



Baltimore Bicycling Club Newsletter

Volume 40 Number 5

September | October 2007

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**Baltimore Bicycling
Club, Inc.**
P.O. Box 5894
Baltimore, MD 21282-5894.

To make sure you continue to get your Newsletter and membership renewal notices, please let us know if any of your membership information changes. You can do this by sending an e-mail to update@baltobikeclub.org, or go on the Web site to the Member Update page (<http://www.baltobikeclub.org/index.pl/update>), complete the form, and submit it.

2007 Officers & Members-at-Large of the Board

The BBC is governed by an Executive Board (consisting of a President, Vice President, Treasurer, Secretary, four members-at-large, and the Past President) which meets monthly to discuss club business. If you would like more information, please call the current BBC President. For a synopsis of the minutes, call the Secretary.

Officers

Bob Carson, President
410-828-8604
president@baltobikeclub.org

Gene Bayer, Vice President
410-636-0634
vicepresident@baltobikeclub.org

Ed Cahill, Secretary
410-465-1492
secretary@baltobikeclub.org

Ken Philhower, Treasurer
410-437-0309
treasurer@baltobikeclub.org

Frank Anders, Past President
410-628-4018
pastpresident@baltobikeclub.org

Members-at-Large

John Cole
410-661-4427
membersatlarge@baltobikeclub.org

Mary Ryan
410-828-1015
membersatlarge@baltobikeclub.org

Howard Rosenbaum
410-653-2363
membersatlarge@baltobikeclub.org

Russ Loy,
410-628-6297
membersatlarge@baltobikeclub.org

2007 Committees

Insurance	Howard Rosenbaum	410-653-2363
Government Relations	Bob Moore	410-435-6623
Instructional Programs	Howard Kaplon	410-484-6955
Club Items for Sales	Mitch Tobias	410-833-8137
Newsletter Editor	Maxine Mead	443-474-7076
1. Tandem Column	Peggy & Tom Dymond	410-272-9139
2. Team BBC Race Report	Scott Weiner	410-486-8921
Rides	Gene Bayer	443-850-0671
(see Rides section of newsletter for committee members)		
Cue Sheet Librarians	Gene Bayer	443-850-0671
	Larry Kenny	
Team BBC Representative	Paul Martin	410-685-7585
Safety Awareness Program	John Overstreet	
BBC Property	Frank Anders	410-628-4018
Web Site Webmasters	Janet Goldstein	410-366-1466
	Craig Martin	410-538-8791
Membership	Barb Park	410-823-4293
Giving	Russ Loy	410-628-6297
BBC Talk Administrator	Janet Goldstein	410-366-1466

League of American Bicyclists

1612 K Street, NW, Suite 401

Washington, DC 20006

202-822-1333



BBC SPECIAL EVENTS FOR 2007

Event information is subject to change. For current updates check the BBC website at www.baltimorebicyclingclub.org or call the event leader.

Jan 20, 2007	CRABS potluck	Peggy and Tom Dymond 410-272-9139
May 25 – 28, 2007	Kent County Spring Fling	Kathy and Frank Anders 410-628-4018
Jun 16, 2007	Flatlands Tour	Ken Philhower 410-437-0309
Jun 29 – Jul 1, 2007	Tour de Montes	Craig Martin 410-538-8791
Jul 8, 2007	BBC Picnic	Mary Ryan 410-828-1015
Aug 4, 2007	Corn Roast Rides	Gloria Epstein 410-665-3012
Sep 8, 2007	Civil War Century	Howard Rosenbaum 410-653-2363
Sep 28, 2007	Weekend in Lancaster	Carol and Walt Russell 410-665-0651 Jane and John Cole 410-661-4427

MORE EVENTS TO COME – CHECK FOLLOWING ISSUES

End of Season Celebration and Election

come hungry

**PARTY
FREE !!**

Come on out to join old friends and make new ones as we celebrate the 2007 cycling season and make plans for 2008

Saturday November 10, 2007 6:30 - 9:30 PM

Dinner, beer and wine will help put you in a party mood as we pay tribute to this year's "movers and shakers" and elect next year's board. **Best of all—your cost to attend is NOTHING!**

Location: Parkville American Legion Post

2301 Putty Hill Avenue; Parkville, MD 21234 From the West take exit 30 South off the Baltimore Beltway to a left on Putty Hill Avenue. The American Legion Post will be on your right. From the East take exit 31 South off the Baltimore Beltway to a right on Putty Hill Avenue. The American Legion Post will be on your left.

EVERYONE is invited. *But if you're a new member or a member who hasn't been cycling much lately—we especially want you to come out and get to know your fellow BBC members.*

Your cost is FREE but let us know by Nov. 3 that you're coming as space is limited and we need to know how much food to order.

Email russelloy@erols.com or call Russ at 410-628-6297

Washington County Getaway

October 19, 20 & 21, 2007

Ride in Washington County, Maryland! Stunning mountain and dramatic valley views, beautiful rolling farm land, quaint stone bridges and historic towns of Smithsburg, Boonsboro, Williamsport, Keedysville and Sharpsburg await you! There is a choice of more than a dozen rides from 20 - 70 miles in length over varied terrain with wonderful rollers and low traffic. Rides each day will start at 9:30 a.m. from Washington Co. Regional Park* in Hagerstown.

Weekend participants should make their own reservations for Friday and/or Saturday night. The Super 8 (301.739.5800), 1220 Dual Highway (US 40 coming into town) has reserved rooms for the BBC until Oct. 5 at \$57.88 + tax. There are numerous other nearby motels.

A welcoming party will be held Friday evening. And, Saturday evening there will be a group dinner at Al Pomodoro Ristorante, featuring a variety of Italian favorites at moderate prices (www.alpomodoro.net).

Come join us one, two or all three days for great camaraderie and some of the best bike routes in the country!

* Directions: I-70 West past Frederick to Exit 32B (Rt. 40 into Hagerstown) for about 1.3 mi., right on Edgewood Dr. at TL for about 0.3 mi., right on Mt. Aetna Rd. at TL for about 0.7 mi., then **watch for right** into park. Allow about 90 minutes driving time from the Baltimore area.

Information: 410-433-4162 or rnburns1@verizon.net

Name(s) _____

Address _____

Phone _____

E-mail _____

(check) need roommate interested in carpooling

interested in Sat. group dinner

SEND: Registration slip and a check for \$15.00 (payable to BBC) to
Rich Burns 5920 Northwood Dr. Baltimore, MD. 21212

[BBC waiver will be signed at ride start each day of event]

OUT OF BOUNDS

Prepared by Judy A. Getz (janneg@bcpl.net)

The *Out of Bounds* column is in 2 sections. Local rides of interest will be listed first and separately to quickly give Club Riders information about fund raising rides and events that are in the immediate Baltimore Metropolitan Area.

Rides and events in other parts of Maryland and near-by states will be listed in the second section.

Local rides of interest

September 2007

Saturday, September 15, 2007 **Maryland Wine Festival Asthma Ride** (Westminster) 3 routes: 8, 31, 62.5 miles: rolling hills, www.marylandlung.org

October 2007

Sunday, October 21, 2007 **Tour du Port** Baltimore's biggest bike event tours through the city's historic waterfront neighborhoods. www.onelesscar.org or 410-235-3678

Other rides of interest (Maryland and surrounding states)

September 2007

September, 2007 Cycling trip to Croatia. Harford Ski Club www.harfordskiclub.org
rswinder@comcast.net

Sunday, September 2, 2007 Brandywine Tour (31st annual). Delaware Valley Bicycle Club. <http://dvbc.org> 26, 50, 65, 80, and 100 miles on rolling to hilly terrain of Brandywine River Valley where Revolutionary War troops marched and fought.

Monday, September 3, 2007 Hanover Cyclers 29th Annual Labor Day century. 4 routes: 25, 50, 65, 100 miles www.hanovercyclers.org

Saturday, September 8, 2007 Wicomico County Heritage Ride (13th Annual) \$35/40
www.pembertonpark.org

Saturday, September 8, 2007: Scenic Schuylkill Century. 11th Annual. 4 routes. Free booties for PRE-registered riders. Details at www.phillybikeclub.org

Sunday, September 9, 2007: Ride Philly Bicycle Coalition of Philadelphia. New event. Two hours of car-free ride through historic neighborhoods of Philadelphia. Family friendly. Loops of 9 to 50 miles Details at www.bikephilly2007.com

Sunday, September 16, 2007: Historic Back Roads Century, Berryville, Virginia.

Gently rolling in the scenic Shenandoah Valley of Virginia and West Virginia, the PPTC Historic Back Roads Century starts and ends at Clarke County High School in Berryville, Virginia. Famous for our well marked route, tomato sandwiches and historic rest stops including the Burwell-Morgan Mill, you can be sure to enjoy the day. http://bikepptc.org/PPTC_Century

Sunday, September 16, 2007 Three Creek Century. Carlisle, PA. Harrisburg Bicycle Club. Four ride options and homemade soup! www.harrisburgbicycleclub.org or http://www.active.com/event_detail.cfm?event_id=1417469

Sunday, September 30, 2007: Pumpkin Patch Pedal Staten Island Bicycling Association. Thompson Park, Jamesburg, NJ 4 routes through rolling farmlands of central New Jersey. www.sibike.org or SIBA, 29 Cornell Ave., Staten Island, New York 10310

October 2007

Friday, October 19 – Sunday October 21, 2007 Annual Fall Foliage Weekend in scenic, historic Hanover/Gettysburg, PA. www.phillybikeclub.org or Linda McGrane 267-251-7862 or mcgranel@mlhs.org

Grouseland customers are just plain spoiled!

When people buy a bike at Grouseland they get:

1. Bike assembled and tested by an **expert**,
2. Spend an average of **3 hours** having the bike fitted perfectly, including stem swapping,
3. Go for a **ride** to make sure that bike and customer are comfortable together
4. **Free adjustments** for life,
5. **Women** treated like bikers.

And they get a discount!

If this doesn't sound familiar come find out what being really spoiled feels like. **We carry Cannondale, Burley, Haro**

Discount Parts!

Cranks, shifters, handlebars, brakes, stems, seat post, forks, derailleurs, chains, wheels, and lots more, new and used at a serious discount! Call to find out what we can do for you!



And of course we still offer our fabulous tours!
Day or weekend
Road or Mt. bike
Bike and Kayak
Pike 2 Bike
Group or individual

Call 814 784 5000
www.grouseland.com



BBC Annual Election
Saturday, November 10, 2007
 6:30 -7:30 pm
 Parkville American Legion Hall
 2301 Putty Hill Avenue
 Parkville, Maryland 21234

Candidates

President	Mary Ryan	Member-At-Large	John Cole
Vice-President	Gene Bayer	Member-At-Large	Georgia Glashauser
Secretary	Ed Cahill		
Treasurer	Ken Philhower		

If you cannot attend you may vote by sending an absentee ballot to: BBC Election, c/o Russell Loy, 122 Glenmoore Ave., Cockeysville, MD 21030, or you can allow an attending member to bring your signed ballot to the meeting. All ballots; whether voted at the meeting, mailed, or carried to the meeting; will be subject to verification of the named voter as a current Club member. Family memberships are permitted two votes.

BALLOT

Vote for One Candidate Each:

President	Mary Ryan
Vice-President	Gene Bayer
Secretary	Ed Cahill
Treasurer	Ken Philhower

Vote for Two Candidates:

Member-At-Large	John Cole
Member-At-Large	Georgia Glashauser

Member Name (PRINTED):

Member Signature:

DATE: _____

- Mary Ryan

BBC member for 5 years
Civil War Century volunteer for 4 years
Casual Ride Leader for 2 years
Member-at-large for 2006 and 2007
BBC Picnic Event Leader for 2006 and 2007

- Gene Bayer

BBC member for 12 years
15-17 Ride Coordinator one year
Ride Leader at 10-12, 13-15 and 15-17 paces
Currently serve as Cue Sheet Librarian.
Vice President/Road Captain for 2007

-Ed Cahill

BBC member for 32 years
Secretary for 2006 and 2007
15-17 Ride Coordinator for 3 years
Ride Leader at 13-15, 15-17 and 18 paces for over 20 years

-Ken Philhower

BBC member for 24 years
Club President: 2005
Club Secretary: 2003 and 2004
Member-at-Large 1999 through 2002
Giving Committee since January of 2002
Ride Leader at Casual, 10-12 and 13-15 paces since 1986
Co-Chair and Chair of the Flatlands Event 1999 through 2007
Volunteer for many events; Flatlands, KCSF, Picnic and Hunt Valley Hundred

- John Cole

BBC member for 10 years
Ride Leader for Tandems
Co-chair for Weekend in Lancaster Event
Member of Civil War Century committee
Member at large for 2006 and 2007
Handle monthly mailing of BBC brochures to bike shops and stores

- Georgia Glashauser

BBC member for 12 years
Ride Leader for about 10 years, 10-12 mph pace and some 13-15
Bicycled coast to coast across the US, three times (2002, 2003, 2004).
Wrote a book about the cross country cycling, Bicycle from Sea to Shining Sea;
www.BikeSeaToSea.com.
Provided van and drove SAG for the past two Civil War Centuries and will be there again in 2007

Baltimore Bicycling Club Jersey



NOW you can have one of our classic BBC jerseys! These "cool" Louis Garneau shirts are short-sleeve and fabricated in Micro- Airdry fabric, include 15 inch invisible zipper and 3 back pockets. Supplies are limited. Get one before they are gone.

Just fill out the order form below and PEDAL IN STYLE!

Price: **\$45.00** for Relaxed Fit. **\$60.00** for Pro Fit.

Sizes Available	
Men's Relaxed Fit	Men's Pro Fit
S	
M	M
	L
XL	XL
XXL	

Mail the completed BBC Jersey Order Form to:

BBC Jersey
 attn: Judy Broadwater
 122 Glenmoore Ave.
 Cockeysville, MD 21030-2421
 410/628-6297

Include payment via check payable to
Baltimore Bicycling Club, Inc.

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ E-MAIL _____

QUANTITY _____ JERSEY(S) IN SIZE/FIT _____

QUANTITY _____ JERSEY(S) IN SIZE/FIT _____

I HAVE ENCLOSED PAYMENT FOR _____ JERSEYS



Baltimore Bicycling Club, Inc.

Presents on Sept. 8, 2007

The Seventh Annual

Civil War Century

Please Print Clearly

Last Name	First Name	E-Mail Address		
Home Address		State	Zip + 4	Phone Number
Emergency Contact - Name		Emergency Contact - Phone Number		

I plan to ride, miles [**Check One**]: **105** [] **77** [] **63** [] **51** [] **26** []

LONG SLEEVE T-SHIRTS [**Enter Quantity**] @ \$20 each for Small to Extra-Large, \$22 for XXL:

S [] **M** [] **L** [] **XL** [] **XXL** []

No T- Shirt orders accepted after August 27th

T-Shirt Order = \$ _____

ENTRY FEE: **\$20** BBC Member - **\$25** Non-member - **\$30** After August 27th

Entry Fee = \$ _____

Make check payable to **Baltimore Bicycling Club**

TOTAL PAYMENT = \$ _____

ASSUMPTION OF RISK

I am aware of the risks of bicycling and of participating in the Civil War Century. I voluntarily assume such risks for myself, my personal representatives, assigns, heirs, and next of kin. I release the Baltimore Bicycling Club and its officers, volunteers, staff, and agents from any liability arising from this event and my participation in this event. If the registrant is under 18 years of age, as parent or guardian, I release the Baltimore Bicycling Club and its respective officers, volunteers, staff, and agents from liability for that minor.

I understand that each participant is required to wear an approved bicycle helmet while bicycling.

Signature of Participant	Date
Signature of Parent or Guardian if participant is under 18	Date

Mail check and completed application to:

BBC / CWC07
P.O. Box 498
Riderwood, MD 21139-0498

Helmets Are Required On All Baltimore Bicycling Club Rides



presents

The 13th Annual

TOUR du PORT

Sunday, October 21, 2007

7:30am to 1:30pm

Harbor Point on the water in Historic Fells Point

Join more than 1,500 participants in discovering Baltimore's Inner Harbor, port area and historic neighborhoods by bicycle and on foot! Participation options: 11, 22, & 44 mile bike tour or 10k walking tour.

Registration Fee

Adult

Early Bird Rate \$35 until September 21st, afterward \$50

Children

\$15 under 13 years old

For more information or registration visit our website www.onelesscar.org or 410-235-3678

Tour du Port is hosted by One Less Car, Maryland's bicycle and pedestrian advocates sponsors



partners



HOSTETTER AGENCY, INC.



PRINCETON
SPORTS



Constellation
Energy

BICYCLE HELMETS MUST BE WORN AT ALL BBC RIDES & EVENTS

BALTIMORE BICYCLING CLUB, INC. ("BBC")

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AND PARENTAL CONSENT AGREEMENT ("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in the BBC sponsored Bicycling Activity ("Activity") listed below, I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such "Activity". I further acknowledge that the "Activity" will be conducted over public roads and facilities open to the public during the "Activity" and upon which the hazards of travelling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the "Activity".

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these "Risks" and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the "Activity", the condition in which the "Activity" takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH "RISKS" AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the "Activity".

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the BBC, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the "Activity" takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the "Releasees", I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE "RELEASEES" from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Name Of Activity: _____

Participant's Signature (only if age 18 or over) Participant's Printed Name Date

Street Address City State Zip Phone

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF BICYCLING "ACTIVITIES" AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED TO PARTICIPATE IN SUCH "ACTIVITY". I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE "RELEASEES" FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE "RELEASEES" NAMED ABOVE, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

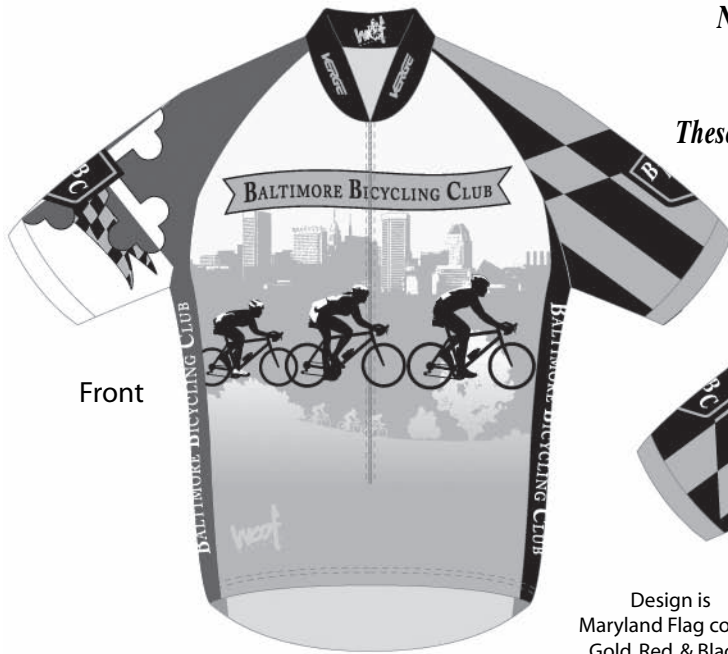
Parent/Guardian Signature (if participant under age 18) Parent/Guardian Printed Name Date

Street Address City State Zip Phone

Pedal in 2007 Style...

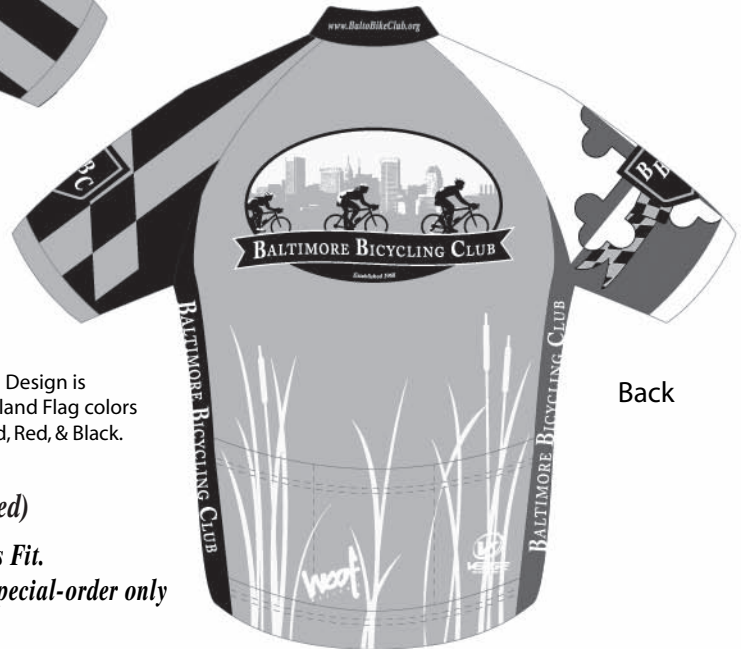
pre-order online at:
www.baltobikeclub.org

Pre-Order your NEW Baltimore Bicycling Club Jersey!



Front

Design is Maryland Flag colors Gold, Red, & Black.



Back

Now you can finally have a NEW 2007 BBC Jersey!
Custom designed for the club by local cyclist Jason Kamps of Woof Designs.
These jerseys by Verge Sports feature M-Tec Extreme fabric, a 3/4 length invisible zipper and 3 back pockets.

Jerseys are \$70.00 each (tax, S&H included)

Available in Club Fit, Racing Fit, and Women's Fit.

Sleeveless Jerseys and Full zip option available as online special-order only (Add \$4.00 for full zip)

Available September 2007

©2007 Woof Designs / Jason M. Kamps www.woofdesigns.com

Name _____
Address _____
City _____ State _____ Zip _____
Phone _____ e-mail _____

Jersey Style Choose one fit style:
 Club Race Women's
Size: _____
Qty: _____

Jersey Style Choose one fit style:
 Club Race Women's
Size: _____
Qty: _____

I have enclosed payment for ____ jerseys.

Mail the completed BBC Jersey Order Form to:

BBC Jersey attn: Nancy Finnegan
5611 Young Man's Fancy Drive
Millers, MD 21102-3200

Include payment via check payable to:

Baltimore Bicycling Club, Inc.

or order online at:
www.baltobikeclub.org/index.pl/logo_jersey

Questions? Call Nancy @ 410-239-0550
email: nanskins69@yahoo.com



Custom Art & Graphic Design Services
Logos Catalogs Marketing Supplies
T-Shirts Apparel Jerseys
410-796-5858
www.woofdesigns.com

	XS	S	M	L	XL	2XL	3XL
Men's Chest	-	36-37	38-39	40-41	42-44	45-47	48-50
Women's Size	2-4	6	8	10	12	-	-
Bust	28-30	31-33	34-35	36-37	38-39	-	-

"Race Fit" (S-XXL) is designed to fit both men and women with a slim and trim physique. "Club Fit" (S-XXXL) is a more relaxed fit for serious riders that don't have the slim physique of a pro racer. "Women's Fit" (XS-XL) specifically fits women's contours. Slimmer women may prefer the race fit and larger framed women may prefer the club fit.

BBC Ride Schedule for September & October 2007

Saturday - September 1

CASUAL/ALL PACE - 10 a.m. - 22 mi - Bob Moore (410/435-6623)

START: Route I-70 Park & Ride – Directions: From I-695 go EAST on I-70. Park & Ride is about 3/4 mile. Ride on the Gwynns Falls Trail to Cross Street Market. Eat lunch in Federal Hill Park. The Washington Post recently highlighted this trail & ride leader, Bob Moore.

10/12 MPH - 10 am - 40mi - Scott Zelazny (410/525-2591, scott_z@myrealbox.com)

START: MSM - Marley Station Mall

Ride to Annapolis and Sandy Point. I can't decide if I want to go to Annapolis or the beach, so I found a way to visit both. Come bike along the B & A Trail (and other roads), to a beautiful beach on the bay. Ride stops in Annapolis then goes to Sandy Point State Park along the Chesapeake Bay. Be prepared to go for a swim if you really want to cool off on the middle of the ride (if it's hot enough). See great views of the Bay Bridge. Ride will stop in Severna Park to meet riders going on the 25 mile version of the ride.

10/12 MPH - 10:45 am - 25mi - Scott Zelazny (410/525-2591, scott_z@myrealbox.com)

START: SPP - Severna Park P&R

Pickup point for 40-mile ride starting at Marley Station; see description above.

13/15 MPH - 9:30 a.m. - 33 mi. - Cartan B. Kraft (410/235-2906, cbkraft@verizon.net)

START: TES - Taneytown Elementary School

The Woodsboro Loop, a 33 mile ride from Taneytown with a rest stop at 16.9 mile mark, Trout's Restaurant.

15/17 MPH - 9am - 53mi - Judy Broadwater & Russ Loy (410/628-6297)

START: HVE - Hunt Valley EP II

Moderately hilly ride to Madonna. Lunch stop at 23 mi.

Sunday - September 2

CASUAL - 10 a.m. - 28 miles - Ruth Fleishman (443/212-5189, ruthlee@comcast.net)

START: NCM Northern Central Trail at Monkton

Trail ride to New Freedom (if you choose) for lunch. I-695 to Exit 24 I-83 North to Exit 27. Bear Right on Mt. Carmel Rd. Right at traffic light on York Rd. Go one block, then Left on Monkton Rd. Go 3 mi., then park Old Monkton Rd. Meet in the parking lot at Monkton Station.

10/12 MPH - 9 am - 33 mi - John & Stephanie Harris (410/870-0867, johnharris2100@comcast.net)

START: PRP - Providence Rd. P&R

Green at the Gunpowder. Rest/food stop at Palmisano's.

13/15 MPH - 9 a.m. - 56 mi - Eugene Bayer (443 850-0671, GeneBikerDude@comcast.net)

START: ELK - Elkridge MARC Station

Flat to rolling ride (with a few hills) on great road surfaces to Davidsonville area. Food choices at 30 miles.

15/17 AND 18 MPH - 9 am - 64 mi - Mark Tabb ((410) 274-8668, marktabb@yahoo.com)

START: HMS - Hereford M.S.

New Freedom Metric Century. Lunch in New Freedom. Optional cutoff of 10 miles (can eliminate mile 39 to mile 49 if the mind, body & soul falter!)

TANDEM - 9:30 am - 42/33 miles - Frank & Kathy Anders (410/628-4018, velo2.anders@verizon.net)

START: SHS - Southern H.S

Joint CRABS / WABITS Ride Directions: I-695 to Exit 4 I-97 South to Exit 22 RT 665 East (Aris T Allen Blvd) Approx. 1.5 miles then Bear Right onto RT 2 South (Solomons Island Rd). Go 8.0 miles then Right to school. Happy Harbor Ride - Rolling ride from Harwood to Deale with lunch in Deale. Please email or call by 7 AM if weather is iffy.

Monday - September 3

10/12 & 13/15 MPH - 9:30am - 40mi - Gloria Epstein &

Rich Burns (410/665-3012 (Gloria);

carlglo@verizon.net; 410/433-4162 (Rich),

rnburns@verizon.net)

START: MMS - Monocacy Middle School

3 Covered Bridges ride. Mostly rolling terrain.

Lunch/snack stop in Thurmont.

18 MPH - 9:30 am - 50 ish miles - Bob Rohlfing ((410) 665-5740, robbwr@yahoo.com)

START: LOC - Loch Raven High School

Moderately hilly ride.

Tuesday - September 4

15/17 MPH - 9:30 am - 55-60 mi - Susanne Morsberger ((443) 622-5862, smorsber@msn.com)

START: ORR - Oregon Ridge Park - Hilly ride

Wednesday - September 5

15/17 MPH - 10 am - 30 ish miles - Katie Gore-Traill ((410) 262-2818, KTGoremth@comcast.net)

START: WRP - Western Run P & R - Hilly ride

Thursday - September 6

15/17 & 18 MPH - 10 am - 65 ish mi - Lukasz Szyrner ((443) 622-5862, szyrner@comcast.net)

START: DSP - Dulaney Spring Park - Fun for all!!

Saturday - September 8

ALL PACES – Civil War Century

Join us in Thurmont, Maryland again this year for the cycling event that has everything -- famous historical sites, breathtaking scenery, low-traffic roads, and well-marked routes designed for every ability level. As in the past, you can visit the South Mountain and Antietam or Gettysburg battlefield sites -- or all three of them if you elect to ride the full century -- while cycling through some of the most beautiful countryside east of the Mississippi. Check out our website:

www.civilwarcentury.com.

Civil War Century (105 miles) -- Our most popular and most challenging route visits all three Civil War battlefields offering breathtaking mountain vistas along the way. This hilly ride has about 7,400 feet of climbing with four mountain climbs, but if you get tired, you can bail out at 66 miles, skipping Gettysburg (and the last mountain climb) in favor of a scenic seven-mile descent back to the start/finish.

Gettysburg Three-quarter Century (77 miles) -- This route is for those who want a more challenging ride to Gettysburg, but who don't want to tackle the full century. With about 6,400 feet of climbing, you'll scale four mountains en route to the battlefield. If you get tired, don't worry -- you can avoid the last big climb and bail out at the 38-mile point, cruising seven miles downhill back to the start/finish.

Gettysburg Metric Century (62 miles) -- On this ride you get to look at the mountains, not climb them, as you meander along pleasant country roads through the lush rolling farmland of the Monocacy and Carroll Valleys to Gettysburg and back. As a bonus, you'll see five covered bridges on this route.

Gettysburg Half Century (50 miles) -- This ride also takes the easy route to Gettysburg, traveling along most of the same pleasant country roads as the metric century, but skipping three of the covered bridges.

Covered Bridge Quarter Century (25 miles) -- On this flat ride you won't visit any battlefields, but you will get to cross three covered bridges that were used repeatedly by the troops of both sides in the Civil War.

Sunday - September 9

CASUAL - 10 a.m. - 17 mi - Mary Ryan and Joan Grindell (443/676-0891, meryan@comcast.net)

START: DOA – Dixon Observation Area

Mostly flat ride on BWI Trail ride and area roads.

10/12 MPH - 9 am - 30+/- mi - Paul Coleianne (410/779-3814 or 410/812-5273 (cell, morning of ride), pcoleianne@baltimoredevelopment.com)

START: MSM - Marley Station Mall

B & A trail from Marley Station Mall to Sandy Point Beach for a dip into the Chesapeake (optional).

10/12 MPH - 9 am - 31 mi - Bob Morgan (410/218-0709, bobaems@comcast.net)

START: NWT - New Town Village Center

New Town to Sykesville. This is a combined 10/12 and 13/15 ride. Moderately hilly.

10/12 & 13/15 MPH - 9 am - 31 mi - Bob Morgan (410/218-0709, bobaems@comcast.net)

START: NWT - New Town Village Center

New Town to Sykesville. This is a combined 13/15 & 10/12 ride. Moderately hilly.

15/17 MPH - 9 am - 40 mi - Gene Young (410/828-1137)

START: MLP - Maryland Line P & R

Gary Brandon's PA Flatland ride. A recovery ride after the CWC. Moderately hilly.

Tuesday - September 11

15/17 MPH - 9:30 am - 55 miles - John Harris ((410) 870-0867, johnharris2100@comcast.net)

START: ORR -Oregon Ridge Park

Join John and gang on this rolling to hilly ride. The Madonna Reverse.

Wednesday - September 12

15/17 MPH - 10 am - 30 mi - Katie Gore-Trail ((410) 262-2818, KTGoremtb@comcast.net)

START: WRP-Western Run P & R

Hilly ride!

Thursday - September 13

15/17 & 18 MPH - 10 am - 65 ish mi - Lukasz Szyrner ((443) 622-5862, szyrner@comcast.net)

START: PRP - Providence Rd Park & Ride - Hilly ride.

Saturday - September 15

CASUAL/ALL PACE - 10 a.m. - 22 mi - Bob Moore (410/435-6623)

START: Route I-70 Park & Ride – Directions: From I-695 go EAST on I-70. Park & Ride is about 3/4 mile. Ride on the Gwynns Falls Trail to Cross Street Market. Eat lunch in Federal Hill Park. The Washington Post recently highlighted this trail & ride leader, Bob Moore.

10/12MPH - 9:30am - 36 mi. - Bob Seay & Manny Steinberg (410/242-6929 & 410/655-8242)

START: DVP - Davidsonville P&R

Davidsonville Park and ride to Galesville. Snack stop in

Galesville, with lunch at Atlanta Bread in Crofton after the ride. Downhill going but uphill coming back.

13-15 MPH - 9:30 a.m. - 34 mi. - Curt Phillips ((410) 665-9749, cjphillips00@comcast.net)

START: LOC-Loch Raven High School

This moderately hilly ride visits Gunpowder Falls State Park and passes through the Jericho Covered Bridge. Rest stop options at Palmisano's (11 mi.) and Maple Hill Farm Market (30 mi.). Ride leader will sweep - no one gets left behind. You won't be sorry you joined us!

15/17 MPH - 9:30am - 50 mi - Ed Hopkins (410/491-5191, ed.hopkins@verizon.net)

START: TES - Taneytown E.S.

The Three Quarry Ride. Mostly rolling. Lunch stop at mile 26.

18 MPH - 09 am - 60 mi - Geoff Silberman (443 668 4737, geoff.silberman@gmail.com)

START: GLN - Glenelg High School

Pretty ride out to Union Bridge. No go in rain; if doubtful, call ride leader.

Sunday - September 16

CASUAL - 10am - 26 miles - Gordon Peltz (410/256-1421, peltzlaw@aol.com)

START: Eastern Regional Community Center

Tour de Chase: Relatively flat ride to Hammerman section of Gunpowder State Park with views of Bird River, Dundee Creek, and Gunpowder sections of the Chesapeake Bay. Directions: From Key Bridge/I695 N to Sr 702 to Eastern Blvd (toward Chase). Go 5 miles to Eastern Regional Community Center. From Towson: Go east on I-695 to SR 43 E. Follow to Eastern Ave. Left turn towards Chase(East) go 1.6 miles to the Eastern Regional Community Center. Coming from north or from south on I-95 Take SR 43 east to Eastern Blvd then 1.6 miles to Ride start. There is ample parking here & the rest rooms are close by.

10/12 MPH - 9am - 31 mi - Gene Marrow (301/854-2885)

START: GLN - Glenelg H.S.

Two-county Ride. Rolling ride with some hills. Snack/rest stop at High's.

13/15 AND 15/17 MPH - 9 a.m. - 37 mi. - Bob Morgan (410/218-0709, bobaems@comcast.net)

START: NWT - New Town Village Center

From NWT to Pleasant Grove, including Mantua Mill Rd and Glen Falls Rd.

TANDEM - 10 am - 30 mi - Tom & Peggy Dymond (410/272-9139, tedymond@comcast.net)

START: Aberdeen P&R - Directions: I-95 north to Exit 85 (MD-22). Aberdeen P & R is a left (west) at the exit.

Ride through eastern Harford County - some rolling, some flat.

Tuesday - September 18

15/17 MPH - 9:30 am - 70 mi - Steve Zeldin ((410) 828-5553, SZeldin@comcast.net)

START: CMP-Carroll Manor Park

Rocks, Slate and River ride through Rocks Park, Delta and Susquehanna State Park. Moderately hilly with stores at 21 and 50 mi.

Wednesday - September 19

15/17 MPH - 10 am - 30 ish miles - Katie Gore-Trail (410) 262-2818, KTGoremtb@comcast.net)

START: WRP-Western Run P & R - Hilly ride.

Thursday - September 20

15/17 & 18 MPH - 10 am - 65 ish mi - Lukasz Szyrner ((443) 622-5862, szyrner@comcast.net)

START: DSP - Dulaney Spring Park - Hilly ride.

Saturday - September 22

CASUAL/ALL PACE - 10 a.m. - 22 mi - Bob Moore (410/435-6623)

START: Route I-70 Park & Ride – Directions: From I-695 go EAST on I-70. Park & Ride is about 3/4 mile. Ride on the Gwynns Falls Trail to Cross Street Market. Eat lunch in Federal Hill Park. The Washington Post recently highlighted this trail & ride leader, Bob Moore.

10/12 MPH - 9:30 am - 35+/- mi - Mike Gesuele (410/965-5379 work; 410-274-8253 cell, mike.gesuele@ssa.gov)

START: LPR - Lisbon/ Woodbine P&R

This is a great ride BUT it is a fairly hilly ride.

10/12 MPH - 9 am - 35 mi - Rosemary Carlson (410/833-0013 or cell: 410/830-1370)

START: FMS - Franklin M.S., Reisterstown

Hilly ride to High's for snacks or Stables for lunch.

13/15 MPH - 9:30 a.m. - 38/30 mi. - Rich Burns (410/433-4162, rnburns1@verizon.net)

START: SEV - Seventh District Elementary

Nice mod. hilly ride (w/trail option) to New Freedom with lunch/snack stop.

15/17 MPH - 9am - 63 mi - Gene Young (410/828-1137)

START: SPK - Sparks E.S.

Gene's classic Sparks to Hampstead to Madonna Ride. Rest stops in Hampstead at 20 mi. and at Cucina's at approx. 40 mi.

18 MPH - 09:30 am - 60 mi - Terry Harrigan (410/596-8263, cctrekker@dtkm.com)

START: MTV - Mount View Middle School
Wildly popular "Central Maryland Hill Hunt" ride.
Romp through southern Carroll county and western Howard, taking in the scenery and fragrant farm land and hills. This will be a moderately hilly ride taking you up Gaither, Bloom, Hooper, Watersville and Roxbury roads. One convenience store rest stop along Rt. 27 at the half way point.

Sunday - September 23

CASUAL - 9 a.m. - 24 mi - Judy Getz and Beth Karakas (443/226-7859 (Judy); 410-299-5660 (Beth))

START: NCW Northern Central Rail Trail: White Hall Social ride to New Freedom. Rest stop at Rutters. A new ride leader supports an old one!

10/12 MPH - 9 am - 35 mi - George Cordutsky (410/882-2788, gcordutsky@msn.com)

START: PRP - Providence Park & Ride.
Hilly ride with snack stop.

13/15 MPH - 9 a.m. - 50 mi. - Bruce Galanter (410/241-7089, mbgalant@comcast.net)

START: SPK- Sparks Elementary School
Rolling hills through Baltimore and Harford County

Tuesday - September 25

15/17 MPH - 9:30 am - 60 mi - Steve Zeldin ((410) 828-5553, SZeldin@comcast.net)

START: ORR - Oregon Ridge Park
Rolling ride with hills to Rocks State Park,. Snack stop in Jarrettsville.

Thursday - September 27

15/17 & 18 MPH - 10 am - 65 ish mi - Lukasz Szyrner ((443) 622-5862, szyrner@comcast.net)

START: PRP - Providence Rd Park & Ride - Hilly ride.

Saturday - September 29

CASUAL - 9:30 a.m. - 11 or 15 mi - Judy Getz (443/226-7859)

START: Folly Quarter Mid Sch. (Glengel)
Rolling ride in western Howard County. DIRECTIONS I-70 West to Rt. 32 South. Right on Triadelphia Rd.. School on the left.

10/12 MPH - 9:30am - 28 mi - Don Riggs (410/461-6564, donriggs@juno.com)

START: Howard County Education Center
START: Howard County Education Center, Rt 108 at Cedar La. Take Rt 108, Clarksville Pike, west from Rt 29 past Centennial Park. Right at blue "Homewood School" sign to Education Center, first building on right .

10/12 MPH - 9:30 am - 32/40 mi - Manny Steinberg & Bob Seay (410/655-8242 & 410/242-6929)

START: DES - Davidsonville E.S.
Ride to Deale for snacks and lunch at Atlanta Bread in Crofton after ride.

13/15 MPH - 9:30 a.m. - 60 mi. +/- - Elizabeth Miller (410/340-2537)

START: TMP - Taneytown Memorial Park
The Two Taverns ride. Join us for this classic, mostly rolling, ride. rest/lunch stop at High's or 7-11 or restaurant to be named later.

Sunday - September 30

CASUAL - 9:30am - 21 mi - Lydia Cunningham (410/787-0831, lydia.cunningham@att.net)

START: DOA - Dixon Observation Area
Flat to rolling terrain exploring the route of the new WB&A Trail now being built. 4 miles of paved trail and the rest on roads.

10/12 MPH - 9:30 am - 31 mi - Gloria Epstein (410/665-3012, carglo@verizon.net)

START: SPK - Sparks E.S.
Scenic, moderately hilly, low traffic roads w/ stop @ Mia Cucina (formerly Twin Oaks)

13/15 & 15/17 MPH - 9 am - 46/60 mi. - Herb Weiss (410/833-4321, day-of-ride cell: 443/226-8879 , hweisspt@verizon.net)

START: FMS - Franklin M. S.
Reisterstown to Eldersburg to Butler. Moderately hilly with a rest stop midway.

Wednesday - October 3

15/17 MPH - 10 am - 30 ish miles - Katie Gore-Traill ((410) 262-2818, KTGoremth@comcast.net)

START: ORR - Oregon Ridge Park - Hilly ride.

Friday - October 5

15/17 & 18 MPH - 10 am - 65 ish mi - Lukasz Szyrner ((443) 622-5862, szyrner@comcast.net)

START: DSP - Dulaney Spring Park - Hilly ride.

Saturday - October 6

CASUAL/ALL PACE - 10 a.m. - 22 mi - Bob Moore (410/435-6623)

START: Route I-70 Park & Ride – Directions: From I-695 go EAST on I-70. Park & Ride is about 3/4 mile. Ride on the Gwynns Falls Trail to Cross Street Market. Eat lunch in Federal Hill Park. The Washington Post recently highlighted this trail & ride leader, Bob Moore.

10/12MPH - 8:30 am - 25miles - Joan Mason (410/751-6016 or cell 410-259-4404, themasons8@hughes.net)

START: CRN - Cranberry Square S.C.

Join us for a GIANT of a ride...some hills but overall a nice smooth ride for early October fans!! Bring a snack. Park in front of Staples near the back of the lot.

10/12 MPH - 10 am - 21 mi - Jane Penrod (Cell 410-615-5833 on the day of the ride)

START: ORR - Oregon Ridge Park

21 mile loop. Great scenery, moderate hills, (for Baltimore county!). There's the Butler store in the middle. This is the old evening ride.

13/15 MPH - 9:30 a.m. - 50 mi. - Aldona Glemza (443/676-6752, aglemza@gmail.com)

START: MTV - Mount View Middle School

Hilly ride through Howard and Carroll County. Rest stop midway through ride.

15/17 MPH - 10am - 61/50mi - Judy Broadwater & Russ Loy (410/628-6297)

START: SPK - Sparks E.S.

Ride to Rocks. Moderately hilly. Lunch stop mid-way.

Sunday - October 7

CASUAL - 10 a.m. - 18 - 23 miles - Judy Getz (443/226-7859)

START: SPH - Sparrows Point High School.

FLAT RIDE: First, we will practice changing flat tires in the parking lot. Then we will have a Flat ride with views of the bay on the North Point Peninsula. Visit Fort Howard and North Point State Park as well as Millers Island.

10/12 MPH - 10 am - 33miles - Gloria Epstein (410/665-3012, carlglo@verizon.net)

START: TES Taneytown E.S.

Woodsboro Loop. Walt & Carol's terrific ride to Woodsboro for lunch.

10/12 MPH - 9:30 am - 20/30 mi - Gene Marrow (301/854-2885)

START: CLP - Clarksville P&R

Clarksville Classic 30 mi or Comet 20 mi - Rolling rides with rest stop at Highs.

13/15 MPH - 9:30 a.m. - 50 mi. - Rich Burns (410/433-4162, rnburns1@verizon.net)

START: SRH South River H.S

I-695 to Exit 4, I-97, to Rt. 50 East, then immediately take Exit 22 for Rt. 665 (don't get on Rt. 50!); follow signs to Solomon's Is. Rd. (Rt. 2), go south on Rt. 2; then left at the light for Central Ave. (Rt. 214 East); turn right at 1st light to H.S. at sign for Mayo Rd. Rolling to mod. hilly ride to Chesapeake Beach with lunch/snack stop options.

13/15 & 15/17 & 18+ MPH - 9:30 am - 63/70 mi. - Gary Brandon (717/873-3555,

gbrandon@marylandgeneral.org)

START: MLP - Maryland Line Park & Ride

Susquehanna Slammer - A new Gary Brandon ride consisting of a 63 mile hilly or 70 mile very hilly loop to Wrightsville PA. Various lunch stops, the most scenic on the long loop at mile 32 overlooking the Susquehanna River. The long loop also has two 1+ mile climbs, one of which averages 8-10%. But the view from Mt. Pisgah is worth it. The last 20 miles are relatively easy.

Monday - October 8

15/17 MPH - 10 am - 55 miles - Steve Zeldin ((410) 828-5553, SZeldin@comcast.net)

START: ORR - Oregon Ridge Park

Columbus Day Ride - Facciamo un Giro d'Italia sulle strade della Provincia di Baltimore - we trace the map of Italy on the roads of Baltimore County in 3 stages.

Tuesday - October 9

15/17 MPH - 9:30 am - 45-50 mi - Susanne Morsberger ((443) 622-5862, smorsber@msn.com)

START: ORR - Oregon Ridge Park - Hill ride.

Wednesday - October 10

15/17 MPH - 10 am - 30 ish miles - Katie Gore-Trail ((410) 262-2818, KTGoremtb@comcast.net)

START: WRP-Western Run P&R - Hilly ride

Thursday - October 11

15/17 & 18 MPH - 10 am - 65 ish mi - Lukasz Szyrner ((443) 622-5862, szyrner@comcast.net)

START: PRP - Providence Rd Park & Ride - Hilly ride.

Saturday - October 13

CASUAL/ALL PACE - 10 a.m. - 22 mi - Bob Moore (410/435-6623)

START: Route I-70 Park & Ride – Directions: From I-695 go EAST on I-70. Park & Ride is about 3/4 mile. Ride on the Gwynns Falls Trail to Cross Street Market. Eat lunch in Federal Hill Park. The Washington Post recently highlighted this trail & ride leader, Bob Moore.

10/12 MPH - 9:30 am - 30 mi - Bob Seay & Manny Steinberg (410/242-6929 & 410/655-8242)

START: SHS - Southern High School

Ride from Southern H.S. to Deale, with lunch at Atlanta Bread in Crofton after ride.

13/15 MPH - 9 a.m. - 46 mi. - Bruce Galanter (410/241-7089 , 410-241-7089)

START: ORR - Oregon Ridge Park

Rolling Hills through Baltimore and Harford County

15/17 MPH - 10am - 49.5mi - Ed Hopkins (410/491-5191, ed.hopkins@verizon.net)
START: WES - Westminster E.S.
The "Spokes" Ride. Enjoy the lightly traveled roads of Carroll County.

18 MPH - 9:30am - 60 mi - Geoff Silberman (443 668 4737, geoff.silberman@gmail.com)
START: Glenwood Community Center - Rt. 97 to Carrs Mill Rd, 1st right, all the way back to Community Center parking lot
Ride to New Windsor; don't get stuck in the Molasses.
No go in rain; if doubtful, call ride leader.

TANDEM - 10am - 30 mi - Clark and Marcia Merrill (410 467-0811 or 443 690-2470, cbmerrill@yahoo.com)
START: Lisbon P&R (LPR)
A moderately rolling ride through western Howard Co, ending up at Larriland Farms for cider, fritters, homemade fudge, numerous kinds of fresh apples and many other seasonal fruits and veggies. Decorated for Halloween with related activities available. Ride will not go if chance of rain is greater than 30%. Joint CRABS & WABITS ride. Rain Date is Sunday, October 14th.

Sunday - October 14

CASUAL - 10 a.m. - 17 mi - Mary Ryan and Joan Grindell (443/676-0891, meryan@comcast.net)
START: DOA – Dixon Observation Area
Mostly flat ride on BWI Trail ride and area roads.

10/12 MPH - 9 am - 35 mi - George Cordutsky (410/882-2788, gcordutsky@msn.com)
START: PRP - Providence Park & Ride.
Hilly ride with snack stop.

10/12 MPH - 9:30am - 31/36/44mi - Jim White (717/682-4182 cell day of the ride.)
START: SOC - S. Carroll H.S.
Social ride thru Carroll & Frederick Counties with 'all you can eat' breakfast @ Union Bridge VFD. Some great vistas.

13/15 MPH - 9:30 a.m. - 42 mi. - Ed Hutton (443/794-0003, ehutton730@comcast.net)
START: MTV - Mount View Middle School
Moderately hilly ride through Howard & Carroll County.

15/17 AND 18 MPH - 9:30 am - 69 mi - Mark Tabb (410/ 274-8668, marktabb@yahoo.com)
START: MLP - Maryland Line P & R
Creeks & Bridges. Moderately hilly with hilly sections. Lunch at Red Lion. If weather colder than normal or shakey, will pick shorter ride!

Tuesday - October 16

15/17 MPH - 10 am - 45 mi - Steve Zeldin ((410) 828-5553, SZeldin@comcast.net)
START: WRP-Western Run P & R
Dan's Scenic Tour II. Hilly ride with stop at Cucina.

Wednesday - October 17

15/17 MPH - 10 am - 30 ish miles - Katie Gore-Trail ((410) 262-2818, KTGoremtb@comcast.net)
START: ORR- Oregon Ridge - Rolling with hills.

Saturday - October 20

CASUAL/ALL PACE - 10 a.m. - 22 mi - Bob Moore (410/435-6623)
START: Route I-70 Park & Ride – Directions: From I-695 go EAST on I-70. Park & Ride is about 3/4 mile. Ride on the Gwynns Falls Trail to Cross Street Market. Eat lunch in Federal Hill Park. The Washington Post recently highlighted this trail & ride leader, Bob Moore.

CASUAL - 10 a.m. - 13 or 38 or in between! mi - George and Mary Drake (410/758-8266; Day of Cell: 410-940-9288, georgeandmarydrake@yahoo.com)
START: Matapeake State Park on the Eastern Shore
Directions: Cross the Bay Bridge and turn at first exit (exit 37) onto Rt. 8 south toward Romancoke. Go 2.3 miles then right onto Marine Academy Drive into Matapeake State Park. Go a very short distance (0.2 mi.) and turn right to the parking lot. No parking fee.
Join us on this virtually flat ride through beautiful estates on the Chesapeake and a commercial fishing community. See houses in which the first floors are airplane hangers! Ride can easily be shortened and/or you can ride the new paved Romancoke Trail that goes to the same place as the longer ride and is 13 mi. round trip. Lunch at the Kentmorr Marina Restaurant near the end of the ride.

10/12 MPH - 9 am - 30+/- mi - Paul Coleianne (410/779-3814 or 410/812-5273 (cell, morning of ride), pcoleianne@baltimoredevelopment.com)
START: NCW - NCRRTail at Whitehall.
White Hall to Glen Rock for snacks. This is a trail ride.

13/15 MPH - 9:30 a.m. - 33/40 mi. - Cartan B. Kraft (410/235-2906, cbkraft@verizon.net)
START: SHS - Southern High School
Harwood to Happy Harbor, a 40 mile ride with a 33 mile option. Rest stop at a 7/11 at the 23.7 mile mark.

15/17 MPH - 9:30 am - 40/62 mi - Gene Young (410/828-1137)
START: SPK - Sparks E.S.
Gene's classic Sparks to Hampstead to Madonna Ride. Rest stops in Hampstead at 20 mi. and at Cucina's at approx. 40 mi.

Sunday - October 21

CASUAL - 10am - 25 miles - Bud Lippert (410/686-5793, essexknight@aim.com)

START: Eastern Regional Community Center
Tour de Chase: Relatively flat ride to Hammerman section of Gunpowder State Park and with views of Bird River, Dundee Creek, and Gunpowder sections of the Chesapeake Bay. Directions: From Key Bridge/I695 N to Sr 702 to Eastern Blvd (toward Chase). Go 5 miles to Eastern Regional Community Center. From Towson: Go east on I-695 to SR 43 E. Follow to Eastern Ave. Left turn towards Chase(East) go 1.6 miles to the Eastern Regional Community Center. Coming from north or from south on I-95 Take SR 43 east to Eastern Blvd then 1.6 miles to Ride start. There is ample parking here & the rest rooms are close by.

10/12 MPH - 9 am - 33 mi - John & Stephanie Harris (410/870-0867, johnharris2100@comcast.net)

START: PRP - Providence Rd. P&R
Green at the Gunpowder. Rest/food stop at Palmisano's.

10/12 MPH - 10 a.m. - 20 miles - Carole Gardiner (301/490-6521)

START: FPR - Fulton P&R
12th Annual Halloween Ride; rolling ride through southern Howard County with some hills. Ride passes a number of cemeteries, but fear not -- it will still be daylight! Lunch at Ledo's Pizza after the ride. Joint ride with 13/15 group.

13/15 MPH - 10 a.m. - 29 mi. - Ken Philhower (410/437-0309, kenphilhower1315@cablespeed.com)

START: FPR - Fulton P&R
13th Annual Halloween Ride; rolling ride through southern Howard County with some hills. Ride passes a number of cemeteries, but fear not, it will still be daylight! Lunch at Ledo's Pizza after the ride. Joint ride with the 10/12 group.

15/17 MPH - 9:30 am - approx 50mi - Jeb Brownstein (443/677-0447, jebbyB@comcast.net)

START: GSS - Greenspring Station (by Bank of America) - Ride to Hampstead. Moderately hilly.

18 MPH - 9:30am - 59 mi - Mark Tabb ((410) 274-8668, marktabb@yahoo.com)

START: NFR - New Freedom Rails Trails
WOW-Look at the color of the leaves!-did it last year at this time & was unbelievable!!!! REALLY!!!!
Moderately hilly ride (hilly sections), there is a 1.5 mile (about 10%-not too bad). Lunch at Italian Rest. (Pizza) or quickie store at mile 38. "The ride is a keeper!!!!"

Tuesday - October 23

15/17 MPH - 10 am - 60 ish mi - John Harris ((410) 870-0867, johnharris2100@comcast.net)

START: ORR - Oregon Ridge Park
A ride chosen from the cue sheet library. Just ask John.

Wednesday - October 24

15/17 MPH - 10 am - 30 ish miles - Katie Gore-Trail ((410) 262-2818, KTGorem@comcast.net)

START: WRP-Western Run P & R - Very hilly ride!!

Saturday - October 27

CASUAL/ALL PACE - 10 a.m. - 22 mi - Bob Moore (410/435-6623)

START: Route I-70 Park & Ride – Directions: From I-695 go EAST on I-70. Park & Ride is about 3/4 mile. Ride on the Gwynns Falls Trail to Cross Street Market. Eat lunch in Federal Hill Park. The Washington Post recently highlighted this trail & ride leader, Bob Moore.

10/12 MPH - 9:30am - 36 mi - Bob Seay & Manny Steinberg (401/242-6929 & 410/655-8242)

START: MSM - Marley Station Mall
Flat to rolling ride to Sandy Point State Park w/lunch @Red, Hot,& Blue at mile 22. 1/2 paved trail, 1/2 road.

13/15 MPH - 9:30 a.m. - 50 mi. - Aldona Glemza (443/676-6752, aglemza@gmail.com)

START: SPK - Sparks Elementary
Hilly ride through northern Baltimore County. Rest stop midway on ride.

15/17 MPH - 10am - 50mi - Janet Goldstein (410/366-1466, jgoldst@verizon.net)

START: ORR - Oregon Ridge Park
Goldstein's Glorious Gutbuster, featuring two of the toughest climbs in Northern Baltimore County. Elevation gain > 4000 ft.

Sunday - October 28

CASUAL - 9:30 a.m. - 11 or 15 mi - Judy Getz (443/226-7859)

START: Folly Quarter Mid. Sch. (Glenelg)
Rolling ride in western Howard County. DIRECTIONS I-70 West to Rt. 32 South. Right on Triadelphia Rd.. School on the left.

10/12 & 13/15 MPH - 9:30 am - 31/38 miles - Gloria Epstein & Rich Burns (410/665-3012 & 410/433-4162, carlglo@verizon.net & rnburns1@verizon.net)

START: RUN - Runnymede Elementary School
Variation on Walt & Carol's fabulous ride to Littlestown for lunch/snack; traffic is light, terrain mostly gentle. Combined ride with 10/12 & 13/15 MPH Group.

15/17 AND 18 MPH - 9:30 am - 63 mi - Mark Tabb
((410) 274-8668, marktabb@yahoo.com)

START: TES - Taneytown E. S.

Mountain View Metric. Maybe we will get the last of the brown/bronze colors. The ride is gently rolling with a 7 mile hilly section in the middle. Lunch at Pizza Hut in Emmitsburg.

TANDEM - 10am - 45 miles - Carol & Walt Russell
((410)665-0651, wrussell5@yahoo.com)

START: SHS - Southern High School

Southern HS to North Beach. A rolling ride in southern AA County - some familiar roads, some new ones, great views of the Bay. Come Join us!

Tuesday - October 30

15/17 MPH - 9:30 am - 45-50 mi - Susanne Morsberger
((443) 622-5862, smorsber@msn.com)

START: ORR - Oregon Ridge Park

Susanne loves those hills. Come out and ride!!

Wednesday - October 31

15/17 MPH - 10 am - 30 ish miles - Katie Gore-Traill
((410) 262-2818, KTGoremtb@comcast.net)

START: WRP-Western Run P&R - Hilly ride.

Ride Descriptions

Please keep in mind that the pace may vary depending on the terrain.

Casual

For cyclist who want a relaxed experience, these rides maintain a pace of 8-10 mph. Routes with easy terrain are up to 25 miles. Rides with some hills are generally 15 miles or less. Re-grouping points are periodically designated.

10-12 MPH

For average adult riders, these rides maintain a pace of 10-12 miles. Terrain is usually moderate but can be hilly.

13-15 MPH

For faster riders, these rides maintain a pace of 13-15 mph for 35-65 miles over sometimes hilly terrain.

15-17 MPH

For experienced cyclists, these rides maintain a pace of 15-17 mph over varied terrain for 40-130 miles.

18 MPH

For the strongest and most experienced riders, a pace of 17-19 mph is maintained over varied terrain for 50-200 miles.

Tandem

Riding on a "bicycle built for two," with the CRABS (couples riding a bicycle simultaneously) over moderate terrain for 25-60 miles. There is not any specified pace, but groups of different paces usually form – regrouping at rest / food stops.

Many rides offer two or three

Howard County: Glenelg Tues/Thurs Evening Rides

Meet to ride with the cluster group, 26-mile circuit. This is a fast training ride but everybody is welcome.

Start: Glenelg High School, 14025 Burnt Woods Rd. I-70 W, Exit at Rt. 32 South, right turn on Burnt Woods Rd. (at traffic Signal). School on left 0.5 miles.

Time: Tues/Thurs evenings in April @5:45;

May through August @6 p.m.;
Sept. @ 5:45 p.m.;

Oct. @5:30 p.m.

Oct. 26 (Thurs before end of DST) -
Last Glenelg evening ride of the
Season

POC: Questions about the ride? Call
Mark McKee: 410-455-0362(H)

Howard County: Wednesday Evening Rides

This is an all-pace ride: the group splits into smaller groups of different paces.

A short and a longer route will be available. Everyone at all paces is interested in improving their cycling, however this is a social cycling group and recreational in nature. The faster cyclists often turn around at the end of their ride to bike in with the slower groups. Most weeks we go out for food/drinks after the ride.

Start: Folly Quarter Middle School*
Triadelphia Rd., Glenelg, MD
Meet at: 5:45 (5:15 DST)
every Wednesday

Ride out at: 6:00 (5:30 DST)

For more info, please contact Jen
Browne, browne14540@comcast.net,
410-489-5804 - Or- Email
HoCoCyclists@yahoo.com.

Visit the website

www.groups.yahoo.com;
enter group: HoCoCyclists"

2007 Ride Coordinators

Casual

Judy Getz410-254-1306
casualrides@baltobikeclub.org

Mike Falatico410-377-9140
casualrides@baltobikeclub.org

10-12 MPH

Dick Voelkel410-744-6941
10-12rides@baltobikeclub.org

Tom Anzalone410-329-3864
10-12rides@baltobikeclub.org

13-15 MPH

Gary Brandon
13-15rides@baltobikeclub.org

15-17 MPH

Judy Broadwater . . .410-628-6297
15-17rides@baltobikeclub.org

18 MPH

Phil Feldman410-744-8874
18rides@baltobikeclub.org

Weekday

Renee Faison410-356-7088
weekdayrides@baltobikeclub.org

Tandem

Peggy & Tom Dymond.....410-272-9139
crabs@baltobikeclub.org

Winter

Gloria Epstein410-665-3012
Winterrides@baltobikeclub.org

Terry Harrigan410-549-1798
Winterrides@baltobikeclub.org

BBC Talk:

Electronic Discussion Group

BBCTalk is an e-mail discussion group open (and free!) to BBC members and non-members alike. The list is used for posting information too late to make it into the newsletter, setting up informal group rides, offering items for sale, discussing bikes and bike gear, etc.

Once you subscribe, you may elect to automatically receive all of the posted messages by email, and you may post messages yourself. OR, if you don't want the BBCTalk messages to accumulate in your email queue, you may prefer to change your BBCTalk "preferences" and instead read the archived

BBCTalk messages at the yahoogroups site itself.

To join BBCTalk, send an email message to: bbctalk-subscribe@yahoogroups.com.

Questions? Contact me at jgoldst@toad.net or 410-366-1466.

Don't miss out on this NO COST opportunity to keep informed about current topics of interest.



Baltimore Bicycling Club, Inc. Membership Application or Renewal

Address Change

How do you want to receive the Newsletter?

New Membership

By US Mail

Membership Renewal

OR From the Internet

Are you interested in racing with Team BBC?

Yes

No

Do you ride a Tandem?

Yes

No

Date _____

Name (Must be 18 years of age or older) _____

Second Name (Family Membership Only) _____

Home Address (One per Membership) _____

E-Mail Address (One per Membership) _____

City _____

State _____

Zip + 4 _____

Home Phone _____

To function, the BBC is dependent on member volunteers.

Check all categories that you are willing to help with:

Bicycling Advocacy

Club Picnic or Socials

Lead Rides

Club Events

Newsletter

Website

Membership Term is 12 or 24 months from when your application is processed.

Dues are subject to change.

Individual One Year: \$25

Family One Year: \$35

Individual Two Years: \$45

Family Two Years: \$65

Mail check payable to **Baltimore Bicycling Club, Inc.** and application to:

Baltimore Bicycling Club
P.O. Box 5894
Baltimore, MD 21282-5894



Baltimore Bicycling Club Newsletter Need BBC Info?

*For BBC members with questions or
problems concerning:*

• **Membership • Ride Schedules • Any Committee • Any Function**
CALL 410-792-8308 • Email: hotline@baltobikeclub.org

For E-Newsletter Questions or Problems • Email: newsletter@baltobikeclub.org

For Marketing Questions • Email: marketing@baltobikeclub.org

For Membership or Newsletter Delivery Questions or problems
Call: 410/823-4293 • Email: questions@baltobikeclub.org

For Newsletter Content Issues or Advertising Submittals • Email: bbcnews@baltobikeclub.org

For Out of Bounds Column Submittals • Email: outofbounds@baltobikeclub.org

Baltimore Bicycling Club
P.O. Box 5894
Baltimore, MD 21282-5894

September | October
2007

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