - 9:30 am - 39 mi - Gloria Epstein  
410/665-3012 (carlglo@verizon.net)

**START:** MMS Monocacy M.S. 'Three Covered Bridges' ride - mostly rolling terrain w/food stop in Thurmont @mi. 25; combined with 13/15mph group.

**13-15 mph** - 9:30 am - 39 mi - Rich Burns 410-433-4162 (rmburns1@verizon.net)

**START:** MMS-Monocacy M.S. 'Three Covered Bridges' ride - mostly rolling terrain w/food stop in Thurmont @mi 25; combined ride with 10/12 group.

**15-17 mph** - 8:30 am - 51 mi - Hopkins Edwin  
410 491 5191 (ed.hopkins@verizon.net)

**START:** TES - Taneytown Elem. School Classic Walt Russell Three Quarry ride.

Wonderful rolling ride in the country, making a leisurely loop southwest of Taneytown. It has about 2700 feet of climbing which makes this basically a rolling ride.

**15/17 and 18** - 9:00 am - 69 mi - Phil Feldman  
410.744.8874 (phil@philfeldman.com)

**START:** DSP - Dulaney Park on Old Bosley Rd  
Directions: Timonium Rd from York Rd-Left on PotSpring Rd-Left on Old Bosley Rd-Park is on Right -not too far! The Widowmaker. Very hilly training ride for Bike Va & Tour de Montes. The climbs are not too steep but long. There are many shortcut options. Early start for Fathers

Day cookouts! Stops at store-mile 33 or Rayville Store at mile 46.

**Monday, June 15, 2009**

**10-12 mph** - 9:00 am - 25 mi - Paul Coleianne  
cell 410-812-5273, stregone@comcast.net

**START:** Ocean City MD If you are 'downey ocean' call Paul to ride at a 10/12 or 13/14 pace, you pick the time and distance. Call for ride start site.

**Wednesday, June 17, 2009**

**15-17 mph** - 10:30 am - 32 mi - Katie Gore-Trail

**START:** ORR- Oregon Ridge Park rolling ride!

**Saturday, June 20, 2009**

**All pace long** - 7:30 am - 101 mi - Ken Philhower 410-437-0309

(bbcflatlands@cablespeed.com)

**START:** BOH - Bohemia Manor HS, Chesapeake City, MD **39th annual Delaware-Maryland Flatlands Tour** - Flatlands Century. See additional information elsewhere in newsletter or web site.

**All pace long** - 8:00 am - 77 mi - Ken Philhower 410-437-0309

(bbcflatlands@cablespeed.com)

**START:** BOH - Bohemia Manor HS, Chesapeake City, MD **39th annual Delaware-Maryland Flatlands Tour** - Flatlands 3/4 Century. See additional information elsewhere in newsletter or web site.

**All pace long** - 8:30 am - 62 mi - Ken Philhower 410-437-0309

(bbcflatlands@cablespeed.com)

**START:** BOH - Bohemia Manor HS, Chesapeake City, MD **39th annual Delaware-Maryland Flatlands Tour** - Flatlands Metric Century. See additional information elsewhere in newsletter or web site.

**All pace long** - 9:00 am - 54 mi - Ken Philhower 410-437-0309 (bbcflatlands@cablespeed.com)  
**START:** BOH - Bohemia Manor HS, Chesapeake City, MD **39th annual Delaware-Maryland Flatlands Tour** - Flatlands Half Century. See additional information elsewhere in newsletter or web site.

**All pace short** - 9:30 am - 35 mi - Ken Philhower 410-437-0309 (bbcflatlands@cablespeed.com)  
**START:** BOH - Bohemia Manor HS, Chesapeake City, MD  
**39th annual Delaware-Maryland Flatlands Tour.** See additional information elsewhere in newsletter or web site.

**Sunday, June 21, 2009**

**10-12 mph** - 9:00 am - 30 mi - Mike Gesuele W410-965-5379  
**START:** Mayekski Park - Go to South Carroll High School as you usually would, While on Old Liberty Rd go past the HS Parking lot, past fire department, take a right at STOP sign, go to top of hill.  
Day of ride cell 410-274-8253, email: mgesuele@gmail.com As with all Mike's Carroll County rides there are some great downhills, some uphill, usually some wind, great scenery and we usually munch after the ride.

**10-12 mph** - 9:00 am - 32 mi - Gloria Epstein 410/665-3012 (carlglo@verizon.net)  
**START:** ORR - Oregon Ridge Park Moderately hilly ride to Hampstead; snack stop @Jiffy Mart convenience store.

**15-17 mph** - 8:00 am - 125 mi - Bob Wagner (bobwag@gmail.com)  
**START:** Carroll Park June Randonneurs Ramble: Baltimore to Chesapeake Beach. Out of south Baltimore to the BWI and B&A trail. We'll scoot through Annapolis then deep into southern MD along the western shore. After dipping our toes in the water at Brownies Beach we head home through the farms and 'burbs further inland. Leader: Bob Wagner bobwag@gmail.com READ THIS BEFORE RIDING- <http://tinyurl.com/RandoReadMe>

**15-17 mph** - 9:00 am - 63 mi - Jeb Brownstein, JebbyB@Comcast.net  
**START:** GSS - Greenspring Station The classic 'Jewels of Greenspring Valley.' Moderately hilly.

**Tuesday, June 23, 2009**

**15-17 mph** - 9:30 am - 45 mi - Steve Zeldin 410-828-5553 (szeldin@comcast.net)  
**START:** ORR - Oregon Ridge Park Hampstead via Patapsco - Come join the fun!

**Wednesday, June 24, 2009**

**15-17 mph** - 10:30 am - 29 mi - Katie Gore-Traill  
**START:** PRP - Providence Road P&R rolling ride!

**Friday, June 26, 2009**

**10-12 mph** - 10:00 am - 43 mi - Mike Gesuele W410-965-5379  
**START:** Easton MD, in front of bagel shop off Rt 322 in Easton. Day of ride cell 410-274-8253, email: mgesuele@gmail.com. Directions: Take a RIGHT off Rt 50 onto Rt 322. Take LEFT at Marlboro St by McDonald's. Go past second light and bagel shop is on your left. Call Mike for more and better directions. 43+/- miles.

**Saturday, June 27, 2009**

**10-12 mph** - 10:00 am - 30 mi - Scott Zelazny 410-525-2591  
**START:** Fells Point near Broadway Pier. Fells Point to North Point State Park. Call Scott or email Scott if you need directions. Views of the Chesapeake at North Point, City and County ride.

**13-15 mph** - 9:00 am - 56 mi - Gene Bayer (443) 850-0841, genebikerdude@comcast.net  
**START:** (Old) Elkridge Train Station Anne Arundel County ride.

**15-17 mph** - 8:30 am - 63 mi - Edward Roth  
717-235-4118 (oscar200@aol.com)  
**START:** Maryland Line Park and Ride Ride  
leader is Ed Roth, 717-235-4118,  
oscar200@aol.com---' Railroad Metric ',  
Beautiful scenery along, over and under old rail  
lines throughout Southern York County.  
Moderately hilly with two convenience store rest  
stops.

**15/17 and 18** - 8:00 am - 100 mi - Craig Martin  
4105388791 (dee.craig@comcast.net)  
**START:** CIG - Comfort Inn Greencastle, PA  
Directions: Take I-70 West to I-81 North. Take  
PA Exit 2 to US-11 North. Comfort Inn is on the  
Right. The 'Grandmother' of all rides covering  
105 miles and 6 major climbs. One to five climb  
options available. You don't want to miss this  
one.

**Casual** - 10:00 am - 28 mi - Bud Lippert 410-  
686-8504 (essexknight@aim.com)  
**START:** Tour de Chase:ERP-Eastern Regional  
Park: 11723 Eastern Ave., 21220. Eastern  
Blvd/ave past Carroll Island Rd to Eastern  
Regional Center. Right turn into the center. Bud:  
410.686.8504 Day of ride:443.570.0542 This a  
mostly flat ride ride through downtown Chase,  
through Gunpowder State Park, the communities  
of Oliver Beach, Harewood Park, and Sr43 bike  
trail. You get some hills on the last part of the  
ride. Bring drink & snack for mid ride stop in  
Gunpowder State Park. If you desire, a stop at  
Brusters for ice cream near the end of the ride.

### **Sunday, June 28, 2009**

**10-12 mph** - 9:00 am - 32 mi - Bob Seay and  
Manny Steinberg  
**START:** DES Davidsonville Elem School Bob  
410-242-6929, Manny 410-655-8242  
Davidsonville Elem School to Deale with a  
snack stop in Deale and lunch after the ride at  
Atlanta Bread in Crofton.

**13-15 mph** - 9:00 am - 49 mi - Gary Brandon  
(717) 235-3893 rideleader13@yahoo.com  
**START:** HHS - Hereford High School  
Horribly, hilly Hereford. Hilly ride through the  
reservoirs and hills of Baltimore County. C'mon,  
it's not that bad.....rest stop at Rayville store.

**15-17 mph** - 9:00 am - 33 mi - Mark Miller,  
443/846-2481  
**START:** ORR - Oregon Ridge Park It's a route  
in Northern Baltimore County familiar with  
most veteran BBC members (Emory Church Up  
Dover Down Longnecker). No rest stop - just a  
short, fast ride for cyclists who might have other  
plans later in the day.

**Casual** - 9:30 am - 16 mi - Gloria Epstein  
410/665-3012 carlglo@verizon.net Barb Park  
410/823-4293  
**START:** MSC - Manor S.C. Moderately hilly  
ride w/snack stop @convenience store; a good  
opportunity to use all of your gears. Join co-  
leaders Barb & Gloria for coffee/bagels  
@Bagelmeister @8:30 before ride start.

### **Tuesday, June 30, 2009**

**15-17 mph** - 10:30 am - 32 mi - Katie Gore-  
Trails  
**START:** WRP - Western Run P&R rolling  
ride!

## Ride Descriptions

Please keep in mind that the pace may vary depending on the terrain.

### Casual

For cyclist who want a relaxed experience, these rides maintain a pace of 8-10 mph. Routes with easy terrain are up to 25 miles. Rides with some hills are generally 15 miles or less. Re-grouping points are periodically designated.

### 10-12 MPH

For average adult riders, these rides maintain a pace of 10-12 miles. Terrain is usually moderate but can be hilly.

### 13-15 MPH

For faster riders, these rides maintain a pace of 13-15 mph for 35-65 miles over sometimes hilly terrain.

### 15-17 MPH

For experienced cyclists, these rides maintain a pace of 15-17 mph over varied terrain for 40-130 miles.

### 18 MPH

For the strongest and most experienced riders, a pace of 17-19 mph is maintained over varied terrain for 50-200 miles.

### Tandem

Riding on a "bicycle built for two," with the CRABS (couples riding a bicycle simultaneously) over moderate terrain for 25-60 miles. There is not any specified pace, but groups of different paces usually form – regrouping at rest / food stops.

Many rides offer two or three

### Howard County: Glenelg Tues/Thurs Evening Rides

Meet to ride with the cluster group, 26-mile circuit. This is a fast training ride but everybody is welcome.

Start: Glenelg High School, 14025 Burnt Woods Rd. I-70 W, Exit at Rt. 32 South, right turn on Burnt Woods Rd. (at traffic Signal). School on left 0.5 miles.

Time: Tues/Thurs evenings in April @5:45;

May through August @6 p.m.;

Sept. @ 5:45 p.m.;

Oct. @5:30 p.m.

Oct. 26 (Thurs before end of DST) - Last Glenelg evening ride of the Season

POC: Questions about the ride? Call Mark McKee: 410-455-0362(H)

### Howard County: Wednesday Evening Rides

This is an all-pace ride: the group splits into smaller groups of different paces.

A short and a longer route will be available. Everyone at all paces is interested in improving their cycling, however this is a social cycling group and recreational in nature. The faster cyclists often turn around at the end of their ride to bike in with the slower groups. Most weeks we go out for food/drinks after the ride.

Start: Folly Quarter Middle School\* Triadelphia Rd., Glenelg, MD  
Meet at: 5:45 (5:15 DST)  
every Wednesday

Ride out at: 6:00 (5:30 DST)

For more info, please contact Jen Browne, [browne14540@comcast.net](mailto:browne14540@comcast.net), 410-489-5804 - Or- Email [HoCoCyclists@yahoo.com](mailto:HoCoCyclists@yahoo.com).

Visit the website

[www.groups.yahoo.com](http://www.groups.yahoo.com);  
enter group: "HoCoCyclists"

## 2009 Ride Coordinators

### Casual

Bob Carson . . . . . 410-828-8604  
[casualrides@baltobikeclub.org](mailto:casualrides@baltobikeclub.org)

### 10-12 MPH

Charlotte Pappas . . . . . 410-804-5500  
[casualrides@baltobikeclub.org](mailto:casualrides@baltobikeclub.org)

### 13-15 MPH

Gary Brandon  
[13-15rides@baltobikeclub.org](mailto:13-15rides@baltobikeclub.org)

### 15-17 MPH

Judy broadwater . . . . . 410-628-6297  
[15-17rides@baltobikeclub.org](mailto:15-17rides@baltobikeclub.org)

### 18 MPH

Phil Feldman . . . . . 410-744-8874  
[18rides@baltobikeclub.org](mailto:18rides@baltobikeclub.org)

### weekday

Renee Faison. . . . . 410-804-5500  
[weekdayrides@baltobikeclub.org](mailto:weekdayrides@baltobikeclub.org)

### Tandem

Peggy & Tom Dymond 410-272-9139  
[crabs@baltobikeclub.org](mailto:crabs@baltobikeclub.org)

### Winter

Gloria Epstein . . . . . 410-665-3012  
[winterrides@baltobikeclub.org](mailto:winterrides@baltobikeclub.org)

Terry Harrigan . . . . . 410-549-1798  
[winterrides@baltobikeclub.org](mailto:winterrides@baltobikeclub.org)

# BBC Talk:

## Electronic Discussion Group

BBCTalk is an e-mail discussion group open (and free!) to BBC members and non-members alike. The list is used for posting information too late to make it into the newsletter, setting up informal group rides, offering items for sale, discussing bikes and bike gear, etc.

Once you subscribe, you may elect to automatically receive all of the posted messages by email, and you may post messages yourself. OR, if you don't want the BBCTalk messages to accumulate in your email queue, you may prefer to change your BBCTalk "preferences" and instead read the archived

BBCTalk messages at the yahoogroups site itself.

To join BBCTalk, send an email message to: [bbctalk-subscribe@yahoogroups.com](mailto:bbctalk-subscribe@yahoogroups.com).

Questions? Contact me at [jgoldst@verizon.net](mailto:jgoldst@verizon.net) or 410-366-1466.

*Don't miss out on this NO COST opportunity to keep informed about current topics of interest.*



## Baltimore Bicycling Club, Inc. Membership Application or Renewal

Address Change     New Membership     Renewal

How do you want to receive the Newsletter? **By US Mail**  **OR From the Internet**

Are you interested in racing with **Team BBC?** **Yes**  **No**

Do you ride a **Tandem?** **Yes**  **No**

\_\_\_\_\_   
Date

\_\_\_\_\_   
Name (Must be 18 years of age or older)

\_\_\_\_\_   
Second Name (Family Membership Only)

\_\_\_\_\_   
Home Address (One per Membership)

\_\_\_\_\_   
Email Address (One per Membership)

\_\_\_\_\_   
City

\_\_\_\_\_   
State

\_\_\_\_\_   
Zip + 4

\_\_\_\_\_   
Home Phone

**To function, the BBC is dependent on member volunteers. Check all activities that you are willing to help with:**

**Events**     **Lead Rides**     **Advocacy**     **Website**     **Newsletter**     **Socials**

**Membership Term** is 12 or 24 months from when your application is processed.

Individual **One Year: \$25**

Family **One Year: \$35**

Individual **Two Years: \$45**

Family **Two Years: \$65**

Mail check payable to **Baltimore Bicycling Club** & application to: Baltimore Bicycling Club  
P.O. Box 437

**Membership Dues** are subject to change.

Joppa, MD 21085-0437



## Baltimore Bicycling Club Newsletter *Need BBC Info?*

*For BBC Members with questions or  
problems concerning:  
Membership Ride Schedules Any Committees Any Function  
Call: 410-792-8308 Email: [hotline@baltobikeclub.org](mailto:hotline@baltobikeclub.org)*

*For E-Newsletter Questions or Problems Email: [enewsletter@baltobikeclub.org](mailto:enewsletter@baltobikeclub.org)*

*For Membership or Newsletter Delivery Questions or Problems  
Call: 410-538-8791 Email: [membership@baltobikeclub.org](mailto:membership@baltobikeclub.org)*

**For Newsletter Content Issues or Advertising Submittals • Email: [bbcnews@baltobikeclub.org](mailto:bbcnews@baltobikeclub.org)**

**For Out of Bounds Column Submittals • Email: [outofbounds@baltobikeclub.org](mailto:outofbounds@baltobikeclub.org)**

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**Baltimore Bicycling Club  
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