



Baltimore Bicycling Club Newsletter

Volume 41 Number 6

November | December 2008

Don't miss the BBC Celebration / Election Dinner!

Saturday, November 8
Details inside

INDEX

Committees	2
BBC Events Calendar	3
Celebration / Election	6
Tandemonium	8
2008 Ride Start Locations	9
November & December Ride Schedule	12
Ride Descriptions	18

To make sure you continue to get your Newsletter and membership renewal notices, please let us know if any of your membership information changes. You can do this by sending an e-mail to update@baltobikeclub.org, or go on the Web site to the Member Update page (<http://www.baltobikeclub.org/index.pl/update>), complete the form, and submit it.

**Baltimore Bicycling
Club, Inc.**

P.O. Box 5894

Baltimore, MD 21282-5894.

2008 Officers & Members-at-Large of the Board

The BBC is governed by an Executive Board (consisting of a President, Vice President, Treasurer, Secretary, four members-at-large, and the Past President) which meets monthly to discuss club business. If you would like more information, please call the current BBC President. For a synopsis of the minutes, call the Secretary.

Officers

Mary Ryan, President
410-828-1015
president@baltobikeclub.org

Gene Bayer, Vice President
443-850-0671
vicepresident@baltobikeclub.org

Ed Cahill, Secretary
410-465-1492
secretary@baltobikeclub.org

Ken Philhower, Treasurer
410-437-0309
treasurer@baltobikeclub.org

Bob Carson, Past President
410-828-8604
pastpresident@baltobikeclub.org

Members-at-Large

John Cole
410-661-4427
membersatlarge@baltobikeclub.org

Georgia Glashauser
membersatlarge@baltobikeclub.org

Russ Loy
410-628-6297
membersatlarge@baltobikeclub.org

2008 Committees

Insurance

Government Relations

Instructional ProgramsHoward Kaplon 410-484-6955
Club Items for SalesMitch Tobias 410-833-8137
Newsletter EditorMaxine Mead 443-474-7076
 1. Tandem ColumnPeggy & Tom Dymond 410-272-9139

RidesGene Bayer 443-850-0671
 (see Rides section of newsletter for committee members)

Cue Sheet LibrariansGene Bayer 443-850-0671
 Larry Kenny

Team BBC Representative ...Bob Rohlfing 410-665-5740

Safety Awareness Program ...John Overstreet

BBC Property

Web Site WebmastersMary Ryan 410-828-1015
 Craig Martin 410-538-8791

MembershipCraig Martin 410-538-8791

GivingRuss Loy 410-628-6297

BBC Talk AdministratorJanet Goldstein 410-366-1466

League of American Bicyclists

1612 K Street, NW, Suite 401

Washington, DC 20006

202-822-1333



BBC SPECIAL EVENTS FOR 2008

Event information is subject to change. For current updates check the BBC website at www.baltimorebicyclingclub.org or call the event leader.

Sunday Jan 6, 2008	Winter Social	Gloria Epstein 410-665-3012 Barb Park 410-823-4293
Saturday Jan 19, 2008	CRABS potluck	Peggy and Tom Dymond 410-272-9139
Spring 2008	Instructional Ride Series	Gordon Peltz 410-256-1421 Howard Kaplon 410-484-6955
May 23 - 26, 2008	Kent County Spring Fling	Kathy and Frank Anders 410-628-4018
Saturday Jun 14, 2008	Flatlands Tour	Ken Philhower 410-437-0309
Jun 27 - Jun 29, 2008	Tour de Montes	Craig Martin 410-538-8791
July 13, 2008	BBC Picnic Patapsco State Park, Avalon Area	Georgia Glashauser 410-857-3262
Saturday Aug 2, 2008	Corn Roast Rides	Gloria Epstein 410-665-3012 Barb Park 410-823-4293
Saturday Sep 6, 2008	Civil War Century	Howard Rosenbaum For information contact Mary Menne, 410-795-6571
Sep 26 - 28, 2008	Weekend in Lancaster	Carol and Walt Russell 410-665-0651 Jane and John Cole 410-661-4427
November 8, 2008	Election Dinner	Mary Ryan 410-828-1015

MORE EVENTS TO COME – CHECK FOLLOWING ISSUES

EVENT INFORMATION SUBJECT TO CHANGE

In Memoriam – Howard Rosenbaum (1952 – 2008)

It is with profound sadness that we announce the passing of Howard Rosenbaum – a good friend, an avid bicyclist, and an active member of the Baltimore Bicycling Club.

Howard was a tireless volunteer for the BBC. He served as a BBC Member-at-Large and chaired the Insurance Committee from 2005 to 2008. In 2006, Howard received the BBC's Wayne Rodgers Award, which is presented in recognition of a member who has provided outstanding service to the club.

Howard was Civil War Century Chairman in 2006 and 2007, and CWC Co-chair in 2008. Howard first volunteered for the Civil War Century in 2004. That was the year the event ran the well dry at Gathland State Park. After that entertaining experience, Howard decided to volunteer for the CWC committee; his first contribution was to find a source to deliver cold bottled water to the Gathland rest stop. The following year he took over as chairman, and initiated the use of Active.com for registration.

Howard had an incredible get-it-done attitude – his contributions to the BBC were significant. He was not just a great "idea guy"; he also carried his ideas through to completion. He recruited many new volunteers; his enthusiasm was infectious.

He was instrumental in the organization of this year's CWC event, even though most of his efforts needed to be behind the scenes. The club could not have managed the unprecedented one-day postponement without his efforts – he was calling vendors and handling the staggering amount of participant and volunteer email for 3 solid days prior to the event. Though he was not in Thurmont on the day of the event, he made many phone calls from home, and traced missing fruit and water trucks. He continued to handle the email correspondence after the event, up until the day of his passing.

Howard was also a member of the JHU / Applied Physics Laboratory Cycling Club. Although he worked at Northrop Grumman, he joined the APLCC and was a leader of one of the Wednesday night ride groups. His cheery attitude and enjoyment of cycling helped many a new rider feel welcomed and involved. Riding with Howard was always a pleasant adventure. His co-riders felt that it would be a good ride if Howard was there – it was very obvious that he wanted everyone around him to "relish the ride" as much as he did.

Howard had a fantastic attitude throughout his lengthy illness. He believed that bicycling had gotten him into a physical condition where he was better able to deal with the serious illness more successfully. He continued to bicycle whenever his condition and treatment schedule would allow it.

Howard's Active.com password was ILTRMB – "I Love to Ride My Bicycle." And we loved to ride with him.

Howard was a great riding companion and a good friend to those of us in the BBC and APLCC. Many of us are better people for having known him; we will miss him very much.

Howard – we wish you a nice tailwind as you continue your journeys!

End of Season Celebration and Election

Come Hungry! Party for Free!!

Come on out to join old friends and make new ones as we celebrate the 2008 cycling season and make plans for 2009.

Saturday November 8, 2008 6:30-9:30pm

Dinner, beer and wine will help put you in a party mood as we pay tribute to this year's "movers and shakers" and elect next year's board. Best of all – your cost to attend is **NOTHING!**

LOCATION: Parkville American Legion Post

2301 Putty Hill Avenue, Parkville, MD 21234

From the west: I-695 exit 30 South, left on Putty Hill Ave. The American Legion post will be on your right.

From the east: I-695 exit 31 South, right onto Putty Hill Ave. The American Legion post will be on your left.

EVERYONE is invited. But if you're a new member, or a member who hasn't been cycling much lately, we especially want you to come out and get to know your fellow BBC members.

Your cost is FREE but let us know by November 1st that you're coming, because space is limited and we need to know how much food to order.

Email Mary Ryan at president@baltobikeclub.org or call 410-828-1015

CANDIDATES FOR ELECTION:

PRESIDENT: MARY RYAN

VICE PRESIDENT: GEORGIA GLASHAUSER

SECRETARY: ED CAHILL

TREASURER: KEN PHILHOWER

MEMBER-AT-LARGE: MARY MENNE

MEMBER-AT-LARGE: BETH COOPER

Pedal in Style. . .

Purchase online for the SAME PRICE at:
www.baltobikeclub.org/index.pl/logo_jersey

Order your NEW Baltimore Bicycling Club Jersey!

Now you can have a "New" BBC Jersey!

Custom designed by local cyclist Jason Kamps of Wolf Designs.
 These Jerseys by Verge Sports feature M-Tec Extreme fabric,
 a 3/4 length invisible zipper and 3 back pockets



Front



Back

Design is in
 Maryland Flag colors
 Gold, Red & Black

Jerseys are \$70.00 each (tax, S&H included)
 Club Fit, Women's Race Fit, & Men's Race Fit

©2007 Wolf Designs / Jason M. Kamps www.woofdesigns.com

 <p>Custom Art & Graphic Design Services Logos Catalogs Marketing Supplies T-Shirts Apparel Jerseys 410-796-5858 www.woofdesigns.com</p>	Size Chart							
	<i>Jersey Size</i>	<i>XS</i>	<i>S</i>	<i>M</i>	<i>L</i>	<i>XL</i>	<i>2XL</i>	<i>3XL</i>
	<i>Men's Chest</i>	-	36-37	38-39	40-41	42-44	45-47	48-50
	<i>Women's Size</i>	2-4	6	8	10	12	-	-
	<i>Bust</i>	28-30	31-33	34-35	36-37	38-39	-	-

"Club Fit" (S to 3XL) Fits both Men & Women that don't have that slim and trim physique with a more relaxed fit.

"Women's Race Fit" (XS to XL) Fits a Women's contours with a slim and trim physique. Larger framed women may prefer the "Club Fit"

"Men's Race Fit" (S to 2XL) Fits Men with a slim and trim physique. Larger framed men may prefer the "Club Fit"

 Jersey Order Form (Avoid confusion, order ONLY One Jersey per form)

Name	E-Mail Address			
Address	City	State	Zip + 4	Phone Number
Choose Size [Check One] : XS [] S [] M [] L [] XL [] 2XL [] 3XL []				
Choose the Jersey Style [Check One] : Club Fit [] Women's Race Fit [] Men's Race Fit []				
Make check payable to Baltimore Bicycling Club			TOTAL PAYMENT = \$70.00	

Mail check & completed order form to: BBC Jersey c/o Nancy Finnegan
 P.O. Box 179
 Brooklandville, MD 21022-0179

Questions? Call Nancy @ 410-239-0550
 OR Email: LogoJersey@baltobikeclub.org
 Purchase online for the SAME Price at:
www.baltobikeclub.org/index.pl/logo_jersey

Tandemonium

The BBC tandem group is called CRABS (Couples Riding a Bicycle Simultaneously). If you'd like to ride with other tandems, this is the group for you. There's even one more planned CRABS event for 2008. And it's a GREAT one!

Come out to our Tandem Tailgate ride and potluck on Sunday, November 9th. The ride starts at 10am from Clark and Marcia Merrill's house in Roland Park (407 Wingate Road, Baltimore). This is a new ride from Roland Park to Fort McHenry to Canton and all of the neighborhoods in between. It will be a social, fun, and an interesting tour of the City. After the ride, it's CRABS traditional tailgate-potluck. Bring a favorite dish to share and plan to have a great time exploring the area by tandem and socializing with friends. Please e-mail or call the Merrills (410-467-0811 or cbmerrill@yahoo.com) so they will know how many are coming.

Report on Eastern Tandem Rally 2008 in Durham, New Hampshire, August 1 – 3

More than 250 tandem cyclists — ages 6 to 78 — participated in the 36th annual Eastern Tandem Rally (ETR). Included in those 250 were a number of CRABS members who rode many, many miles and ate lots of seafood.

ETR was based inland at the beautiful University of New Hampshire 's New England Center but took the tandem teams along the spectacular coast and scenic back-roads of Maine and New Hampshire. Tandem cyclists came from all over the continent — including as far away as British Columbia, but mostly from throughout the East Coast. The location of the Eastern Tandem Rally changes each year to allow local organizers time to scout out safe routes, obtain sponsors, and prepare the logistics of the event.

ETR annually hosts several rallies in a 15-state group of cyclists covering an area ranging from Ohio to Virginia to Maine. Check out www.easterntandemrally.org to find out about upcoming events including: Tandems Off Road at Minnewaska-Mohonk, November 7-9, 2008 at Minnewaska Lodge, Gardiner, NY ; Spring Thaw 2009 ETR, a new event, April 16-19, 2009, St. Michaels, Maryland; Mid-Atlantic Tandem Enthusiasts Society (MATES) 2009 August 7 through 9, in Carlisle, PA. Organizers urge those interested to sign up early, because space is limited at these events.

In addition to the BBC newsletter which lists all scheduled rides, the best way to get up-to-date information about planned rides, impromptu rides, and tandem events is to participate in BCCRABS list serve. Go to the BBC website, click on "Club Info", then BBC Tandems. "Subscribe to BCCRABS" will lead you through the process.

Single riders, who can maintain at least a 13 – 15 mph pace, are welcomed on tandem rides, and tandem riders often participate on other pace rides with single bikes.

If you have any questions, please contact the CRABS coordinators:

Peggy & Tom Dymond
Home: 410-272-9139
email: tedymond@verizon.net

RIDE SCHEDULE, NOVEMBER/DECEMBER 2008

We strongly encourage everyone to sign up for BBC Talk, the Baltimore Bicycling Club's electronic discussion group. See instructions at the end of the Newsletter. This is the best way we know to inform riders of ride cancellations. Ride leaders are encouraged to post cancellations on BBC Talk.

Saturday, November 01, 2008

all pace long - 9:30 am - 50 mi - Phil Feldman
410.744.8874

START: Enchanted Forest Shopping Center
The average high for November is in the 50's, so let's try a 50 mile ride. A lap of Columbia or maybe out to Damascus.

all pace long - 9:30 am - 72 mi - Janet Goldstein
410-366-1466

START: Crofton Center: Shopping center at Rts. 3 and 424 (no facilities).
Gently rolling ride to Chesapeake Beach. Let's do one more long one before the weather gets iffy.

all pace short - 9:30 am - 25 mi - George Cordutsky 410-882-2788

START: Kmart @ North Plaza Mall. I695 exit 30b [Perring Pkwy North] Straight at TL [X Joppa Rd] Right at SS Waltham Woods Right at next drive [Kmart] Park at bottom of lot away from store. [Out and Back] Moderately hilly with a stop at a Royal Farms store.

Sunday, November 02, 2008

all pace long - 10:00 am - 36 mi - Brenda Ruby
301-602-4683

START: Fulton P&R
Nancy's Ice Cream Ride. This is a great ride with only a few notable hills. No go in rain or wet roads. As the name says, there's a little soft-serve ice cream stop just a few miles before the ride finish. Will it be warm enough to be tempted? Let's hope so! [Directions: Fulton P&R is on Rt. 216, just West of Rt. 29, P&R lot is in front of a large warehouse-type building with the word 'GRACE' on the side; From VA/DC:

Beltway to 29N to 216W, P&R entrance on left; From MD: 108E to 216S, P&R entrance on right shortly after you pass Lime Kiln Rd.]

all pace short - 9:00 am - 27 mi - Dick Voelkel
START: RPR - Rolling Rd Park and Ride (AKA Southwest Park and Ride)
Three Trails Ride to pancakes at the Elkridge Fire Hall. New ride to a new venue for all-you-can-eat pancakes, eggs, sausage, etc.

all pace short - 9:30 am - 33 mi - Gloria Epstein
410/665-3012

START: SOC S. Carroll H.S.
Mod. hilly terrain and light traffic will get you to the New Windsor VFD for an 'all you can eat' pancake breakfast. Bring your appetite and cash (\$6.00). Cue sheets will be available for 41 mile ride.

Tuesday, November 04, 2008

15-17 mph - 10:00 am - 50 mi - Steve Zeldin
410-828-5553

START: ORR - Oregon Ridge Park
Election Day Ride - Vote and then ride. Rolling ride with hills through Prettyboy Reservoir. Snack stop at Wally's. Come join the fun!

Saturday, November 08, 2008

all pace long - 9:30 am - 57 mi - Mike Harris
410-312-7884

START: Catonsville Sam's Bagels
New ride to familiar places via new route. Lunch at Ledos in Fulton. Mellow ride that's moderately hilly following streams, rivers and the reservoir with plenty of rest/water stops along the way. We'll ride by the Historic Savage

Mill and ascend to the old mill town of Oella.

all pace long - 10:00 am - 36 mi - Bob Seay & Manny Steinberg 410/242-6929 & 410/655-8242

START: MSM Marley Station Mall
Flat to rolling ride to Sandy Point Park
w/lunch@Red, Hot & Blue@mi.23. Half-trail, half road.

all pace short - 10:00 am - 26 mi - Charlotte Pappas 410-385-1457

START: Western Regional Park, Howard Co. Carrs Mill Rd.

17 mile option also. Rolling to moderately hilly; rest stop at High's. Backroads Ride

Sunday, November 09, 2008

all pace long - 10:00 am - 45 mi - Ken Philhower 410-437-0309

START: EHR - Earleigh Heights Ranger Station I-695 to Exit 2 -Rt. 10 South. Go approx. 7 mi. to end, then Left on Rt. 2 South. Go 1 mile to 2nd traffic light then Right on Earleigh Heights Rd. Go 0.2 mi. to the B&A Trail Ranger Station on left. Parking lots are on both sides of the road.

'Circle the Scenic Severn'. Catch a glimpse of the waterfront after the leaves are gone and enjoy the 50-cent tour of Annapolis; lunch at the Annapolis City Dock. Anyone who thinks Anne Arundel County is flat hasn't done this ride! The hilliest part is between miles 6 and 10; the rest is easier, including many flat sections, but with an occasional 'surprise' hill. And, oh yeah, on the way back you get to pedal up what has to be the steepest hill in the county (steep, but short!), so bring your 'granny gear'!

all pace short - 9:30 am - 31 mi - JimWhite cell day of ride 717/682-4182

bikerdancerjim@comcast.net

START: SOC S. Carroll H.S.

Scenic ride thru Carroll and Fred. Cos. to Union Bridge VFD for the delicious 'all you can eat' breakfast. Cue sheets available for 36 and 44 mi. rides.

all pace short - 10:00 am - 25 mi - Bud Lippert 410-686-8504

START: Wild Duck Inn Eastern Ave to Carroll Island Rd Right on Bowleys Quarters Rd Right on Red Rose Farm Rd to the end.

This a flat ride through the communities of Bowleys Quarters, Carroll Island, with scenic views of the bay and coves. There is a mid ride stop at Miami Beach. Lunch can either Maria's Deli or a sit down at the Wild Duck at the end of the ride.

tandem - 10:00 am - 26 mi - Marcia and Clark Merrill

START: 407 Wingate Road, Baltimore, MD CRABS Tailgate Ride. End of season ride and potluck with the Merrill's in Baltimore City with a new ride from Roland Park to Fort McHenry to Canton and all of the

neighborhoods in between, It will be a social, fun, and interesting tour of the City. After the ride, it's CRABS traditional tailgate-potluck.

Bring a favorite dish to share and plan to have a great time exploring the area by tandem and socializing with friends. Please e-mail or call the Merrills so they will know how many are coming. Contact the Merrills at: 410-467-0811 or cbmerrill@yahoo.com

Tuesday, November 11, 2008

15-17 mph - 10:00 am - 45 mi - john harris 443-468-5722

START: ORR-Oreogon Ridge Park
Rolling with hills, may offer shorter ride depending on the weather

all pace long - 10:00 am - 53 mi - Janet Goldstein 410-366-1466

START: MLP (Maryland Line Park & Ride)
Up and Down to Hanover. Moderately hilly. I will also bring cue sheets for a 40-mile ride to Jefferson. Lunch/snack stop at Claire's of Hanover or in Jefferson.

all pace short - 10:00 am - 30 mi - Rich Burns 410-433-4162

START: SEV-7th District Elementary School 'Hill and Dale' to New Freedom; mod. hilly ride

with lunch/snack stop.

Sunday, November 16, 2008

all pace long - 8:00 am - 98 mi - Bob Wagner & Barry Childress 410-919-7695

bobwag@gmail.com

START: Monument and Charles St, Baltimore City

We're riding Monument to Monument today. Round trip from Baltimore's Washington monument to DC's Wash. monument. As you expect, roads are trafficky in and out of the cities - but they are relatively save and well tested by Barry and myself. In-between there'll be nice long stretches of country roads and numerous paved trails. If you want the full century, you will have to go around the block a few times. 13-15 mph pace.

all pace short - 10:00 am - 25 mi - Bud Lippert 410-686-8504

START: Eastern Regional Community Center: 11723 Eastern Ave, Chase MD 21220
Ride through the communities of Chase, Harewood Park. Oliver Beach, Gunpowder State Park, and the bike trail along SR 43. Scenic views of Gunpowder River, Dundee Creek, Lunch at George's deli or Royal Farm Store. There are some rolling or long gradual hills

Tuesday, November 18, 2008

15-17 mph - 10:00 am - 45 mi - Lukasz Szyrner

START: Providence Road P&R

Join Lukasz on one of his favorite training rides!!!

Saturday, November 22, 2008

all pace long - 10:00 am - 36 mi - Bob Seay & Manny Steinberg 410/242-6929 & 410/655-8242

START: MSM Marley Station Mall
Flat to rolling ride to Sandy Point Park w/lunch@Red, Hot & Blue@mi.23. Half-trail, half road.

Sunday, November 23, 2008

all pace long - 10:00 am - 39 mi - Rich Burns 410-433-4162

START: TES-Taneytown Elementary School
'Another Quarry Ride' - Brenda & Jim's shortened version of Walt & Carol's beautiful 3 Quarry Ride; lunch/snack stop in Woodsboro.

all pace short - 10:00 am - 33 mi - Gloria Epstein 410/665-3012 carlglo@verizon.net

START: TES Taneytown E.S.

Walt & Carol's mod. hilly ride to Woodsboro for lunch.

Tuesday, November 25, 2008

15-17 mph - 10:00 am - 50 mi - Steve Zeldin 410-828-5553

START: ORR - Oregon Ridge Park
Benson Mill Figure 8 - including a swing by the turkey farm on Yeoho Rd for a Turkey Day preview. Snack stop. Come join the fun!

Thursday, November 27, 2008

all pace short - 9:00 am - 25 mi - Diane Purpora 410-252-6499 Diane.Purpora@macys.com

START: GSS Greenspring Station

1st Annual 'Bob Moore Memorial Ride' Bob's favorite Thanksgiving Day ride - mod. hilly 25 mi. Rest stop @St. John's Episcopal Church where you can view the outdoor ceremonial 'blessing of the hounds' prior to the start of a real fox hunt. No food stop on route; bring sufficient drinks/snacks.

all pace short - 10:00 am - 30 mi - Stephen Franzoni 410-538-6903

START: Rt.152 P&R (North Lot) Rt.152 & I-95

Harford Co. Turkey Burn ride w/rest stop @mile 20. Mostly light traffic w/a couple of short, steep climbs.Drop outs @16, 20, 25 miles

Friday, November 28, 2008

all pace short - 10:00 am - 25 mi - Bud Lippert
410-686-8504

START: Wild Duck Inn Eastern Ave to Carroll Island Rd Right on Bowleys Quarters Rd Right on Red Rose Farm Rd to the end.

This is combined ride with the cycling seniors. This a flat ride through the communities of Bowleys Quarters, Carroll Island, with scenic views of the bay and coves. There is a mid ride stop at Miami Beach. Lunch can either Maria's Deli or a sit down at the Wild Duck at the end of the ride.

Saturday, November 29, 2008

all pace long - 10:00 am - 48 mi - Carol Russell

START: SEV - Seventh District Elementary Streams, Valleys & Markets. Moderately hilly ride to the PA Dutch 'Markets at Shrewsbury.' You'll enjoy a great variety of foods in the food court. Bring a lock. Cell phone: 443-286-5807

all pace short - 10:00 am - 35 mi - Aldona Glemza (443) 676-8181

START: Mount View Middle School
Work off that Thanksgiving pumpkin pie with a rolling ride through Howard County. Some parts may be hilly but I'll take the least hilly route.

Sunday, November 30, 2008

all pace long - 10:00 am - 57 mi - Mark Tabb
(410) 274-8668

START: Oregon Ridge Park
Ride to Finksburg at J & P Restaurant. Hilly section before lunch.

all pace short - 9:30 am - 25 mi - george cordutsky 410-882-2788

START: Kmart @ North Plaza Mall. I695 exit 30b [Perring Pkwy North] Straight at TL [X Joppa Rd] Right at SS Waltham Woods Right at next drive [Kmart] Park at bottom of lot away from store.

[Out and Back] Moderately hilly with a stop at a Royal Farms store.

Tuesday, December 02, 2008

15-17 mph - 10:30 am - 45 mi - Steve Zeldin
410-828-5553

START: ORR - Oregon Ridge Park
Rolling ride with hills to Madonna with snack stop at High's. A shorter ride may be offered depending on weather. Come join the fun!

Saturday, December 06, 2008

all pace long - 10:00 am - 36 mi - Bob Seay & Manny Steinberg 410/242-6929 & 410/655-8242

START: MSM Marley Station Mall
Flat to rolling ride to Sandy Point Park w/lunch@Red, Hot & Blue@mi.23. Half-trail, half road.

all pace long - 10:00 am - 45 mi - Janet Goldstein 410-366-1466

START: MWP (Meadowood Park)
Steve Zeldin's Emory Church loop. Moderately hilly Rest stop @ nice convenience store w/bathroom halfway through.

all pace short - 10:30 am - 23 mi - Charlotte Pappas 410-385-1457

START: Alpha Ridge Park, Howard Co.
Rolling ride with one large hill. Bring drinks and snack. Day or ride cell 410-804-5500

Sunday, December 07, 2008

all pace long - 10:00 am - 57 mi - David Whitaker

START: Monocacy Middle School
Frederick to Emmitsburg and back. A fixed gear accessible ride.

all pace short - 9:30 am - 33 mi - Gloria Epstein
410/665-3012

START: SOC S.Carroll H.S.
Mod. hilly terrain and light traffic will get you to the New Windsor VFD for an 'all you can eat' pancake breakfast. Bring your appetite and cash (\$6.00). Cue sheets will be available for 41 mile ride.

all pace short - 10:00 am - 25 mi - Bud Lippert
410-686-8504

START: Middle borough-Hyde Park-Baumschmidt deli. Hyde Park Station Food Lion Lot Back River Neck Road. Ride through the communities of Middleborough, Hyde Park, and other in the back River Peninsula. Scenic views of Middle River, Back River, and other scenery.

Tuesday, December 09, 2008

15-17 mph - 10:00 am - 45 mi - Lukasz Szymer
START: Providence Road P&R
Join Lukasz on one of his favorite training rides!!!

Saturday, December 13, 2008

all pace long - 10:00 am - 53 mi - Terry Harrigan 410-549-1798
START: Londontown Square Shopping Center, Eldersburg. 0.3 miles North of Rt 26 (Liberty Rd) Rt 32 (Sykesville Rd) intersection 'Tour de Carroll / Howard'. Frequent well cycled roads in the Carroll and Howard county area. A two loop ride, starting north west from Eldersburg and back then south west into Howard. Multiple points noted in cue sheet to shorten the ride makes it a good winter effort by keeping relatively close to start point. Convenience store stop at mid-point. Elevation change: 4000'

all pace short - 10:00 am - 31 mi - Doug Leoncavallo 443-762-8578
START: GLN - Glenelg High School
This ride was rediscovered while digging through my cue sheet folder. It's appropriately called: 'The Glenelg Classic'.

Sunday, December 14, 2008

all pace short - 9:30 am - 31 mi - Jim White cell day of ride 717/682-4182
bikerdancerjim@comcast.net
START: SOC S. Carroll H.S.
Scenic, mod. hilly ride thru Carroll & Fred. Cos.

to Union Bridge VFD for a delicious 'all you can eat' breakfast. Cue sheets available for 36 and 41 mile routes.

all pace short - 10:00 am - 25 mi - Bud Lippert
410-686-8504

START: Wilson Pt community center parking lot on Cyprus Drive off Wilson Pt Road. Lunch at Carsons Creek Inn, or other places along the end of the ride.

Ride through the communities of Wilson Point, Victory Villa, Maple Crest, Aero Acres, Hawthorn, Scenic views of Middle River, Sr 43 Bike trail.

Tuesday, December 16, 2008

15-17 mph - 10:30 am - 45 mi - Steve Zeldin
410-828-5553

START: ORR - Oregon Ridge Park
Rolling ride with hills through Hampstead with snack stop at Jiffy Mart. A shorter ride may be offered depending on weather. Come join the fun!

Saturday, December 20, 2008

all pace long - 10:00 am - 36 mi - Bob Seay & Manny Steinberg 410/242-6929 & 410/655-8242

START: MSM Marley Station Mall
Flat to rolling ride to Sandy Point Park w/lunch@Red, Hot & Blue@mi.23. Half-trail, half road.

all pace long - 10:00 am - 50 mi - Janet Goldstein 410-366-1466

START: NWT - New Town Shopping Center Owings Mills Town Center to western Howard County. Ten mile loop in middle of ride can easily be skipped for a shorter ride. Mostly rolling with a few good climbs. Snack stop @ convenience store w/bathroom. C'mon, one more long ride to jack up your mileage for the year!

all pace short - 10:00 am - 31 mi - Rich Burns
410-433-4162

START: RUN-Runnymede Elementary School

Delightful ride to Littlestown for lunch/snack; light traffic, mostly rolling; 37 mile option available.

Sunday, December 21, 2008

all pace short - 10:00 am - 32 mi - Dave Sandler 410/381-6207 detour50@comcast.net
START: PRP Providence Road P&R
'Green At The Gunpowder' Mod. hilly ride w/food stop @Palmisano's

Tuesday, December 23, 2008

15-17 mph - 10:30 am - 45 mi - john harris 443-468-5722
START: ORR-Oregon Ridge Park
Rolling with hills, may offer shorter ride depending on the weather

Thursday, December 25, 2008

all pace short - 10:30 am - 33 mi - Gloria Epstein 410/665-3012
START: ORR Oregon Ridge Park
Mod. hilly ride to Hampstead. Jiffy Mart convenience store will be open.

Saturday, December 27, 2008

all pace short - 10:30 am - 35 mi - Aldona Glemza (443) 676-8181
START: Western Run Park and Ride
Nice hilly ride through northern Baltimore County with rest stop

Sunday, December 28, 2008

all pace short - 10:00 am - 31 mi - Howard Saltzman (c)410-733-5253
howard.cheese@verizon.net
START: FMS Franklin M.S.
Hilly ride to Hampstead. Options for food stop.

Tuesday, December 30, 2008

15-17 mph - 10:30 am - 45 mi - Steve Zeldin 410-828-5553

START: ORR - Oregon Ridge Park
Baltimore County ride with snack stop. Multiple ride cues for 30/40/50 miles if you need to adjust your year-end total mileage. But a single shorter ride may be offered depending on weather. Come join the fun!

Thursday, January 01, 2009

all pace short - 10:30 am - 33 mi - Gloria Epstein 410/665-3012
START: ORR Oregon Ridge Park
Celebrate the New Year w/a mod. hilly ride to Hampstead. Jiffy Mart convenience store will be open.

Ride Descriptions

Please keep in mind that the pace may vary depending on the terrain.

Casual

For cyclist who want a relaxed experience, these rides maintain a pace of 8-10 mph. Routes with easy terrain are up to 25 miles. Rides with some hills are generally 15 miles or less. Re-grouping points are periodically designated.

10-12 MPH

For average adult riders, these rides maintain a pace of 10-12 miles. Terrain is usually moderate but can be hilly.

13-15 MPH

For faster riders, these rides maintain a pace of 13-15 mph for 35-65 miles over sometimes hilly terrain.

15-17 MPH

For experienced cyclists, these rides maintain a pace of 15-17 mph over varied terrain for 40-130 miles.

18 MPH

For the strongest and most experienced riders, a pace of 17-19 mph is maintained over varied terrain for 50-200 miles.

Tandem

Riding on a "bicycle built for two," with the CRABS (couples riding a bicycle simultaneously) over moderate terrain for 25-60 miles. There is not any specified pace, but groups of different paces usually form – regrouping at rest / food stops.

Many rides offer two or three

Howard County: Glenelg Tues/Thurs Evening Rides

Meet to ride with the cluster group, 26-mile circuit. This is a fast training ride but everybody is welcome.

Start: Glenelg High School, 14025 Burnt Woods Rd. I-70 W, Exit at Rt. 32 South, right turn on Burnt Woods Rd. (at traffic Signal). School on left 0.5 miles.
Time: Tues/Thurs evenings in April @5:45;
May through August @6 p.m.;
Sept. @ 5:45 p.m.;
Oct. @5:30 p.m.
Oct. 26 (Thurs before end of DST) - Last Glenelg evening ride of the Season
POC: Questions about the ride? Call Mark McKee: 410-455-0362(H)

Howard County: Wednesday Evening Rides

This is an all-pace ride: the group splits into smaller groups of different paces.

A short and a longer route will be available. Everyone at all paces is interested in improving their cycling, however this is a social cycling group and recreational in nature. The faster cyclists often turn around at the end of their ride to bike in with the slower groups. Most weeks we go out for food/drinks after the ride.

Start: Folly Quarter Middle School*
Triadelphia Rd., Glenelg, MD
Meet at: 5:45 (5:15 DST)
every Wednesday
Ride out at: 6:00 (5:30 DST)
For more info, please contact Jen Browne, browne14540@comcast.net, 410-489-5804 - Or- Email HoCoCyclists@yahoo.com.
Visit the website
www.groups.yahoo.com;
enter group: HoCoCyclists"

2008 Ride Coordinators

Casual

Judy Getz410-254-1306
casualrides@baltobikeclub.org

Mike Falatico410-377-9140
casualrides@baltobikeclub.org

10-12 MPH

Dick Voelkel410-744-6941
10-12rides@baltobikeclub.org

Tom Anzalone410-329-3864
10-12rides@baltobikeclub.org

13-15 MPH

Gary Brandon
13-15rides@baltobikeclub.org

15-17 MPH

Judy Broadwater . . .410-628-6297
15-17rides@baltobikeclub.org

18 MPH

Phil Feldman410-744-8874
18rides@baltobikeclub.org

Weekday

Renee Faison410-356-7088
weekdayrides@baltobikeclub.org

Tandem

Peggy & Tom Dymond410-272-9139
crabs@baltobikeclub.org

Winter

Gloria Epstein410-665-3012
Winterrides@baltobikeclub.org

Terry Harrigan410-549-1798
Winterrides@baltobikeclub.org

BBC Talk:

Electronic Discussion Group

BBCTalk is an e-mail discussion group open (and free!) to BBC members and non-members alike. The list is used for posting information too late to make it into the newsletter, setting up informal group rides, offering items for sale, discussing bikes and bike gear, etc.

BBCTalk messages at the yahoogroups site itself.

To join BBCTalk, send an email message to: bbctalk-subscribe@yahoogroups.com.

Questions? Contact me at jgoldst@verizon.net or 410-366-1466.

Once you subscribe, you may elect to automatically receive all of the posted messages by email, and you may post messages yourself. OR, if you don't want the BBCTalk messages to accumulate in your email queue, you may prefer to change your BBCTalk "preferences" and instead read the archived

Don't miss out on this NO COST opportunity to keep informed about current topics of interest.



Baltimore Bicycling Club, Inc. Membership Application or Renewal

Address Change New Membership Membership Renewal
 How do you want to receive the Newsletter? By US Mail OR From the Internet
 Are you interested in racing with Team BBC? Yes No
 Do you ride a Tandem? Yes No

Date

Name (Must be 18 years of age or older)

Second Name (Family Membership Only)

Home Address (One per Membership)

E-Mail Address (One per Membership)

City

State

Zip + 4

Home Phone

To function, the BBC is dependent on member volunteers.

Check all categories that you are willing to help with:

Bicycling Advocacy Club Picnic or Socials Lead Rides Club Events
 Newsletter Website

Membership Term is 12 or 24 months from when your application is processed.

Dues are subject to change. Individual One Year: \$25 Family One Year: \$35
 Individual Two Years: \$45 Family Two Years: \$65

Mail check payable to Baltimore Bicycling Club, Inc. and application to: Baltimore Bicycling Club
 P.O. Box 437
 Joppa, MD 21085-0437



Baltimore Bicycling Club Newsletter

Need BBC Info?

*For BBC Members with question or
problems concerning:*

*• Membership • Ride Schedules • Any Committees • Any Function
Call: 410/792-8308 • Email: hotline@baltobikeclub.org*

For E-Newsletter Questions or Problems • Email: enewsletter@baltobikeclub.org

*For Membership or Newsletter Delivery Questions or problems
Call: 410-538-8791 • Email: membership@baltobikeclub.org*

For Newsletter Content Issues or Advertising Submittals • Email: bbcnews@baltobikeclub.org

For Out of Bounds Column Submittals • Email: outofbounds@baltobikeclub.org

Baltimore Bicycling Club
P.O. Box 437
JOPPA, MD 21085-0437

PRSR STANDARD
U.S. POSTAGE
PAID
PERMIT #1262
BALTIMORE, MD

November | December
2008

Change Service Requested